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# NEXUS

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DECEMBER 2006 – JANUARY 2007

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Time-travel portals  
and weather wars



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• Bio-resonance • The Secret UFO Agenda •



# NEXUS

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# NEXUS MAGAZINE

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## STATEMENT OF PURPOSE

NEXUS recognises that humanity is undergoing a massive transformation. With this in mind, NEXUS seeks to provide 'hard-to-get' information so as to assist people through these changes. NEXUS is not linked to any religious, philosophical or political ideology or organisation.

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While reproduction and dissemination of the information in NEXUS is actively encouraged, anyone caught making a buck out of it, without our express permission, will be in trouble when we catch them!

## Editorial

Well, another year has flown by with breathtaking speed. A few issues ago, in one of my editorials, I opined about the seeming speed at which time is flying by. I received many letters and emails from readers adamant that time is indeed speeding up and that I'm not the only one who's feeling it. A topic for a future article, maybe?

As we go to print, the climate change debate has been reignited in the major media, with more and more "experts" now saying that mankind is responsible for global warming. Al Gore's movie, World Bank experts, the Stern Report, former climate change sceptics and even Rupert Murdoch "going green"—all of this is enough to make any NEXUS reader automatically suspicious, and rightly so. It certainly seems that the powers that be are using the environment movement to push their agendas. As a greenie from way back, I think there are worse things that we are doing to the environment than just emitting carbon dioxide. Consider the huge amount of toxic substances we are putting into the environment, such as the gases produced by burning "fossil fuels", and the toxic chemicals being used in building materials, furniture, bedding, food production, cosmetics, etc.

As for what is going to happen climate-wise, most of it comes down to which climate modelling theory you choose to believe. As the article this edition shows, the planet is not warming up at anywhere near the alarming rate touted. The Earth's climate is always changing, so do the current deviations actually represent change of any significant magnitude? Are sea levels rising, or are parts of the ocean floor sinking near islands such as Tuvalu? Why are other planets in our solar system reportedly also undergoing rapid "climate change" or "warming"? Is there a link? What role does solar activity have in all this? Plus, no one seems to mention the climatic effects of cutting down trees. Statistics show that a reduction in rainfall occurs in an area where large amounts of trees and vegetation have been removed. Basically the water reservoir is lost when the trees are removed—and so is the huge carbon dioxide consumption capacity they represent. Keep asking the questions, but double-check the answers coming from experts, who in the next breath advocate nuclear power as the answer to our problems.

It's now five years since 9/11, so I thought it timely to give you an insight into the 9/11 Truth Movement. This is a groundswell of people, including scientists, engineering experts, eyewitnesses and whistleblowers, all putting forward evidence that the 9/11 attacks were stage-managed events designed to win support for the USA to wage war in Afghanistan and Iraq and pursue its geostrategic agenda. Given that a majority of Americans now believe their own government either let the 9/11 attacks happen or made them happen, I'd say that the truth movement will only get bigger and that more insider evidence will emerge in the year ahead.

Whistleblowers and "insiders" are also emerging with information about the hidden hand of the Vatican/Catholic Church in world affairs over the centuries. Here we start our coverage of this topic with a series by controversial author Tony Bushby, casting light on the scandalous and murderous behaviours of so many of the popes through history.

We have two very interesting health articles this edition. The first deals with yet another hidden cause of cancer, this being the important relationship between essential fatty acids (specifically the ratio of parent omega-6 to omega-3) and the transfer of oxygen from cell membranes into the cells. The second is, literally, the ugly truth about beauty products. It is amazing how many people have extreme diets or maintain bizarre daily detox rituals and then, after all this, use toxic cosmetics on their body. Remember that your skin is like a sponge, so be careful what you put onto it.

We are also pleased to present an article by Steven Greer, giving an inside look at the background and events surrounding The Disclosure Project. I consider Greer's revelations in his latest book *Hidden Truth – Forbidden Knowledge* to be essential reading for anyone who likes to ponder over what is *really* going on. He is one of many who believe that the military-industrial complex has the technology, and intent, to manufacture a very public, hostile UFO/ET incident, similar to or worse than 9/11, so as to justify the total weaponisation of space. This weaponisation of space, they say, is to be used by a coming world government to monitor and control dissenters anywhere on Earth.

Sounds like lots of fun times ahead, but in the meantime I wish you all a happy festive season, and an even happier new year.

Duncan

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# Letters to the Editor ...

## Detention Facility for Sydney?

Dear Duncan: Don't know whether you've had info on this previously but, I kid you not, I stumbled across a dead-set Aussie "FEMA" detention facility-in-waiting in Sydney's outer western suburbs the other day! I think your readers should become aware of it and check it out for themselves if they have the time and inclination. One visit will be enough. You won't want to go back there again.

The location is Sugarloaf Ridge, a supposed "park" right next to the Sydney Equestrian Centre, right on the new outer western Sydney ring road M7, a massive undertaking which now links all Sydney's freeways together (how convenient), and adjacent to an exit/entry point. It has high barbed-wire fencing (about six strands): is that really necessary on a park? Most of it is fenced off from the public by these high fences on a ridge with steep sides. Anyone fleeing would be spotted in a flash.

There's a feeling of sheer death in the air with massive telephone towers and electricity "Eiffel towers" everywhere; very oppressive with all that electromagnetic activity. A massive electric, overproduced steel gate which would make any detention facility proud is grossly out of place even here, until you read the fine print on the sign warning you that you are being watched constantly... umm, in a park? I could go on about the endless connections just waiting to be plugged in...but see it for yourself...and then get the hell out of there!

Charlie, Australia

## DisclosureOz on UFOs

Hi Duncan: I am writing to alert you to our activities on behalf of The DisclosureOz Project. Moreover, we'd like to make your readers aware of our ongoing attempt at forcing some measure of political response to the issue.

As expected, this has proven an uphill struggle on the most slippery of slopes, but the

stonewalling from all political party leaders, leading science commentators and prominent media presenters will now work in our favour.

For the past 18 months we have been providing the Disclosure DVD documentary to a growing list of the above while respectfully requesting comment. Not one political office has responded. You are doubtless aware that, on the political front, refusal to respond to written correspondence is unconstitutional and we propose to take the matter up with the parliamentary ombudsman. In regard to the media, we did actually receive one letter from *60 Minutes* meekly saying that the program material wasn't something they could cover and they referred the topic to *A Current Affair*, which in turn quietly ignored us.

Accordingly, I am now scripting my own film documentary entirely focused on the Australian media's cowardly avoidance of dealing with the global UFO phenomenon in spite of the corroborated evidence provided in the witness testimony.

We have also written to Chief Justice Gleeson of the High Court of Australia and posted all of this correspondence on our website; go to <http://www.disclosureoz.org>.

I am sure most NEXUS readers will be interested to learn of our activities, and hope to hear from you accordingly.

Regards,

Tony Lambert, Australia

## Request for NEXUS as a PDF

Dear Sirs: I would really like to get your magazine delivered by email as a PDF [portable document format] file. I have a problem reading your magazines.

I've got a subscription and am still currently receiving your mag. It would be so much better for me if I can get semi-monthly notices for download. Can this be arranged?

Leslie H., Oregon, USA

[Dear Leslie: We are

receiving more and more such requests, and you will be pleased to know that in my spare time I am working on making all the past issues, as well as the individual articles, available as PDF files. The files will be text searchable, and we hope to have them available through the magazine and website during 2007. Ed.]

## Successes with Elanra Ionisers

Dear Duncan: Here is my short story regarding the Elanra ionisers.

I suffered a stroke in 2004 and my left side was paralysed. I went through rehabilitation and regained my mobility. However, a condition similar to chronic fatigue syndrome bothered me for well over a year. My doctors could not help in that regard.

I bought an Elanra ioniser in April 2006 which I have been using only at night. The ioniser has been giving me quality air to strengthen my immunity and to enable me to live an active life and carry on through the day with vigour.

I was so pleased that I bought two more ionisers, one for my sister, a cancer sufferer, and another one for my 95-years-young mother-in-law.

My sister has been using the ioniser in conjunction with the Rife machine ever since. Her blood cancer count dropped from 2,100 in February 2006 to 46 in August 2006 and she was able to enjoy an overseas trip with her husband in September.

As for my mother-in-law, she had a heart attack in late 2004 and ended up in hospital three more times in 2005 with respiratory problems. Now she is doing fine: no more hospitals for her, either. She walks up to one hour every day.

And this is all true! My contact details are below for anyone who would like to verify this story with me. We are all very glad to have these ionisers which are doing fantastic jobs while we sleep!

I am happy to say that this is one product which I am thoroughly recommending to

anyone with or without an illness.

Yours sincerely,

Frank Adorjan, southeast Queensland, Australia, adorjan@bigpond.com

## Bad Fats and Obesity

Dear Duncan: I read the recent Globesity article [NEXUS vol. 13, no. 5]. It was unfortunately vague on the *cause* of obesity, which became epidemic in the early 1980s. I saw little of it in the '60s and '70s in school.

I've recently returned from a five-week holiday in China and, from my observation, obesity there is very rare. Overweight only became noticeable in a tourist city like Guilin, in Guanzi Province, where there is a lot of Western influence.

A similar visit to The Philippines in 2002 showed it to be almost nonexistent there. I saw about four cases in one month's travel that took me through many towns, cities and villages.

What do China and The Philippines have in common? The people there still largely eat their traditional foods. There is McDonald's, KFC, etc., but it's more likely the people will go to a noodle shop or eat skewered meat from a vendor or patronise a restaurant with customary foods, which in China are very varied. A menu in a restaurant in China won't have a single burger on it. In The Philippines, coconut oil is widely used, especially in the Bicol region.

My own reading suggests that the root cause of obesity lies in the changes in the fats used in our diet. We keep hearing of "no fat" or "low fat" as synonymous with healthy living; but unfortunately, the countries that follow this policy are the ones that show the rise in obesity.

Surgeon Cleave's 20-year rule suggests the cause began in the early 1960s or 1950s. The change in attitude to fats on a large scale began about then, thanks to the industrialisation of our diet.

Brian S., Canberra, Australia

# ... more Letters to the Editor

**NB: Please keep letters to approx. 150 to 250 words in length. Ed.**

## Debate over Global Warming

Hello Duncan: Now with Al Gore's film [*An Inconvenient Truth*] going around plus articles such as in the latest *Scientific American*, "Energy's Future Beyond Carbon" [single-topic issue, September 2006], I think it would be interesting to publish another view on global warming.

This weekend I am going to send you the latest *Bungendore Bulletin* [August 2006]. Bungendore is a village near Canberra and the headquarters of the Palerang Council. As I live in Burra outside Canberra, I regularly get the *Bungendore Bulletin*.

On the front page you will find an article on a farmers' conference which was held at the Canberra Press Club on 30 June (<http://www.nswfarmers.org.au>). What is interesting about it is that among the speakers there were two, a scientist and a meteorologist, who had different views on this global warming. They were: Professor Bob Carter from James Cook University in Queensland, who spoke about "Global warming: cool science or hot air?" and "Ten myths about human-caused global warming"; and Mr William Kininmonth, from the Australasian Climate Research Centre and a former head of the National Climate Centre, who spoke about "Climate change: a natural hazard".

Both Carter and Kininmonth say that their views are shared by many colleagues of their age-group who are now retired. They say that younger scientists who are hoping to get funds for research or are working on government environmental programs will not take the career risk of opposing the general view on climate change.

I think it would be interesting to get them to write an article for NEXUS Magazine and find out their views and the reason why we are made to believe that we are responsible for climate change.

Regards,

Henny F.-B., Australia

[Dear Henny: I share your

concerns about the hijacking of the climate change/global warming debate. I spent quite some time investigating just who to approach for a balanced view on climate change. Eventually I settled for research done by Christopher Monckton, which I am sure you will find interesting. Ed.]

## Diabetes Type 2 is Curable!

Dear Duncan: I am writing to encourage everyone to read two recent NEXUS articles: the obesity article by David Zeoli (vol. 13, no. 5) and "The Deadly Diabetes Deception" by Thomas Smith (vol. 11, no. 4; also see his website at <http://www.Healingmatters.com>).

I developed diabetes type 2 about two-and-a-half years ago. I was in a mess. I saw my GP and then a specialist, who diagnosed me as a chronic diabetic. I was put on two types of prescription medication.

I was constantly told by our leading diabetes institution that diabetes type 2 is incurable. This is not the case. After putting the facts together and understanding the problem, you can actually *do* something about diabetes type 2. I did, and I want to let others know.

Diabetes type 2 isn't a problem of dealing with sugars, but a problem of dealing with fats and oils. Back in 1920, only two per 100,000 had this disease. Now there are 16,000 per 100,000, and this may be a conservative figure. Back in the 1920s there were plenty of sugary sweets around, but the oils and fats weren't engineered. You cooked with lard, butter or dripping.

Instead of submitting to taking these drugs to keep this disease under control for the rest of my life, I read the "Diabetes Deception" article in NEXUS and put it into motion.

I asked my endocrinologist if anyone had cured themselves of diabetes type 2. He said "only once", because that person had gone off their unrelated medication and their diabetes disappeared. I said I wanted to be the first one to cure it

intentionally. He said I had to pass the blood glucose tolerance test and had to have blood sugar levels of less than six for the last three months.

Within eight months, I passed both tests. The endocrinologist asked how I did it. I told him of Thomas Smith's research and how nearly anyone can do what I had just done. He wasn't interested.

I approached Diabetes Australia about my success, and in the meantime got an article published in *Better Homes and Gardens' Diabetic Living* magazine. Of the 40 or so replies I received, six went on the diet I proposed. Those six were thrilled with their results.

I find it hard to get the truth out there, that diabetes type 2 is curable in about 80 per cent of cases. Diabetes Australia didn't want to publish my article. They believe that diabetes type 2 is not curable. They believe that once you have it under control, that's as good as it gets.

I wrote to our Federal Health Minister, telling him about being able to arrest the diabetes type 2 pandemic we now have in Australia. I received an email saying how pleasing it was that I had the disease "under control", and how much money they were spending on it.

In the USA, Thomas Smith has found the same problems in getting the word out about successful treatments for diabetes type 2.

Cheers,

Tony Hall, [yvettemhall@optusnet.com.au](mailto:yvettemhall@optusnet.com.au)

## Arachnoiditis Awareness

Dear Duncan: I read with much interest the article published in the August-September 2006 edition (vol. 13, no. 5) of NEXUS, titled "Arachnoiditis: A Toxic Chemical Tragedy", where much of the content was taken from my 10 years of worldwide research (covering 107 countries) into chemically induced adhesive arachnoiditis (CIAA).

I wish to congratulate Gil May in drawing this horrendous "medically induced" progressive disease to your readers and, through them, the wider community.

CIAA is the end result of the use of a known "too toxic" chemical dye in a range of X-ray procedures. However, what is not commonly known is that the developers of the "dye", Kodak, knew it would cause CIAA before they licensed it (May 1944).

Today, there are 80 medical conditions or symptoms that have been recognised as a "cause or effect" of exposure to this "too toxic" chemical dye (NIH, 1994). Many of the drugs now used to treat these secondary conditions or symptoms of CIAA have been developed or patented by those who developed the original formula (for some, with slight changes of said formula; later, for instance, Myodil by GlaxoSmithKline).

I will go on the record to state the following: the developers of the diagnostic radiographic contrast medium knew *before* they applied for an NDA (new drug application) that it would cause arachnoiditis, and furthermore were aware of some of the other found reactions to this "dye" that were also not reported to the authorities.

I will go further and also place on the record that the collection of "secret studies" shows such; however, none was ever submitted to the FDA when applying for the NDA. Copies of all these "secret studies" are held in a bank safe on my behalf; these can be made available to any person who is willing to *publicly* publish such.

In closing, I would like to correct something referred to in this article, that being my email address which is wrong; the correct email address is [ciaasa@bigpond.net.au](mailto:ciaasa@bigpond.net.au).

Thank you,

Derek Morrison, BCW, ADCW, A&WT, founder of Chemically Induced Adhesive Arachnoiditis Sufferers of Australia (CIAASA)

## \$75,000 VACCINE OFFER

The following offer is made to US-licensed medical doctors who routinely administer childhood vaccinations and to pharmaceutical company CEOs worldwide:

Jock Doubleday, director of the California 501(c)3 nonprofit corporation Natural Woman, Natural Man, Inc., hereby offers [US]\$75,000.00 to the first medical doctor or pharmaceutical company CEO who publicly drinks a mixture of standard vaccine additive ingredients in the same amount as a six-year-old child is recommended to receive under the year-2005 guidelines of the US Centers for Disease Control and Prevention. (In the event that thimerosal has recently been removed from a particular vaccine, the thimerosal-containing version of that vaccine will be used.)

The mixture will not contain viruses or bacteria dead or alive, but will contain standard vaccine additive ingredients in their usual forms and proportions.

The mixture will include, but will not be limited to, the following ingredients: thimerosal (a mercury derivative), ethylene glycol (antifreeze), phenol (a disinfectant dye), benzethonium chloride (a disinfectant), formaldehyde (a preservative and disinfectant), and aluminum [aluminium].

The mixture will be prepared by Jock Doubleday, three medical professionals



that he names, and three medical professionals that the participant names.

The mixture will be body weight calibrated.

Because the participant is either a professional caregiver who routinely administers childhood vaccinations, or a pharmaceutical company CEO whose business is, in part, the sale of childhood vaccines, it is understood by all parties that the participant considers all vaccine additive ingredients to be safe and that the participant considers any mixture containing these ingredients to be safe...

(Source: Press release, 1 August 2006, [http://www.spontaneouscreation.org/SC/\\$75,000VaccineOffer.htm](http://www.spontaneouscreation.org/SC/$75,000VaccineOffer.htm))

## TONGUES ON THE MIND

For a practice that's been around for thousands of years, scientists understand very little about what goes on when people "speak in tongues". Currently, glossolalia, as it's called, can be found in various Christian sects, where those affected believe they are communicating with God. Now scientists say they have captured glossolalia on brain scans.

To conduct the study, psychiatrist Andrew Newberg of the University of Pennsylvania in Philadelphia recruited five African-American women who belong to a local Pentecostal congregation. All had been in the habit of speaking in tongues "almost on a daily basis" for the past five years, said Newberg.

As a control activity, subjects stood and sang gospel songs with musical accompaniment, moving their arms and swaying. Then they were asked to repeat the behaviour, but this time the researchers encouraged them to speak in tongues rather than sing.

In each case, the scientists gave the subjects an intravenous injection of a radioactive tracer that provided, in effect, a freeze-frame of which brain areas were most active during the behaviour, as indicated by increased blood flow. This was captured by then scanning the women's brains in a single photon emission computed tomography (SPECT) machine. Glossolalia produced a significantly different pattern of brain activity than singing, the team reports in the November issue of *Psychiatry Research: Neuroimaging*.

Perhaps the most important difference was a decrease in frontal lobe function, Newberg says. "The part of the brain that normally makes them feel in control has been essentially shut down."

Another notable change was increased activity in the parietal region—the part of the brain, he says, that "takes sensory information and tries to create a sense of self and how you relate to the rest of the world".

The findings make sense, Newberg concludes, because speaking in tongues involves relinquishing control while gaining a "very intense experience of how the self relates to God".

Interestingly, he notes that the glossolalia





responses were the opposite of those seen in subjects in a meditative state.

Newberg has found that when people meditate on a particular sacred object, their frontal lobe activity increases while their parietal activity goes down. This conforms with the notion that in meditation one has a controlled focus while losing a sense of self.

(Source: *ScienceNOW Daily News*, 2 November 2006, <http://tinyurl.com/y2zwo3>)

## ROBOT SOLDIERS: THE FUTURE OF WARFARE

The US Department of Defense plans to have one-third of its fighting strength composed of robots by 2015—part of a US\$127 billion project known as Future Combat Systems (FCS), a transformation that is part of the largest technology project in American history.

The US Army has already developed around 20 remotely controlled Unmanned Ground Systems that can be controlled by a laptop from around a mile away, and the US Navy and US Air Force are working on a similar number of systems with varying ranges. The US military has 2,500 uncrewed systems deployed in conflicts around the world. The plan is for the first completely autonomous robot soldiers to stride onto the battlefield by 2035.

The United States is not alone. Around the globe, 32 countries are now working on the development of uncrewed systems. In the UK, QinetiQ, the former Defence Research Agency which owns Foster-Miller (manufacturer of the Talon system), confirmed that it has developed remote-controlled bulldozers and earthmovers and that its technology could also be installed in tanks.

Scientists at QinetiQ told the *Guardian* two years ago that it had built a robot fighter plane. They said that when flown on test flights, the fighter is accompanied by two crewed fighters whose role is to shoot it down if it malfunctions.

(Source: *The Guardian*, 26 October 2006)

## CHINA FIRES LASERS TO DISABLE US SPY SATELLITES

China has secretly fired powerful laser weapons designed to disable American spy satellites by "blinding" their sensitive surveillance device.

News of the hitherto unreported attacks has been kept secret by the Bush administration for fear that it would damage attempts to co-opt China in

diplomatic offensives against North Korea and Iran. Sources say that there was a fierce internal battle within Washington over whether to make the attacks public.

According to senior American officials: "China not only has the capability, but has exercised it."

American satellites like the giant *Keyhole* craft have come under attack "several times" in recent years. The United States military has been so alarmed by the Chinese activity that it has begun test attacks against its own satellites to determine the severity of the threat.

There has been increasing alarm in parts of the US military establishment over China's growing ambitions. Military experts have already noted that Chinese military expenditure is increasingly designed to challenge American military pre-eminence by investing in weaponry that can attack key systems such as aircraft carriers and satellites.

(Source: *Daily Telegraph, UK*, 26 September 2006, <http://tinyurl.com/qxbgq>)

## PRESS FREEDOM PRIVILEGE IN THE PUBLIC INTEREST

Hailed as "probably the most significant decision ever in the UK favouring freedom of speech", a unanimous judgement from the House of Lords has installed a public interest defence for serious investigative journalism, so long as the material is published responsibly and even if the material proves to be incorrect or cannot be proved to be true. The ruling radically revises the approach taken by the

UK courts in this area.

Mohammed Jameel, a billionaire Saudi car dealer, had been identified by the *Wall Street Journal* in a front-page story as a holder of bank accounts which were the subject of monitoring at the request of United States authorities so as to ensure that funds were not being provided, whether intentionally or unwittingly, to terrorist organisations. The newspaper could not prove the truth of its story at trial because its sources in Saudi Arabia were reluctant to give evidence.

The House of Lords nonetheless ruled that because the material was of public importance and had been published fairly and responsibly, a public interest privilege should be attached to it, thereby excusing the publisher from liability for defamation.

In a statement unlikely to be heard in an Australian court, the five Law Lords said that judges, with leisure and hindsight, should not second-guess editorial decisions made in busy newsrooms.

The decision by the House of Lords provides a stark contrast with the more limited and narrowly construed form of public comment defence available in Australia, which is derived from the "implied freedom of political communication" in our Constitution and preserved in the new uniform defamation laws. This implied freedom is comparatively weaker than the positive rights to free speech provided by the UK Bill of Rights and the European Convention on Human Rights.

(Source: *Crikey.com*, 13 October 2006)



## RUSSIAN MIRACLE WATER CLAIMED TO CURE CANCER

De-ionised or "dead" water was first mentioned as a study project back in the 1990s, at a time when the theories of two professors from the Science Centre of Applied Research (SCAR)—Valentine Samoylov and Oleg Zaymidoroga—were looked at as fairytales.

"At first we were taking it from the ordinary kitchen faucet," explains Oleg, the owner of a mini-lab in Dubna.

"Of course, it did not become de-ionised water right away. We had to free it of metal ions, micro-organisms and other junk.

"It began with my experiments in Italy in the field of physics. I had to design such water for the research that would contain no radioactive traces and no micro-organisms. So we began purifying the regular tap water. We passed it through the filter and then removed the 95% of metal ions. Then next step was to remove the rest of the radioactive ions from the heavy isotopes of oxygen and hydrogen. Finally, we got rid of the dead bodies of micro-organisms and ended up with super-pure de-ionised water that is thousands of times more sterile than any artificial solution.

"So I thought: what if I try to clean the encrustation inside the teapot with that water? I took it to my wife and she poured the substance into the old boiling pot that had nearly one kilogram of old scale inside of it. After boiling the purified water in it,

all the encrustation came off. I realised all of a sudden that one could clean the polluted nuclear reactors this way, as well as human [blood] vessels."

The scientists immediately took their product to the Surgical Institute of Vishnevsky and the St Petersburg Institute RAN. The biochemical tests showed that the miracle water can cure infections and tumours.

"In the case of cancer, this water has the power to affect the bio-energetic molecule ATF, which is responsible for cell division. So when a cancer patient receives the de-ionised water injection, the ATF molecule no longer misses the moment of random cell multiplication. The tumour growth will be stopped.

"But as for drinking the de-ionised water by itself, one should be very cautious doing that. If you drink too much of it, it will wash out all the calcium-magnesium salt from the system and your knees will begin to hurt. This is medicine, and should be treated accordingly."

(Source: *Pravda*, 24 October 2006, <http://tinyurl.com/sogk8>)

## EUROPEAN ARMY PROPOSAL

In his first major foreign policy speech since becoming leader of Germany's Social Democrats, Kurt Beck said Europe should become a "global peace power" with its own military command and goals, and called for a European army with a single

command. If adopted, it could lead to the European Union's pursuit of a security and defence policy independent of NATO.

Dr Pál Dunay, security expert at the Stockholm International Peace Research Institute, says: "The problem is not with NATO as such, but how the alliance has become almost a toolbox for the US."

By airing the idea of an integrated European force, Beck has revived a debate that only three years ago was seen as a threat to the basis of the trans-Atlantic relationship.

At that time, President Jacques Chirac of France, Gerhard Schröder, who was Chancellor of Germany, and the leaders of Belgium and Luxembourg, all of whom opposed the US-led invasion of Iraq, proposed an EU military headquarters. NATO said that would be a direct threat to the alliance and the trans-Atlantic relationship.

Since then, the idea had been placed on the back-burner because Britain, Poland and some other countries opposed a single European command, arguing that it would be at the expense of NATO.

(Source: International Herald Tribune, 7 November 2006, <http://tinyurl.com/yfc5d2>)

## PLANET MARS IS WARMING!

The planet Mars is undergoing significant global warming, which supports many climatologists' claims that the Earth's modest warming during the past century is due to a recent upsurge in solar energy, says James M. Taylor of the Heartland Institute in Chicago, USA.

A 20 September 2005 NASA press release states that for three Mars summers in a row, deposits of frozen carbon dioxide near the planet's south pole have shrunk from the previous year's size, suggesting that a climate change is in progress, said Taylor.

Furthermore, documented changes from 1999 to 2005 show that the Mars climate is presently warmer, and perhaps getting warmer still, than it was several decades (or centuries) ago. Scientists are not sure whether the Martian warming is entirely due to Mars-specific forces or may be the result of other forces, e.g., increasing solar output—which would also explain much of the recent asserted warming of the Earth.

"We don't know what the Sun will do in the future," Duke University associate research scientist Nicola Scafetta stated in a 30 September news release announcing that the Sun's direct role in global warming may



be underestimated. "For now, if our analysis is correct, I think it is important to correct the climate models so that they include reliable sensitivity to solar activity."

Iain Murray, senior fellow and global warming specialist at the Competitive Enterprise Institute, said the Mars warming adds another level of uncertainty to claims that the Earth's modest recent warming is a result of human activity.

"It is probably too much to claim that any one source is the principal driver of the warming trend on Earth," said Murray.

(Source: *Daily Policy Digest*, 10 January 2006, <http://tinyurl.com/9zlm1>)

## IS BIG PHARMA CALLING THE MEDICAL JOURNALS' SHOTS?

Money talks, and the drug industry's dollar talks loud and clear through the pages of leading medical journals. That's the conclusion of Peter Gøtzsche and his team at the Nordic Cochrane Centre in Copenhagen, Denmark, who compared reviews of drug studies funded by pharmaceutical companies with similar reviews done without industry support.

Studies conducted without drug industry funding reached similar conclusions to the systematic reviews held in the Cochrane online database, recognised as the gold standard for such analyses. Studies backed by drug companies, however, tended to recommend the experimental drug without reservation, even though the estimated effect of the treatment was similar, on average, to that reported in the Cochrane reviews.

Gøtzsche says that some industry-funded reviews were also biased in their methods, as they considered only studies held in the company's own database.

(Source: *New Scientist*, 14 October 2006)

## ECSTASY FOR PARKINSON'S?

It seems that ecstasy boosts the number of dopamine-producing cells in the brain—the type that declines in those with Parkinson's disease.

Previous human studies have suggested that ecstasy is bad for the brain because it damages serotonin-signalling neurons, which play a role in memory. Jack Lipton of the University of Cincinnati and his colleagues found that ecstasy prevents the programmed cell death that normally occurs when neurons are stressed, as happens in certain degenerative diseases including Parkinson's and in cell cultures.

(Source: *New Scientist*, 27 October 2006)

## NATURAL MEDICINES: THE SAFEST WAY TO AVOID DEATH

A report released on 12 October by the Acting Chair of the Coroners' Council, New Zealand, has shown that natural medicines have the lowest fatality rate of all medical treatments in New Zealand.

Despite extensive research, Coroner Dr Wallace Bain found that no deaths have occurred in New Zealand due to natural medicines such as vitamins, minerals and herbal products.

Dr Bain, who is also a trained pharmacist and lawyer, undertook the study in the light of growing opposition to new legislation that will see New Zealand's natural health industry come under Australian laws. The safety of natural products is often cited as a reason for the need for such a move.

The NZ Labour government plans that the Australia New Zealand Therapeutic Products Authority (ANZTPA) will soon replace the current Medsafe agency as part of a "trans-Tasman harmonisation" push. Opponents fear this move will decimate New Zealand's natural health industry, as has already occurred in Australia.

At present, lack of support from New Zealand First, the Maori and Green parties is the only thing stopping the legislation coming into effect.

Says Dr Bain: "In my capacity as Acting Chair of the Coroner's Council, I enquired of all Coroners as to whether or not from a search of their Coronial findings they could find any instances where there had been a problem with any of these natural products. They were asked to provide any information from inquests where these products had been involved, whether or not a death had resulted. At the same time, the Coronial records held by the Ministry of Justice in Wellington were searched at my request by ministry staff."

Dr Bain's study returned a finding of zero deaths from natural remedies.

In contrast, deaths in 1998 (the last year of detailed official statistics available) caused by adverse reactions to pharmaceutical drugs killed 1,524 New Zealanders, and deaths associated with medical injury (mistakes by doctors and medical staff) killed 4,222 New Zealanders.

Says Dr Bain: "A recent Australian study shows that 1 in 10 patients presenting to a general practitioner had an adverse pharmaceutical drug event in the preceding six months, with 50% of those being in the moderate to severe range and 8% requiring hospitalisation.

"A New Zealand study reported in July of 2006 and referred to Parliament's Health Committee pointed to previous research suggesting problems such as hospital-acquired infection, drug error and staff mistakes are costing this country around NZ\$870 million a year. This prompted the Health Minister to ensure that District Health Boards gave priority to reducing such adverse events—most clearly identified as being drug induced."

Also in Dr Bain's report is mention of a US study that puts complications resulting from medication errors in American hospitals at US\$1.5 billion dollars per year. Studies also show that prescription drug errors double a person's risk of dying in hospital. Another study put the cost of a single adverse drug event to a hospital in the US at US\$2,500.

"The estimate of costs incurred by US hospitals as a result of drug-related injury or death was put at US\$76.6 billion, which was three times the cost of all diabetes care in the United States," says Dr Bain.

"What is ironic here is that what is being held out as a justification for high regulation and compliance in the area of complementary medicines and natural products in New Zealand is public safety and risk. Despite a diligent search of Coronial records and the literature, no instances have been found to demonstrate that in fact these products have any serious public health issue or risk.

"The problem is clearly with prescription and other drugs," says Dr Bain. "The Coronial and literature searches, in so far as natural products are concerned, and linkages to public safety and risk can be described legally as *de minimis non curat lex*; that is, of minimal risk importance.

"The law does not and should not concern itself with such trifles."

(Source: *Press release, Coroners' Council, New Zealand*, 12 October 2006, via <http://www.scoop.co.nz/stories/GE0610/S00037.htm>)



# THE DECEPTIONS OF 9/11 AND THE CHANGING TIDE OF HISTORY

*A growing movement of anti-war and 9/11 truth activists is exposing the lies, frauds and deceptions perpetrated by sinister forces within the Anglo-American-Zionist establishment and is spreading the word around the globe.*

by Michael Wells Mandeville  
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## A REPORT ON THE RAPIDLY GROWING 9/11 TRUTH MOVEMENT Gathering of the eagles

On the weekend of June 24–25, 2006, over a dozen presenters with high-powered digital video presentations, buttressed by a cavalry battalion of books, DVDs and CDs, established beyond reasonable doubt that the 9/11 terrorist attacks on New York, which resulted in the spectacular collapse of the World Trade Center towers, and on the Pentagon in 2001 were not orchestrated by al-Qaeda terrorists. All clues, say the presenters, lead to a gangster network of special interests which can operate within the US government and can manipulate the work and personnel of its agencies at will. Many presenters at the conference clearly demonstrated that a lawless conspiracy of intrigue involving American, British and Zionist criminals cooperated to mastermind the 9/11 attacks and used elements of al-Qaeda as patsies to justify a massive arms build-up to invade nations in the Middle East.

As a result of this conference in Los Angeles, and a similar one in Chicago earlier in the month, the tide of history clearly began to turn in June 2006 with the emergence of a new understanding about the deeply criminal nature of major elements within the so-called New World Order which the Bush administration claims to be creating.

The presenters and organisers brought to the conference massive collections of evidence which has finally emerged in highly organised forms during the past 24 months to prove that the 9/11 terrorist attacks, as well as many others, are partly illusions fabricated by government and corporate operatives. Only the murders and damage which resulted from the staged attacks were real.

The official stories are composed of "sleight of hand". The illusion is composed of 19 young Arab terrorists, armed with box-cutters, who hijacked four commercial jet planes. The 9/11 Truth Movement is beginning to call this the "ONYA [Osama bin Laden + Nineteen Young Arabs] Hoax".

In reality, many independent lines of evidence clearly reveal that the main terrorists were government and corporate hit men, with a small number of al-Qaeda stooges set up as patsies to appear as the perpetrators. At least eight of the 19 whom the FBI originally claimed died as suicide fanatics in the four jetliners have been found alive and well in other countries.

It has taken literally hundreds of independent scientists and thousands of private investigators over four years to generate and organise the facts about what really happened on 9/11 and in the days leading up to the fateful attacks which resulted in the murder of some 3,000 people. The result of their work lies in voluminous piles of documentation. By pursuing their questions to the bitter, conclusive end, they have doubtlessly proven, collectively and cooperatively, the most formidable freelance case which has ever been assembled for prosecution of many criminals in and out of government for high crimes and treason.

What keeps these researchers going? A great many statements have been made by many qualified observers who directly witnessed some aspects of the 9/11 events. Their testimony in some form can be found at hundreds of sites on the Iway [Internet]. Such statements provide the fuel for widespread controversy about what really happened, giving rise to reports in late 2004 by the Zogby poll that 50% of New Yorkers believe that government officials had foreknowledge of the attack, and that some 66% of New Yorkers are suspicious of the official stories and want additional investigations. See Zogby at <http://www.zogby.com/search/ReadNews.dbm?ID=855>.

With the lingering of this much public questioning, professional journalists, highly experienced engineers and well-credentialed scientists have patiently persisted in skilful efforts to turn up new evidence and make scientific conclusions about the facts. From these efforts, thousands of people are now cooperating to publish and communicate a virtual tidal wave of information about what really happened on September 11, 2001. As this tidal wave flows into the public arena during the [northern] summer and fall of 2006, many highly informed analysts are reaching profound conclusions about a shadowy network of criminals inside the US government who masterminded and helped stage the 9/11 events. For additional information about some of the presenters and their work as well as links to their documentation, see <http://tinyurl.com/ue8uu>.

As of July 2006, we do not have just one book or one DVD on the subject, but we now have dozens of books and DVDs plus a Canadian magazine titled *Global Outlook: The Magazine of 9/11 Truth*. Collectively they form a cottage industry that offers a stunning array of facts, angles and perspectives about many different details related to 9/11 and the "war" on terrorism. Go to <http://www.globaloutlook.ca/> for a substantial inventory of the book and DVD titles related to the 9/11 investigations and findings. Or, to get virtually everything summarised on one gigantic web page, which has been developed into a "billboard" montage of photographs, proofs and claims, as well as links to detailed information, go to <http://tinyurl.com/y2ob73>.

Perhaps the best overall summary of the entire controversy is provided in a new film titled *Loose Change – Second Edition*. This grassroots film by Jason Pollock is slated for showing in movie theatres this summer. It reconstructs our experience of 9/11, asks many questions and points to the contradictions which push an enquiring mind into a completely different take on the so-called "war on terror". It is available on DVD at <http://www.loosechange911.com/> and also online at <http://tinyurl.com/74gyb>.

Equally provocative and more deeply revealing in scientific terms is a DVD produced by Rick Siegel titled *9/11 Eyewitness*. It shows his video recording of most of the fires and the collapse of the World Trade Center towers in New York City from the vantage point of his home in New Jersey across the bay.

He has added professional analysis by engineers and physicists who demonstrate second by second what happened as "professional demolitions" proceeded to "pull down" the WTC buildings. He has also added much additional depth on many of the issues and elements of the tragedy in New York. Seeing with his own eyes that his videotapes clearly reveal that the planes

could not have caused most of the destruction and murders at the World Trade Center, Siegel literally became afraid for his life. He moved to Spain before releasing his videos to the world. A preview of his presentation can be seen at <http://tinyurl.com/tpcpl>, and the entire DVD can be purchased at <http://tinyurl.com/yykska>. Siegel also provides an interesting approach to debunking the 9/11 illusion through an ironic discussion of conspiracy theory. He successfully reduces the Bush/Cheney ONYA story of 19 Osama bin Laden-inspired young Arabs with box-cutters to the absurd conspiracy hoax it really is. See <http://tinyurl.com/yxa39p>.

The diverse documentation from dozens of sources complements each other with great power to prove beyond reasonable doubt that the operatives in the Bush–Cheney administration have lied about every detail of the 9/11 attacks, have destroyed or suppressed by seizure every item of conceivable evidence, have refused to allow any telling of any part of the real story by anyone who knows the real operations, and have manipulated the 9/11 Commission into the creation of a largely fallacious investigation with a bogus report full of smoke, mirrors and dodge 'em games.

The books and DVDs offer a variety of skilled presentations made by mathematicians, physicists, chemists and structural/mechanical engineers. There is not a politician nor a lawyer nor a mass media shill among them. So many scientists are now interested in the subject of what really happened on 9/11, and what is now happening with the Bush–Cheney so-called "war on terror", that a new scientific journal made its appearance in June: the *Journal of 9/11 Studies*. See the website <http://www.journalof911studies.com>.

Some scientists have also created a new group to promote a broad public investigation into 9/11. The group, which has expanded by word of mouth to 300 scientific members, is called Scholars for 9/11 Truth. It co-sponsored the 9/11 conferences in Chicago and Los Angeles. See its website at <http://www.st911.org/>.

This information is flowing rapidly now throughout the world via the Iway and increasingly into the print media. Political groups have formed around this information to focus public outrage to flow through the landscape of American political institutions and upend its current occupants to clear the way for serious investigations. The best-known group calls itself the 9/11 Truth Movement, which is about the best name it could have to describe what this movement of people is actually doing. Factual information from A to Z on the topic of 9/11 can be accessed through its website at <http://www.911truth.org/>.



Another highly active group, financed by philanthropist Jimmy Walters, is Reopen 911.Org; see <http://www.reopen911.org/>.

Both groups are a focus of networking on the web for activities and access to information. Two other major sources for information and activist resources, such as for stickers, postcards, signs, etc., can be found at <http://www.911sharethetruth.com/> and <http://www.911massacre.com>.

### The smoking gun

What has brought growing numbers of scientists and engineers to work together on the events of 9/11? These independent scientific observers report that simple physics and chemistry prove that most, if not all, government stories about the events in New York, at the Pentagon and in Pennsylvania on 9/11/01 are plainly wrong. Not just possibly wrong. *Clearly* wrong.

- Analysis of videotapes and images of the fall of the WTC buildings clearly reveals that all three buildings were destroyed by explosive charges sequenced as in professional demolitions.

- Analysis of the energy released by the fuel in the crashing jets reveals that it could not have come close to melting the steel to destroy the WTC towers.

- Analysis of the smoke plumes and recorded conversations made by the firemen on or near the burning floors indicates that the fire from the jet in at least one of the WTC towers was already burning itself out and firemen were preparing to bring up hoses to extinguish the fire.

- Analysis of portions of the steel girders proves that thermite or thermate, a chemical cutting/explosive compound which is used by professional building demolition experts, was used to blow out the steel girders floor by floor to enable the WTC buildings to collapse in a controlled pancake fashion. Analysis of the physics of the fall of the buildings suggests that they would literally have to topple over like a tree falls if the impact of the planes had anything to do with their collapse.

- Analysis of the three-month burning of the residue in the basement sections indicates that only thermite or thermate could have sustained such long-burning chemical reactions.

Discussion of the near-total eradication of all crime scene evidence and the active suppression of all individual investigation (through denial of information and access to the facts) properly arouses profound scepticism about all evidence presented by the Bush administration and the various government/media stories about the collapses.

What interests the experts is the pure science of the events. The official stories are fundamentally belied by science. That is a lot to claim, but it is all professionally supported by many sources and analysts and by independently corroborated facts which are superior to the government stories which have been and are being shilled by the mass broadcast industry up through to the summer of 2006.

The 9/11 Truth Movement is not composed of fans of a lone

author with another unprovable conspiracy theory. This is a virtual brigade of investigators from top universities, businesses and public organisations who are supported by an army of facts.

As the wave of information and discussion mounts, large numbers of witnesses are confounding the US public with their stories about what really happened on 9/11. New information is appearing virtually every day.

For instance, in the week after the Los Angeles Scholars Conference, additional evidence was posted on the Iway by Jim Heikkila concerning the limitations of the planes which reportedly crashed into the Twin Towers and the Pentagon. Software limitations of the piloted planes prevented the planes

turning with inertial "g" force greater than 1.5. Examination of the videotapes leads an expert to believe that 5-7 "g" force was needed to manoeuvre at least two of the jets in the way in which they are displayed on the videotapes and described by eyewitnesses. This was only possible, Jim Heikkila argues, if the manual operation was overridden by remote controls. Remote operators could over-ride the software limits in case of emergency—or enable the flying of jets at high "g" force into buildings. This is just one more brick in the wall becoming visible. Go to <http://tinyurl.com/y423hl>.

Perhaps the most definitive evidence is coming from the work of Drs Steven Jones and Judy Wood, professors at Brigham Young University and Clemson University respectively. The two professors are co-editors of the new *Journal of 9/11 Studies*.

Dr Jones has lit a considerable fire in scientific circles by conclusively showing with actual physical samples from the site of the World Trade Center that thermate explosions were most probably the cause of the collapse of the three WTC buildings in New York. This is literally the equivalent of finding the smoking gun of the crime. This smoking gun is partially

demonstrated on a DVD available online through Google at <http://tinyurl.com/vaeqv>. Jones and Wood also have provided a two-hour overview analysis of the physics of the destruction of the World Trade Center on another DVD, which is also available online at <http://tinyurl.com/y3kh34>.

Once the fact of this smoking gun sinks in, the entire government/media ONYA story of the terrorist attacks on New York falls apart and becomes merely empty-headed yap. Thermate can quickly cut through very thick steel beams in mere seconds. Just so, the thermate samples found on the site of the World Trade Center quickly dissolve the political huff and puff which supports the illusion of an attack by al-Qaeda terrorists.

The real "mastermind" terrorists are to be found in corporate and government circles, from which bases they were able to orchestrate the events to create illusions for public consumption. By wholesale withholding of all evidence and artful manipulation of the story-lines given out by public agencies and operatives, a fantasy was painted out of thin air.

The reconstructions of the demolition of the World Trade Center buildings by Jones, Wood, Siegel and others are just the

**This is a virtual  
brigade of investigators  
from top universities,  
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army of facts.**

tip of the iceberg. Detailed forensic evidence of the plane crash in Pennsylvania reveals that this event was also completely illusionary, probably accomplished by blowing up a military plane in mid-air, with all the associated evidence such as fake cellphone calls and cockpit black-box tapes manufactured to sustain the illusion of a hijacked jet. Unfortunately for the conspirators, the evidence which creates the illusion is scientifically so nearly impossible that fraud seems probable. The voice recorder could not record a conversation by passengers in the passenger section, the cellphones could not create or sustain an active phone link, and the purported wreckage of the plane was gathered from over a very large area, not a distinct crash site *per se*. The purported crash site, which is shown in photos, does not look at all like the typical crash site of a jetliner because there is *no* visible wreckage, only burn marks on the ground, and all physical pieces of the jet have disappeared or have been deeply buried behind a veil of inappropriate top secrecy, etc.

And then there is the strike on the Pentagon. In light of the actual destruction to the property, the militantly complete suppression of all real evidence, the complete lack of the wreckage of a real plane, very good video documentation of the site before and after, the absence of damage to the lawn, the highly likely fact that the huge smoke plumes were oil fires burning from adjacent steel trailers which had been staged for a security drill, the probable explosion of the outer wall of the Pentagon by conscious detonation after impact by a cruise missile or by a small remotely piloted plane—all this and more make the Pentagon story of a strike by a hijacked jet appear rather like a fairytale for children.

#### The modus operandi

One of the most telling clues about the entire operation is the modus operandi which created the deception. The modus operandi explains how the illusion was fabricated and protected. It also points to how other terrorist events were manufactured by criminal elements in both the American and British governments.

In the case of the 9/11 attacks, several military drills were underway, some of which involved the simulated hijacking of jet airliners. More drills than had ever been conducted simultaneously in the same 24-hour period had the effect of tying up Pentagon agencies, Air Force Command Units and many planes. Thus, the US Air Force was operationally saturated and its command centres were easily tricked into believing that the so-called hijacked jetliners were part of the drill.

Even so, elements of the Air Force attempted to respond to the hijacked jets. But these efforts appear to have been repressed on direct orders from the drill command centre in the White House. At the time, the drills were under the command of Vice-President Cheney, who was acting *as* the President while Bush sojourned in Florida from photo-op to photo-op.

This item of curiosity has been exhaustively documented in the 9/11 literature and is certain to become a focal point of the ever-

growing controversy. Cheney and his White House lieutenants either made a tremendously bad judgement call or they were involved in criminal manipulation of government forces.

This strange set of circumstances which featured Cheney at the command centre would appear to be a suitable initial focus of any serious prosecutorial or impeachment investigation. With thermate, we clearly have one of the biggest guns which killed the most people, and we may have here, sitting behind the command consoles of drill headquarters, one of the main gangsters who was pulling the strings of the security forces and the people who were using such cover to manipulate the evidence.

This modus operandi was demonstrated more recently in the London bombings of July 7, 2005 ("7/7"). The security and first-response forces were occupied in pre-arranged drills. Again, not so coincidentally, the drills were focused on how to respond to bomb attacks in the subway [Underground] system. Under the cover of the drills, the terrorist action unfolded. All witnesses were kept at bay, the real evidence was suppressed and artificial evidence was planted to support the story.

But as with the 9/11 illusion, there are enough amateurish elements in the British story, supported by enough inconsistent details, that the story unravels. The story becomes grotesque, for instance, around the brutal murder of a young foreigner by a mob of frenzied security agents on July 22, 2005. And the story becomes bizarre with the technical testimony which claims that the explosions which ripped through the subway cars probably came from *underneath* them.

As with the controlled demolition of the WTC towers on 9/11, it is highly implausible that terrorists planted such explosives. So we see in Britain's "9/11" that dozens of points in the real world pierce the illusion which Anglo-American gangsters eagerly but incompetently attempted to create.

Recently, the highly dramatised police raids in Toronto, Canada, in England and in Florida, USA, in June 2006 appear also to be largely the creations of shadowy elements in the security forces. In the London apartment raid, the Keystone Kops casually but seriously

wounded a hapless resident without real remorse. In the Toronto and Florida raids, those arrested as "terrorists" appear to be largely the recruits of security agencies. Intelligence operatives appear to have manipulated sub-functional humans with money and resources into supporting terrorist causes and activities, at least with their lip service. In these cases, the security forces stopped short of pushing the patsies into the actual execution of the acts. But both of these incidents smell strongly of the same gangster mentality which uses national security forces to manufacture false-flag terrorist activity (attacks by terrorists who are said to be from another country or have an alien ideology). Seemingly now, in mid-2006, the security agents prefer to serve up only the "sizzle" of terrorism along with the "sizzle" of protection provided by dedicated police agencies who are cooperating ingenuously in the New World Order *Uber Alles*. Apparently the modus operandi is evolving and the perpetrators

**Seymour Hersh,  
the star reporter of the  
New Yorker, revealed  
on August 12 that the  
Israeli government had  
been planning the  
invasion [of Lebanon]  
for several months.**



are becoming more efficient in their use of resources. The most important part of the strategy is direct manipulation of the broadcast mass media and newswires with an orchestrated campaign of photo-ops and press releases and a steady flow of whispers and leaks from anonymous insiders.

Does the "Lebanese bomber plot" of August 2006 smell suspiciously of this same logic? Freelance intelligence analysts have remarked in Iway reports that the three primary suspects are known extremists who appear to have been running their mouths off on openly jihadist websites. This conveniently enabled FBI armchairs to monitor them and develop a case against their bad attitudes but which seems to contain no evidence of an actual plan, resources or commitments. Is the FBI really *that* desperate to find terrorists and report successes in catching them? Or is this just another "sizzle"-making exercise? Watch carefully and read the Iway news—not the broadcast news which knows nothing, sees nothing and says nothing except what a remote, imperialising elite wants you to believe.

Fortunately, these illusions have been so brashly and amateurishly executed that they can be easily pierced, once one is onto the game. Tens of millions are now onto the game. The illusions can work only on people who have set aside the critical engagement of their judgement. Once people are awakened, the illusions fall apart rather quickly no matter how assiduously they are perpetrated by the endless banter of the mass media. The illusions are, after all is said and done, really rather flimsy.

Despite the fading credibility of the American and Israeli war machines and the politicians who command them, July and August 2006 were very, very good for sizzle and for war-drumming of those still hypnotised by mass media broadcasters.

Using the kidnapping of an Israeli soldier as a pretext for mass terrorism, Zionists devastated Gaza by the end of June, leaving its residents sitting in rubble with no water, no electricity, no air conditioning, no economy and no government, all for the sin of democratically electing Hamas as the new government of the Palestinian people.

Zionists wasted no time in using a similar pretext to begin the destruction of Lebanon during July. Hezbollah captured two Israeli soldiers on Lebanese soil as bargaining chips to relieve the pressure on Gaza. The Zionists responded enthusiastically in the same fashion as they had in Gaza, almost as if they were waiting for a pretext. In fact, Seymour Hersh, the star reporter of *The New Yorker*, revealed on August 12 that the Israeli government had been planning the invasion for at least several months.

For the sin of allowing Palestinian refugees in Lebanon to accept aid and weapons from Muslims in other countries—whom political and media circles in the West defame at every opportunity as Hezbollah terrorists controlled by Iran and Syria—Zionists mobilised Israel to attack the whole people of Lebanon. They immediately employed a variety of weapons of mass terror and destruction to force a million Lebanese and Palestinians out of their homes. While indiscriminately bombing villages and houses throughout Lebanon, thus creating an endless daily list of random victims, at least half of them children, Zionists contrived to use women as their primary media

spokespersons, pleading incessantly about the victimhood of Jews. Most of the world correctly sees who was victim and who was terrorist in southern Lebanon, and this clear lesson will cost Israel and the US very dearly in the years ahead.

The truth was well expressed and seen on the Iway through countless venues. The barbarous overreach by Zionist forces in both Gaza and Lebanon reached such proportions that even people in the United States can now clearly see the game. Millions of people were polarised with great angst against the perpetrators of the horrible tragedy in Iraq, and most of these people are equally disgusted with the mass terrorism which Israel now practises with callous disregard against the civilian population of its neighbour.

Thus, the incessant blaming of Syria and Iran for Hezbollah's activities by Anglo-American-Zionist government officials and Zionist media pundits has become a tactic which is self-

contradictory for the imperialising factions. The widespread use of this tactic of blaming Syria and Iran may continue to consolidate ardent support among those who have been media-programmed by the operatives of the "war on terror". But this tactic is also irritating growing numbers into the realisation that it is merely an agit-prop illusion being cast by cynical promoters of war for imperial expansion. Each use of this tactic now cuts both ways, consolidating support while antagonising the opposition, which by its very nature will always be

immensely larger in number than those who are seeking further conquest.

With the atmosphere so rife with mass distrust, disgust and confusion throughout the world, is it any surprise that the British "discovery" in August 2006 of the "liquid bombs plot" was met with nearly instantaneous disbelief? Many of the most active people in the anti-war and 9/11 Truth movements were quick to realise that the likelihood was very high that sleight-of-hand was being used to ratchet-up mass terror and perpetrate another illusion upon a gullible public. Real bomb experts, not including media pundits, pointed out that liquid bombs are indeed easy to make but far too easy to explode while being mixed, and in any event would not create enough explosive force in small quantities to seriously imperil a jetliner, not most of the time under most circumstances. In simplest terms, the odds of a successful operation are small.

One could thus ask why a professional guerrilla group such as al-Qaeda would employ such dubious tactics as part of an important strategy. Why would any guerrilla chief expend the lives of some 20 willing suicide-bombers, a stupendous military asset, on a high-risk gamble that this high-risk chemical bombing would create really damaging results? When there's a rather large universe of highly destructive acts which could produce fairly certain results most of the time, why embark on a lark with unstable chemicals with dubious probabilities of actually bringing down a jetliner? Don't the facts and the implications end up with the same "credibility gap" which doomed the 9/11 deceptions to exposure?

As the *real* facts and implications of the liquid bombs plot began to pile up in mid-August, the entire operation seemed more and more to be another false-flag operation conducted by the

**...is it any surprise that the British "discovery" in August 2006 of the "liquid bombs plot" was met with nearly instantaneous disbelief?**

same less-than-competent network of operatives which had masterminded the London bombings.

But apparently this time there were at least two patsies from Pakistan on which to pin the "sizzle", along with all of their friends, families and acquaintances whom the police could investigate for weeks for possible involvement. Thus the false-flag conspirators could keep the story alive in the mass media for weeks, pushing out other stories.

Many in the anti-war movement immediately suspected that the "liquid bombs" plot was too convenient, and the reaction of the American-Anglo security apparatus far too excessive to be simply a "foiled terrorist plot". But coverage of the issue by the broadcast media seemed far too productive in using the sizzle to induce mass terror in gullible citizens. However, some began to make the connection that the "liquid bombs" were being used to make Zionist mass terrorism in Lebanon disappear from consciousness, at least for a little while until a ceasefire could be hastily arranged to manage an exit of Israel from its (politically) hopelessly failed military incursion in Lebanon.

This deep distrust of American-Anglo-Israeli militarism has been growing since the tragic invasion of Iraq. Doubtless, the events of the spring and summer of 2006 have greatly accelerated it. The distrust has not yet clearly linked disgust for militarism with consciousness about the illusions and criminal staging of 9/11 (and the campaign of false-flag terrorism which followed it), at least not in the popular press and publicly among leadership organisations in the anti-war groups.

But by osmosis, the islands of consciousness are merging month by month into a greater whole. In August 2006, they may not seem to be merged operationally, but they will be; it is only a matter of the flow of time.

### **Inconvenient, most unpleasant truths**

After piercing the illusions, one is forced to confront a sordid reality. One sees that 50 years of false-flag terrorism from Iran to Vietnam, from Latin and Central America to Palestine and thence to Afghanistan and Iraq, perpetrated by America Military Industrial Complex Inc., has produced a staggering load of carnage.

Many writers have produced dozens of titles which document the long, sordid march of the American Empire under a variety of false pretences, from the rape of The Philippines to the butcheries of Vietnam, Chile, El Salvador, Guatemala, Iraq and other countries. Most of the writers end up remarking on the same point: a connection that covers three generations of the Bush family.

Perhaps the most useful synthesis has recently been released by Webster Tarpley in his book *9/11 Synthetic Terror: Made in the USA*. He details exhaustively the known and admitted false-flag operations of the past 100 years or so. He summarises the psychological and political dynamics which maintain them and the standard modus operandi by which they typically unfold. He draws together myriad facts about the relationship between war games, terror drills and emergency response exercises as the

"cloaking devices" which were used to carry out state-sponsored, synthetic terror as seen on 9/11 in the US and 7/7 in London and, possibly, the next 9/11-like event in the United States.

The implications are horrifying. Americans have become dupes, their government infested by black-arts criminals. Their best young men have become "patsies" for sub-rosa imperial programs, and their legal and media classes have become little more than shills who endlessly weave the mantra of the "American dream" as a glitzy cover story for the rise of an Orwellian Global Order. The "slow-creeping realisation" of some of these implications is already eating away the moral underpinnings of large numbers of Americans, leaving them adrift in a growing nightmare without a feeling of an honest personal relationship to the world, without meaning in their present endeavours and seemingly bereft of any desirable future within the fabric of "America".

It will take some time yet for the illusions to crash fully, but the new knowledge about the 9/11 deception is already creating a profound intellectual change around the world. As this change unfolds, it will deeply shift the discourse and structure of politics, the very organisation and practices of the mass media, and the conduct of nation states.

### **The Iway: the ultimate revelator**

Perhaps the most sustained efforts to use the Iway for political purposes have been made by the anti-war movement. Since even before the invasion of Iraq, several groups have been using the Iway in dedicated long-term efforts to precipitate mass changes in knowledge and attitudes. These efforts have succeeded in making Bush the most reviled and publicly ridiculed president in American history.

The 9/11 Truth Movement is well on the way to picking up this legacy and it will likely merge with most of the anti-war resources on the Iway. A vast new Iway audience will begin to focus a common set of agendas and axioms for change.

From this base, the movement can and will push profound change onto both the Republican and Democratic parties. Impact on the 2006 elections will create some spectacular results and controversy, but the choices and influences will remain limited. The full effects are not likely to be felt until the elections in 2008. Both parties may be turned upside down on the Iway in the 2008 elections.

Soon after the 9/11 events, radio talk-show personality Alex Jones quickly realised the power of the Internet medium to create growing focal points of awareness, information, networking and activism on the topic. His site at Infowars.com, which co-sponsored the Chicago and Los Angeles 9/11 conferences in June 2006, now provides access to nearly all, if not virtually all, of the emergent new information related to the lawless gangsters and hidden criminal cabals that have conducted the past several years of false-flag terror operations.

Jones has recently released a powerful summary of false-flag terrorism during the 20th century, titled *Terrorstorm*. It complements Tarpley's work very well by providing a

**...the new knowledge about the 9/11 deception is already creating a deep intellectual change around the world.**

**Continued on page 76**





# EFAs, OXYGENATION AND CANCER PREVENTION

**Cancer as well as heart disease can be prevented by taking a ratio of at least 1:1 up to 2.5:1 unadulterated parent omega-6 to omega-3 essential fatty acids plus specific vitamins and minerals.**

by Prof. Brian Scott Peskin,  
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Website:  
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Based on his book, co-written with  
Amid Habib, MD, FAAP, FACE,<sup>1</sup>  
*The Hidden Story of Cancer*  
(Pinnacle Press, Houston, USA, 2006)

## The prime cause of cancer is *not* genetic

Cancer was once an uncommon disease affecting a small percentage of Americans. In 1900, only 3% of the population died of cancer.<sup>2</sup> But now, cancer has become so common that virtually everyone knows someone afflicted with this terrible disease. In fact, for the average American, contraction of cancer isn't the exception; instead, it has become the rule.<sup>3</sup> We've come to accept cancer as unstoppable, incurable and even a natural part of life. This perception is a tragedy, since cancer is not a natural disease for man and is preventable.

What is shocking to most people, is the scientific fact that cancer is genetically recessive, not dominant. In fact, the human body is highly resistant to cancer. In 1969, Professor Henry Harris of Oxford University shook the cancer research community to its core when he proved these previous theories wrong. Professor Harris took normal tissue cells and fused three types of cancer cells to them. Surely, he thought, the cancer cells would take over the normal cells and "convert" them into cancer. Surprisingly, they grew normally.<sup>4</sup>

Contrary to popular opinion, cancer takes several decades to develop in humans.<sup>5</sup> Given this long incubation period, science can show us the way to destroy any initial pre-cancerous cells and keep the cancerous ones from causing widespread damage.

If you think cancer has a genetic basis, then think again. Dr Robert A. Weinberg of Massachusetts Institute of Technology (MIT), one of the world's leading cancer researchers and discoverer of the so-called oncogene (cancer-causing gene), reversed his previous conclusions after discovering that "fewer than one DNA base in a million appears to have been miscopied". It's not enough of a defect! His exact words: "Something was very wrong. The notion that a cancer developed through the successive activation of a series of oncogenes had lost its link to reality." He called the genetic discoveries made thus far "sterile".<sup>6</sup> The prime cause of cancer is therefore *not* genetic. This was announced in 1998. Did you hear about it? Probably not.

In 2006, the heads of the world's largest cancer research centre in Houston, Texas, announced that cancer's prime cause *isn't* genetic: "If it could have happened [solving cancer with genetics], it would have already happened with genetic mutations," said William Brinkley, a senior vice-president at Baylor who says other research should take precedence over the cancer genome project... Dr John Mendelsohn [president of M. D. Anderson Cancer Center] states, 'Any claims that this [genetic research] is going to be the key to curing cancer are not appropriate.'<sup>7</sup>

Thus, the prime cause of cancer is *not* a genetic mutation. Even if cancer "runs in your family", there is real hope. Unfortunately, the geneticists have it backwards, attempting to force the facts to fit their genetics-based theories when they don't fit the facts, because, as Professor Harris demonstrated many years ago, cancer isn't genetically dominant. Where does this leave us? Where can we look for solutions? What about the popular nutritional solutions to fighting cancer?

## The popular anti-cancer "solutions" don't work

Most people diligently follow the experts' recommendations in the hope of winning the war on cancer. Unfortunately, virtually nothing of what we are told is based on scientific facts. Consider the following list of supposed "solutions", along with the date of their published failures as reported in the world's leading medical journals. Many of us never hear of the retractions and consequently keep following methods that don't protect us from contracting cancer.

**(a) Fruits and vegetables:** Even the green leafy vegetables don't protect against contracting breast cancer (*JAMA* 2001; 285:769-776).<sup>8</sup>

**(b) Fibre:** This worsens colon cancer rather than helping prevent it (*Lancet* 2000; 356:1286-7).<sup>9</sup>

**(c) Mammography:** Samuel S. Epstein, MD (chairman of the Cancer Prevention Coalition), Rosalie Bertell and Barbara Seaman published an article exposing truths about mammography that most women have never been told (*Int J Health Sci* 2001; 31(3):605-15): "Contrary to popular belief and assurances by the US media...mammography is not a technique for early diagnosis. In fact, a breast cancer has usually been present for about eight (8) years before it can finally be detected..."<sup>10</sup>

**(d) Fish oil:** Most fish oil supplements are worthless in preventing cancer and may be hazardous to your health (articles: 1995–2006). The International Society for the Study of Fatty Acids and Lipids (ISSFAL) 4th Congress, which met on 4–9 June 2000 in Tsukuba, Japan, reported the following:<sup>11</sup>

"...[S]tudies indicate that at the levels used, fish oil [comprised of omega-3 derivatives] decreases a wide range of immune cell responses (natural killer cell, cytotoxic T lymphocyte activities, lymphocyte proliferation and production of IL-2 and IFN- $\gamma$  (1,2))..."

"...Recent studies have indicated that relatively low levels of the long chain omega-3 fatty acids (EPA or DHA)...are sufficient to bring about some of the suppressive effects..."

"...This decrease (of inhibited lymphocyte proliferation and natural killer cell activity) causes increased cellular bacteria [infection] and impaired tumor cell killing."

Any substance causing impaired tumour cell killing ability is cancer-causing—the opposite of what we desire. With so many of us consuming fish oil, could this be another reason that cancer contraction rates are increasing instead of decreasing?

Fish oil is also worthless in preventing heart disease, and Harvard Medical School warned us about this years ago but too few Americans listened.<sup>12</sup> Consuming whole fish instead of fish oil failed, too.<sup>13</sup>

The Japanese have greater cancer rates and greater heart disease rates than Americans. Cancer has been Japan's number-one cause of death since 1981.<sup>14</sup> The popular media don't often disclose these startling facts.

In January 2006, the omega-3 anti-cancer fallacy was exposed (*JAMA* 2006; 295(4)): "A large body of literature spanning numerous cohorts from many countries and with different demographic characteristics does not provide evidence to suggest a significant association between omega-3 fatty acids and [lack of] cancer incidence. Dietary supplementation with omega-3 fatty acids [is] unlikely to prevent cancer."<sup>15</sup>

The most comprehensive analysis to date, published in the *British Medical Journal* of 24 March 2006, reviewing 96 trials including 44 trials with supplements and five trials consisting of mainly ALA (parent omega-3) from plants like flax with the remainder being fish oil, confirms the anti-cancer failure: "We found no evidence that omega-3 fats had an effect on the incidence of cancer and there was no inconsistency... This

systematic review assessed the health effects of using omega-3 fats (together or separately) on total mortality, cardiovascular events, cancer and strokes in a wide variety of participants and found no evidence of a clear benefit of omega-3 fats on health."<sup>16</sup>

Unfortunately, in spite of these facts, most physicians around the world still recommend fish oil to prevent both cancer and heart disease.

**(e) Soy:** Soy products won't protect you against contracting cancer, either. The properties of soy are still touted by nutritionists, physicians and popular health and beauty publications, all ignorant of the scientific facts. There is a very hazardous side to soy that you need to know about. For example, the article "Soybean Goiter: Report of Three Cases" (*NEJM* 1960; 262(22):1099-1103) details three cases of infants developing goitre when they were consuming soybean "formula". The condition was rapidly eliminated in two of the infants when the soy "formula" was terminated. The third child was cured when iodine was added to the diet.<sup>17</sup>

What did soy formula have to do with thyroid (goitre)

Unfortunately, in spite of these facts, most physicians around the world still recommend fish oil to prevent both cancer and heart disease.

problems? Soybeans are a source of isoflavonoids, including genistein and daidzein. Contrary to popular belief and what is often reported in the media, they are both hazardous to your health. The following comes from *Biochemical Pharmacology* 1997; 54:1087-96): "Soybeans contain compounds (genistein and daidzein—the 'active ingredients') that inhibit [interfere with] thyroid peroxidase (TPO) which is essential to thyroid hormone synthesis [production]." Soybeans are *not* good for the thyroid! The popular so-called phyto-oestrogens genistein

and daidzein are actually endocrine disruptors. Women around the world have been misled. What does soy "formula" have to do with the iodine deficiency? Soy contains phytates which "magnetise out" essential nutrients like iodine.

Today, the US Food and Drug Administration (FDA), Department of Health and Human Services, lists 288 records of soy at its "FDA Poisonous Plant Database" (March 2006 revision). Their website will shock you as you discover that soy is anything but a health food (<http://www.cfsan.fda.gov/~djw/pltx.cgi?QUERY=soy>).<sup>18</sup>

Soy harms your immune system, too. Back in 1975, the *Canadian Journal of Biochemistry* reported that soybeans actually *weaken* your immune system:<sup>21</sup> "Soybean trypsin inhibitor was found to inhibit transformation of human lymphocytes..."

Here's why this happens. Trypsin is an enzyme produced by your pancreas and used in digesting protein; it is critical for antibody production. An inhibitor is something that disables. Think of it like having one foot on the gas and another on the brake of your automobile at the same time. Your car's engine would blow up.

So a trypsin inhibitor will irritate your pancreas, stressing it to produce hormones when it can't, leading to decreased oxygenation from the irritation. Soy prevents the protein you eat from being fully utilised and digested. Your immune system can't get fuelled with proper antibodies and lymphocytes—a double whammy. Therefore, soy is *cancer-causing* to your

pancreas, and cancer of the pancreas is typically a death sentence. Because of bad advice, many women especially have decreased the amount of cancer-fighting animal-based protein they consume in favour of soy. Resist this incorrect advice and minimise your chances of contracting both thyroid and pancreatic cancer.

### Dr Otto Warburg's anti-cancer research

Many of my physician colleagues were shocked to discover these truths. How many of us saw these important medical journal findings reported in the popular press? Unfortunately, not enough of us. Don't despair, because there *is* an anti-cancer answer. It was discovered back in 1925 by Otto Warburg, MD, PhD. Dr Warburg has been referred to as the greatest biochemist of the 20th century; the sheer number and magnitude of his discoveries qualify him as the most accomplished biochemist of all time.<sup>22</sup>

In the 1920s, Dr Warburg carried on the research on respiratory enzymes, certain vitamins and minerals that the body requires for the utilisation of oxygen in the cells, which eventually earned him the Nobel Prize in 1931. (Today, these vitamins and minerals are termed "co-enzymes".) The Nobel Committee clearly expected the medical world to benefit through Otto Warburg's vital discoveries about cancer. Unfortunately, politics intervened and cancer wasn't eradicated.

Despite his early successes and honours, Dr Warburg continued to make major fundamental discoveries throughout his later years as well, capping off an amazingly fruitful 60-year career in research. In addition, Dr Warburg often created new tools for his research. For example, he discovered how to measure the pressure of oxygen in a living cell by developing a special manometer—a very important development that led to his discovery that low oxygen concentration and pressure always presaged the development of cancer.

The importance of Dr Warburg's achievement is that he isolated the functional prime cause of cancer. Rather than working on a theoretical level too far removed from the physiological realities of cancer to be able to provide practical therapies and preventive programs, he described the actual conditions in the cells that set up and cause cancer, and by doing this made it possible for others later to develop functional, practical ways to inhibit the development of cancer.

It is appalling that no significant principle out of his numerous discoveries has been utilised by the US medical research community for cancer prevention, treatment and remission retention. Despite the expression of opinions disputing the direction and validity of Warburg's work, no scientist or researcher has ever *disproved* the validity, correctness or applicability of these important discoveries to the prevention and cure of cancer. Even today, medical consensus often has little to do with science. Politics has squandered the efforts of many cancer researchers.

### The prime cause of cancer

We have become so accustomed to being told that "some day" we might discover what causes cancer and that cancer is the major medical mystery of our modern time, that the following might be hard to believe.

Dr Otto Warburg discovered and clearly stated that the prime, most basic, cause of cancer is *too little oxygen getting into the cell*. "We find by experiment about 35% inhibition of oxygen respiration already suffices to bring about such a transformation during cell growth," he stated at a 1966 conference of Nobel laureates in Lindau, Germany.<sup>28</sup>

That's it! It sounds very simple, doesn't it? Just one-third less oxygen than normal and you contract cancer. Based on meticulous experiments that he and many others verified numerous times, Dr Warburg discovered and stated that the prime, number-one cause of cancer is simply too little oxygen getting into the cell (hypoxia).

It gets worse because once a cell becomes cancerous, it can't return to normal; it must be destroyed (*Science* 1956; 123(3191)).<sup>29</sup>

When I first encountered this information, I didn't believe it. Even now, there is still no one who is more shocked than I am! To my amazement, this cancer-oxygen connection information has been published numerous times in recent cancer journals, e.g., *Radiotherapy and Oncology* 1993; 26(1):45-50 and 1999; 53:113-17.<sup>30</sup> However, the practical solution to solving the oxygen deficiency problem has evaded researchers—probably because they haven't known where to start.

Taking hydrogen peroxide, calcium supplements, fish oil supplements, massive amounts of omega-3, ozone or so-called "oxygenated water" won't solve the cellular oxygen deficiency. No one has been able to advance Dr Warburg's discovery until now.

This lack of understanding explains many of the misunderstood

biochemical activities related to cancer that waste precious time and lead virtually nowhere. Only Dr Warburg's anti-cancer discovery predicts so many never-before-explained *real-life* results.<sup>31</sup>

Dr Warburg's discovery has been verified numerous times both in turning normal cells cancerous and in showing that cancer doesn't develop in highly oxygenated areas. Surprisingly, it was American physicians who conclusively proved it in 1953 and confirmed it in 1955! Goldblatt and Cameron noted (p. 535) (*J. Experimental Medicine* 1953; 97:535-552) that once damage is too great to the cell, then no amount of oxygen will return the cell's respiration back to normal: it is forever doomed to a cancerous life.

This is why prevention is the ultimate solution to never contracting cancer. However, they confirmed it is possible to prevent a "respiration-impacted" precancerous cell from becoming permanently cancerous *if* oxygen deficiency is stopped early enough.<sup>32</sup>

...they confirmed it is possible to prevent a "respiration-impacted" precancerous cell from becoming permanently cancerous *if* oxygen deficiency is stopped early enough.

## Secondary causes of cancer

Virtually every supposed cause of cancer mentioned today in the health and nutritional media is a *secondary* cause. Secondary causes include things such as environment, chemical carcinogens, environmental and medical radiation, *trans*-fats, food additives, the chemicals in tobacco smoke, viruses and even genetic mutations.

There are innumerable secondary causes of cancer, and minimising them and their harmful effects can be helpful in preventing cancer. But endlessly pursuing new secondary causes, like smoking, *without explaining specifically what common effect they have on the cells*, has never led, and will never lead, researchers to a real cancer cure.

Dr Warburg cautioned us again and again about wasting precious time pursuing secondary causes. Make no mistake about this: the thing every secondary cause of cancer has in common with every other one is that it leads, directly or indirectly, to insufficient oxygen in the cells. Therefore, if we directly address the question of how to get sufficient oxygen into the cells, we will have minimised the danger from *every* type of secondary cause.

## Exercise is not the solution to remaining cancer-free

I know what many of you are likely thinking: "I exercise a lot, therefore I am oxygenating my blood. I've got cancer beat!" No. All that exercise didn't stop world champion cyclist Lance Armstrong from contracting cancer. It is true that by exercising you are increasing oxygenation to your blood. However, by doing so, you still haven't guaranteed that this oxygen will be transferred effectively to each cell in each organ in your body.

Dr Warburg made it quite clear that oxygen alone is *not* sufficient: "To be sure, cancer development takes place even in the presence of free oxygen gas in the atmosphere, but this oxygen may not penetrate in sufficient quantity into the growing body cells, or the respiratory apoenzymes of the growing body cells may not be saturated with the active groups."<sup>34</sup>

There are many factors that promote the lack of cellular oxygen, including certain deficiencies we will talk about shortly. Exercise, by itself, is therefore not the solution to remaining cancer free. Many people, including athletes, who exercise regularly still get cancer. Furthermore, a person breathes at least 17,000 times a day (12 breaths a minute). Do you really think that you aren't breathing in enough oxygen with 17,000 breaths a day? You are. The problem lies elsewhere.

## Essential fatty acids and EFA-containing oils

The body *requires* special fats that, among other important functions, make it possible for sufficient oxygen to reach the cells via the cellular membranes, which are the key. These special fats are highly oxygen-absorbing. Called *essential fatty acids*, or EFAs, these special fats must be supplied from outside

the body every day, from foods and certain oils, because your body can't manufacture them on its own. There are two "parent" forms of EFAs that allow your body to make whatever it needs from them, i.e., various types of EFA "derivatives". Parent omega-6 is termed *linoleic acid* (LA), and parent omega-3 is termed *alpha-linolenic acid* (ALA).

For tables of EFA-containing oils, shown with their percentages of parent omega-6 to parent omega-3, as well as of some EFA derivatives, see <http://www.BrianPeskin/Nexus.com>. With all the hoopla about olive oil, I want you to know that it contains mainly omega-9, a non-essential oil that your body itself makes. "Extra virgin" olive oil is traditionally unprocessed and therefore not cancer-causing, but it won't protect you against contracting cancer in the least. Avoid margarine: it won't go bad even when kept out of the fridge. This is the proof of hydrogenated oil's failure to oxygenate. If it

still could oxygenate when eaten, it would turn rancid when left unrefrigerated—just like fish does. Canola and soy oils are *not* recommended; neither was ever meant for human consumption but as food for farm animals or for industrial applications. Many foods, especially salad dressings, now contain canola oil. You should try to avoid it.

The oils must be uncooked, or at the very least only slightly heated, to retain their important nutritional properties. Also bear in mind that some supplement manufacturers' labels fail to separately identify and distinguish the parent EFAs from the EFA derivatives. It may be impossible to tell whether you are getting the parent EFAs or the EFA derivatives. Make certain of what you're getting before you purchase it. Make sure the oils are raw, unprocessed and organic and that they do not contain fish oil or any hydrogenated oils.

## Omega-6 versus omega-3 ratios in the body

We must look at the tissue content of our bodies to determine what oils contain the best anti-cancer EFAs. It is

known from pathology studies that the brain and nervous system have a ratio of one part omega-6 to one part omega-3 (1:1). Some nutritionists suggest that this ratio is best, but they are wrong. Here's why.

Most organs contain a 4:1 omega-6 to omega-3 ratio. However, the brain, nervous system and organs comprise only about 12% of body weight. Skin is 100% parent omega-6 and contains no omega-3;<sup>35</sup> it comprises about 4% of body weight. The muscles comprise at least 50% of total body weight and are the prime factor to account for in determining the required parent omega-6 to omega-3 ratio. A key fact about muscle structure is that muscle contains from 5.5 to 7.5 times more omega-6 than omega-3, depending on the degree of physical condition.<sup>36</sup> We are warned about "overdosing" on omega-6 in our diets and told that we must take lots of oils containing omega-3 to compensate. We are told that we are ingesting upwards of 20 times too much omega-6. This is wrong, and

**The body requires special fats that, among other important functions, make it possible for sufficient oxygen to reach the cells via the cell membranes. These special fats are highly oxygen-absorbing.**



there is much more to the analysis.

Scientifically, you need an organic supplement with a ratio of omega-6 to omega-3 of 1:1 up to 2.5:1. With this powerfully effective ratio, you only require a minimum amount of 3–4 grams on a daily basis. This ratio is significantly different than your physician, health practitioner or writers on popular nutritional publications will likely suggest: they simply don't know and understand the basis of it. Their analysis consists of a significant number of errors, and I hope you will review the paper "The Scientific Calculation of the Optimum Omega 6/3 Ratio" at <http://www.BrianPeskin.com> (click on "EFA Report") so you will understand this as well as the science behind the calculation of the ideal omega-6 to omega-3 ratio.

Today, people automatically think of fish oil or flax oil as the anti-cancer solution. Following these incorrect recommendations is a significant factor in why America's cancer rates continue to skyrocket in spite of millions of people taking these oils. Fish oil, with an overdose of omega-3 series derivatives, can actually be *cancer-causing*—the opposite of what we desire—and flax oil contains far too much parent omega-3.

Most parent omegas do not get converted to derivatives; they remain in the cell membranes and tissues in original parent form. Few scientists understand this and few medical texts explain it.<sup>37</sup> Furthermore, commercial food processing destroys a significant amount of these EFAs, along with their oxygenating ability.

#### EFA-containing foods in the diet

Here's a representative listing of categories of foods containing these essential oils. It is imperative to understand that these foods *must* be

grown organically and, if necessary, processed with low heat and no artificial preservatives—otherwise the EFAs will be ruined, like the *trans*-fat, hydrogenated, cancer-causing oils you've heard about. Compare your diet and these EFA-containing foods. Are you getting enough of them?

**Dairy/eggs/cheese:** "Raw milk" cheeses and organic eggs are excellent sources of EFAs. Pasteurised (heated) milk is deficient in EFAs and is detrimental to infants.

**Meats:** Organically raised and processed chicken, beef (grass-fed is best<sup>38</sup>), lamb, pork, etc. are rich sources of EFAs. Animal-based protein is also important for obtaining anti-cancer vitamins and minerals and for producing strong haemoglobin which enables oxygen transportation.

**Nuts:** Organic, unprocessed raw almonds, walnuts, peanuts, cashews, etc.

**Seafood:** Shrimp (prawns), fish, lobster, crab, clams, oysters, etc. It is important to understand that consuming lots of seafood is *not* the anti-cancer answer. Seafood is overly abundant in both parent and derivative omega-3 EFAs. Fish, especially farmed fish, contains mostly omega-3 derivatives; farmed fish and oil from farmed fish are to be avoided.

**Seeds:** Organic sunflower, sesame, flax, pumpkin, etc.

The following foods do *not* contain usable EFAs for humans:

**Fruits and vegetables:** Animals with multiple stomachs can extract EFAs out of plant-based cellulose like grass, but humans, with only one stomach, cannot. Even if we *could* extract the EFAs, we could never eat the volume required to get enough.

**Grains/cereals:** Humans cannot extract the EFAs from them.

#### The miracle of EFA "oxygen magnets"

Think of these polyunsaturated EFAs as "oxygen magnets". The proof of this fact is buried in the world's leading medical textbooks and medical journals such as *Harper's Illustrated Biochemistry*, 26th edition,<sup>40</sup> and *Human Nutrition Clinical Nutrition*, July 1984.<sup>41</sup>

EFAs are integral to the structure and function of cellular respiration. Without high respiration efficiency, cancer is soon to follow. These EFA oxygen magnets *in the cell membrane* attract the oxygen that's in the bloodstream and transfer it into the cell, just like little oxygen sponges. This process is supposed to be happening in *each* of the body's 100 trillion cells.

So, no matter how much you breathe or exercise, if you don't have the proper functional EFAs at the cellular level then your cells will not absorb enough oxygen from your bloodstream and you will be *that* much more susceptible to cancer. Remember that the cancer "threshold" is a 35% decrease in cellular oxygen.

Without a continuing new supply of these EFAs from food, cellular oxygen transfer is significantly reduced. Imagine what would happen if you had 100 trillion cells that were all deficient in a vital substance they required to be able to absorb oxygen.

Here's an example showing how these essential fats absorb oxygen. At the supermarket, fish goes bad in only a few days because the oil in the fish is *highly oxygen-absorbing*—it reacts rapidly with the oxygen in the air. Fish spoils rapidly because the EFA-containing oil has the capacity to absorb lots of oxygen. This chemical process is called *oxidation*. This is

also true with other types of essential fats. They do their job of absorbing oxygen, but because of it they have a *limited life*. They simply won't work after a short period. EFAs become "spent", i.e., *rancid*. That's why they need to be replaced every day from our food—Nature designed us this way.

There are many ways to add additional oxygen to the bloodstream, such as by exercising, drinking "oxygenated" water or breathing purer air. However, these partial solutions are insufficient for maximum anti-cancer protection. When the EFA deficiency is solved, every organ becomes its own "oxygen magnet", just as Nature intended.

#### Breast cancer and oxygen deficiency

Breast cancer is the number-one cancer plague to women worldwide. The growing incidence of breast cancer can be explained for the first time in light of Dr Warburg's discovery about lack of oxygen to the cells.

The breasts consist of an exceptionally high amount of fatty tissue. A typical cell membrane in muscle tissue is half-fat and contains about one-third EFAs (oxygen transferors). However, fatty tissue like the breast contains areas of 80–95% fat concentration. These fatty components of breast tissue require and should have high EFA concentrations, but because of modern food processing they don't. Because important organs such as the brain, heart, lungs and kidneys require EFAs on a priority basis, there may not be enough left over to ensure that breast tissue receives an adequate amount of EFAs.

**In a study on the intake of parent omega-6 involving over 80,000 nurses, it was shown that the group with the lowest intake of linoleic acid (parent omega-6) exhibited the highest incidence of breast cancer.**

Therefore, oxygen deficiency in the breast tissue will be very significant.

Given this premise, we can deduce that breast tissue should and would be the number-one expected cancer site in women worldwide, and it is. This conclusion makes so much sense in explaining the massive rise in breast cancer rates. Harvard's Dr W. C. Willett gives us the proof. In a study on the intake of parent omega-6 involving over 80,000 nurses, it was shown that the group with the *lowest* intake of linoleic acid (parent omega-6) exhibited the *highest* incidence of breast cancer (*NEJM* 1987; 316(1):22-28).<sup>42</sup>

Has your ob-gyn told you that you need this miraculous anti-cancer nutrient? I doubt it; he or she probably doesn't know.

### Fish oil won't stop heart disease

Surprisingly, it was known back in 1979 that diet influenced EFA composition of the cell membrane; this finding was published in *Cancer Research* (1979; 39:1726-32).<sup>43</sup> In 1990, a masterpiece of research conducted by William E. Lands found that the amount of critical parent omega-6 in the tissues was dependent on diet (*Lipids* 1990; 25(9):505-16).<sup>44</sup>

To gain the best in scientific research, in 2002 I attended the world's 1st Essential Fatty Acids and Human Nutrition and Health International Conference in Shanghai, China.

There I discovered a shocking and unexpected discovery that fish oil lowers immunity. I nearly fell out of my chair! Overdosing on fish oil supplements can significantly decrease the effectiveness of your immune system, increasing your risk of contracting cancer. The International Society for the Study of Fatty Acids and Lipids (ISSFAL) June 2000 Congress in Tsukuba, Japan,<sup>45</sup> had reported this startling fact, as noted earlier.

And don't think that fish oil prevents heart disease. It doesn't. *Cardiovascular Research* (2002; 54:183-190) reported on a study where both the fish oil group and the control group showed close to equal atherosclerotic progression (arteries getting more clogged in spite of taking fish oil supplements). Nor did fish oil stop thickening of the artery. On the contrary, the artery wall got thicker (worsened) with fish oil ingestion! A mere 1.65 grams per day of fish oil supplement was taken—a great enough dose to cause adverse immunity and excessive internal bleeding, too.<sup>46</sup>

These results showing the failure of fish oil were published in 2002. Did this stop "experts" in the nutritional and medical fields and even in our governments from declaring how great fish oil supplements are? No!

Harvard Medical School was involved in a study, published in 1995, titled "Controlled Trial of Fish Oil for Regression of Human Coronary Atherosclerosis" (*Am Coll Cardiol* 1995; 25(7):1492-8).<sup>47</sup>

The daily dose was six grams of fish oil versus six grams of olive oil in the control group. Their conclusion? "Fish oil

treatment for two years *does not promote major favorable changes* in the diameter of atherosclerotic coronary arteries" (author's emphasis). This means that arterial clogging was not decreased with the fish oil supplements.

### Omega-6 derivative AA prevents blood clotting

Dr Warburg understood that slow blood speed allowed cancer to metastasize. Later, other researchers showed that if you can keep a localized cancer from metastasizing, your risk of dying from cancer decreases by an amazing tenfold! Even though you may have cancer, you won't die from it. Blood speed and viscosity have a connection to the spread of cancer. This is a surprising, seldom-mentioned fact that was pointed out by world-renowned molecular biologist Robert Weinberg.<sup>49</sup>

What causes metastasis? Blood clots, and this is known, too.<sup>50</sup> What prevents blood from "sticking together" and is also Nature's natural blood-thinner that prevents blood clots? No, it's

not omega-3, like you are constantly told. Parent omega-6 is *much* more powerful. Arachidonic acid (AA) is a critical omega-6 derivative and major biochemical component which occurs in virtually every cell we have. It is the building block of the most potent anti-aggregatory ("helps blood thinning") agent known, termed *prostacyclin*. AA also inhibits platelet adhesion, making it a natural "blood thinner". AA even helps *solve* vascular problems as a response to injury.<sup>51</sup>

Heart attack victims often have depleted EFA levels, especially the EFA derivatives AA from parent omega-6 and EPA from parent omega-3.<sup>56</sup> We need some parent omega-3 because EPA is one of its important derivatives. The problem is that fish oil supplements overdose us with far too much.

### What's really clogging the arteries

Contrary to what we have heard for decades, it is *not* the saturated fat that clogs the arteries and impedes blood flow: it's the *adulterated* parent omega-6.

A groundbreaking *Lancet* article (1994; 344:1195-96) reported

investigating the components of arterial plaques. Felton *et al.* measured the individual components, and in an aortic artery clog they found over 10 different compounds but *no* saturated fat.<sup>57</sup> There was some cholesterol in the clog. This is explained by the fact that cholesterol acts as a protective healer for arterial cuts and bruises, just like a scab forms over external cuts.

What is the predominant component of a clog? You probably guessed it: the *adulterated* omega-6 polyunsaturated oils—those that start out containing properly functioning EFAs but get ruined during commercial food processing. Many similar analyses of arterial clogs showing the same result have been carried out and published in the medical journals, but it would seem that few physicians have seen them.<sup>58</sup> The average person has little, if any, chance of ever discovering the truth.

**Contrary to what we have heard for decades, it is *not* the saturated fat that clogs the arteries and impedes blood flow: it's the *adulterated* parent omega-6.**

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# THE UGLY TRUTH ABOUT BEAUTY AND HYGIENE PRODUCTS

*While awareness grows about eating organic foods to reduce exposure to toxins, it has some way to go when it comes to cosmetic, personal care and hygiene products whose chemical and often carcinogenic ingredients don't even have to be listed on the labels.*

by Charu Bahri © 2006

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## A deadly cocktail of chemicals

No ordinary soap will do. We cleanse ourselves with a face and body scrub and pat our skin dry. Then we anoint it with revitalising crèmes. A few sprays of deodorant to mask body odour (our natural sweaty odour that follows a hard day's work, it must be said) come next. Perhaps we then apply a dab of perfume or after-shave lotion. For about half of our adult and teenage population—yes, I'm referring to women—an entire regimen of "doing up" one's face follows: sunscreen lotion, foundation, highlights, lipstick, nail polish. The list goes on and on, for we are ignorant consumers of personal care products and cosmetics.

Our ignorance starts where we fail to realise that the recipient of our vanity is our body's largest single organ: our skin. Indeed, our skin is far more than merely a cover for what lies beneath. It is a living sheath that breathes, at least as far as we allow it to. Consequently, when we slather it with crèmes and lotions, its innate ability to breathe, and thus to live, diminishes. The damage is not restricted to our skin feeling smothered. An easily absorbing organ, skin actually sucks in compounds that we apply on its surface. If these compounds contain beneficial ingredients, there will be no ensuing harm. But if these products contain chemicals that are likely to have adverse effects on our skin and other organs of our body, especially a dangerous cumulative effect that results after years of use, our simple hygiene habits translate to a killer lifestyle bringing us closer to disease and death.

So what do commonly used personal care products and cosmetics contain? It may come as a surprise, but these are often a cocktail of chemicals that act as carcinogens (cancer-causing agents), derma irritants (skin irritants), developmental toxins (toxins that especially affect the physical and mental growth of children), endocrine disrupters (substances that stop the production or block the transmission of hormones in the body and thus interfere with development), mutagens (agents that cause DNA mutations leading to either cancers or birth defects), neurotoxins (chemicals that affect our nervous system), reproductive toxins (agents that affect our reproductive system) and sensitisers (chemicals that cause allergic reactions in normal tissue after repeat exposure). Whew!

Find this hard to believe? Before we take a closer look at what the above actually implies for your health, let's consider why these facts are so well suppressed.

The number of consumers of beauty and hygiene products is ever-rising—and no wonder, for vanity is no longer women's sole prerogative. Men, too, have been effectively wooed by cosmetic giants who preach a "look good, feel good" mantra. Across developed nations of the West and rapidly developing, opening markets of countries in the East, ignorance and a false belief that equates development with looking good or glamorous, have a consumer-oriented population tightly in its grip. The result is a rise and rise in the profits of global cosmetic and personal care product corporations. Their success fuels still more aggressive advertising campaigns, influencing many more to fall prey to the need to "look good".

## Why is this happening?

As opposed to asking why this is happening, the question should be why we are *allowing* this to happen. The fact that beauty and hygiene products are still not perceived as directly linked to our well-being (read health) contributes to the problem. We are, albeit slowly, becoming enthusiastic about organic foods and simultaneously cautious about chemical and pesticide remnants in the fruits and veggies we consume, as we know

that we ingest these, but we still view cosmetics and their like as products that we only use externally. Our conscious mind has not absorbed the fact our skin is a living sponge, as prone to the harmful effects of toxins as, say, our digestive system.

It is our lack of awareness and agitation that is spurring the rise of the cosmetics industry. As a result, while activists are effectively continuing their campaign against the tobacco industry, consider that it's been years since cigarette packets were made to carry a warning "Cigarette smoking is injurious to health", but no similar injunction to carry a statutory warning has been made for cosmetic and personal care products.

### Loose standards

Thus, as opposed to the stringent standards that should be developed for cosmetics, the reality is quite the contrary, meaning that the cosmetics industry gets away with a lot. For instance, in the USA, the Food and Drug Administration (FDA) does not require safety testing, either by the manufacturer or by its own staff, of the final beauty product before it hits the market. Thus, both the final product and its ingredients remain suspect. In the agency's own words, "a cosmetic manufacturer may use almost any raw material as a cosmetic ingredient and market the product without an approval from FDA".<sup>1</sup>

So while cosmetic companies would have you believe that they care very much for your skin and conduct rigorous sensitivity and safety trials (on animals, but that brutality makes for another story) prior to launching a product, in truth, as researchers from the National Research Council point out, "of the tens of thousands of commercially important chemicals, only a few have been subjected to extensive toxicity testing, and most have scarcely been tested at all".<sup>2</sup>

The US National Environmental Trust, an industry watchdog, paints a dismal picture as the outcome from the absence of standards and testing. "Because the FDA does no pre-market health testing of chemical ingredients in cosmetics, for industry to claim considerable safe use over many years is to wholly neglect the fact that we have no publicly verifiable way of knowing such a claim is true," says Nick Guroff, the group's California organiser.<sup>3</sup>

### A powerful lobby

However, you may choose to believe the words of the cosmetics industry that has billions of dollars in profits at stake. A huge conglomerate, the industry willy-nilly manages to get its way in countries where ignorance flourishes. In the European Union, toxic cosmetic ingredients were banned thanks to a new bill enacted in 2003 and implemented in September 2004. However, in the USA, the US\$35 billion cosmetics industry is amply applying its resources—which it must be said it does not lack—to fight a similar ban tooth and nail.

California Assemblymember Judy Chu (D-Monterey Park) worked to introduce a bill that would ban the same two types of phthalates as were banned by the EU, and subsequently possibly other chemicals blacklisted by the International Agency for Research on Cancer (IARC) and the US Environmental Protection Agency (EPA). Phthalates are chemicals used in some nail polishes and hair care products and have been proved to cause birth defects and reproductive problems in animals. Judy Chu's Phthalates Ban Bill (AB 908) would have been the first-ever phthalates ban in the United States, but in January 2006 the bill was declared to have "died".<sup>4</sup>

Aside from banning two phthalates, Chu would also have cosmetics manufacturers adhere to a new rule requiring all products to include a list of their ingredients, especially hazardous chemicals. As things currently stand, product labelling is both inadequate and often confusing, such that a layperson is never quite certain what to make of the ingredients listed. In 2004, Chu sought to empower the consumer to make more informed choices about the cosmetics they use via her AB 2012 or Consumer and Personal Care Consumer Product Hazards Bill, which would require disclosure to the State Office of Environmental Health Hazards Assessment of all chemicals in cosmetic products that cause cancer or reproductive harm.<sup>5</sup> However, this bill has also "died".<sup>6</sup>

The cosmetics industry lobby has successfully managed to sway opinion its way by trotting out the excuse that listing their products' ingredients could either infringe on or endanger their trade secrets. So, for now, phthalates are here to stay, unlabelled.

It is pertinent to mention that safety groups quoting the ill-effects of chemicals do not rely on hearsay. As an example, significant research into the health impacts of phthalates has been conducted, such as a study by Dr Shanna Swan, professor of obstetrics and gynaecology at the University of Rochester, linking the chemical to feminisation in boys. A government-funded study, it showed a distinct correlation between prenatal phthalate exposure and a shortened anogenital distance (AGD) in male babies, a finding which in turn implies that these baby boys are more likely to have incomplete testicular descent and smaller penises. Interestingly, these changes occurred at phthalate levels that have been measured in about one quarter of women in the United States.<sup>7</sup>

### How bad is bad?

Shocking news indeed, but what is most important for a consumer to realise is that incidents we hear of are just the tip of the iceberg, so to speak.



Phthalates are just one of the many, many chemicals finding their way into personal care products that we innocently use on a daily basis. The Environmental Working Group, a watchdog organisation, estimates that only 11 per cent of the approximately 10,500 ingredients documented as common ingredients in personal care products have been sufficiently tested for safety.<sup>8</sup>

In this scenario, ignorance is not bliss. Quite the contrary: it can spell doom and have a severe impact on our health and that of our loved ones. Picture a mother bathing her child in a bubble bath. Children love to splash around amid bubbles in a bathtub, so a bubble bath is an ideal way to encourage a bathing habit. But how many mothers are aware of the fact that a bubble bath solution contains DEA, TEA and MEA or, to put it in technical terms, diethanolamine, triethanolamine and monoethanolamine. These three chemicals when combined with nitrites—a reaction that can innocuously occur while a product is stored for sale on a store rack—produce nitrosamines such as NDEA (*N*-nitrosodiethanolamine), which is highly carcinogenic, is especially a threat to the kidneys and liver and is easily absorbed by the skin—and more so, possibly, by the tender skin of children.

They are also known to cause allergic reactions, irritate the eyes and dry out the hair. Many shampoos, body washes and soaps contain this deadly mix of chemicals. As far back as 1980, the FDA reported that about 42 per cent of all cosmetics are contaminated with NDEA, shampoos having the highest concentrations.<sup>9</sup>

However, manufacturers insist that DEA and its derivatives are "safe" to use in products meant for brief use or on a "use and wash off" basis. A study published in the *Journal of the National Cancer Institute*, though, suggests otherwise, indicating that both human and animal studies have shown that NDEA can be quickly absorbed through the skin.<sup>10</sup>

Interestingly, in 1978, the IARC indicated that "[a]lthough no epidemiological data were available, *N*-nitrosodiethanolamine should be regarded, for practical purposes, as if it were carcinogenic to humans".<sup>11</sup> This postulate was reconfirmed nearly 10 years later.<sup>12</sup>

The FDA expressed its concern about the contamination of cosmetics with nitrosamines in a notice published in the *Federal Register* of April 10, 1979 (44 *FR* 21365). It stated that cosmetics containing nitrosamines may be considered adulterated and subject to enforcement action. In surveys of cosmetic products conducted in 1991–92, nitrosodiethanolamine was found in 65% of the samples at levels up to 3 ppm.<sup>13</sup>

In 1994, the American National Toxicology Program presented a similar conclusion in its "Seventh Annual Report on Carcinogens": "There is sufficient evidence for the carcinogenicity of *N*-nitrosodiethanolamine in experimental animals." The report further noted that of more than 44 different species in which NDEA compounds have been tested, all have been susceptible.<sup>14,15</sup>

In its Eleventh Report in 2005, the NTP noted that "*N*-nitrosodiethanolamine is *reasonably anticipated to be a human carcinogen*..."<sup>16</sup>

### Beware of...

The above constitutes just one example, of DEA, TEA and MEA combining with nitrites to form NDEA. In truth, we are flooded by a veritable sea of chemicals, each having its own potency and ability to inflict damage on the human system. The best a person can do in such a scenario is to know which chemical causes what and then steer clear, as far as practicable, of such products.

Now, let's take a brief look at some more ingredients that penetrate our skin with potentially disastrous consequences:<sup>17</sup>

**Formaldehyde:** Imidazolidinyl urea and DMDM hydantoin are formaldehyde-forming preservatives used in skin, body and hair products. These are known to cause allergies, asthma, chest pain, chronic fatigue, depression, dizziness, headaches and joint pain. Formaldehyde, also a preservative and disinfectant, is used in shampoos, nail polish, nail hardeners and hair growth products and is regarded by the IARC as a carcinogen and by the US EPA as a "probable" carcinogen. Its presence is often masked, as it forms part of other more voluminous ingredients. You'd need to look out for ingredients like hydantoins and surfactants such as sodium lauryl sulphate, which may contain formaldehyde, to know if a product contains the substance or not. It would also help to know that the product also goes by the names formalin or MDM.

**Coal tar**, used as a base for hair dyes and in anti-dandruff shampoos, is known to cause life-threatening diseases such as cancer as well as an entire range of common health ailments such as asthma and headaches. Watch out for FD&C or D&C numbers on the product label. Some slow-working hair dyes contain lead, a well-known carcinogen and hormone disruptor that is fairly easily absorbed by the skin and which accumulates in the bones. Xavier University of Louisiana has researched the subject and found that some brands of

hair dyes contain up to 10 times the amount of lead allowed in house paint! Anyone who has used house paint or occupied a freshly painted room knows what health reactions it can trigger: headaches, sneezing and nausea, to name a few. Painters, and to a lesser extent those involved in paint manufacturing, are well known to have a higher risk of developing cancer because of their exposure to lead. In fact, studies are now linking a higher incidence of childhood cancer among children whose parents (father or mother) are exposed to paint.<sup>18,19</sup> Of course, it must also be emphasised that paint contains many other deadly chemicals and a painter's exposure is to the entire gamut, not necessarily only lead in the form of particles containing lead chromate.

**Petrolatum**, a semi-solid hydrocarbon mix that's also known as mineral oil jelly, petroleum jelly, Vaseline, paraffinum or liquidum, has the ability to prevent the body from carrying out its natural processes of eliminating toxins. It can also cause photosensitivity and can strip the skin of its natural oils, the outcome being chapping and dryness, premature ageing, acne and other skin disorders.

**But how many mothers are aware of the fact that a bubble bath solution contains DEA, TEA and MEA or, to put it in technical terms, diethanolamine, triethanolamine and monoethanolamine.**

**Talc**, a better-known ingredient (think talcum powder) found in face and body powders as well as lightly dusted on contraceptive devices such as condoms, is a known carcinogen. Studies have associated it with being a cause of ovarian cancer when used in the genital area, primarily because talc, a magnesium silicate inorganic compound, may act as an irritant to the cells covering the ovaries.<sup>20</sup> Also, in earlier years more so than now, cosmetic talc was often contaminated with asbestos-like trace material, an inorganic agent known to produce tumours. How? Basically, talc is a mineral produced by the mining of talc rocks which are then processed by crushing, drying and milling to eliminate a number of trace minerals.

However, this process does not separate minute fibres which are very similar to asbestos. Hence, talc is closely related to the potent carcinogen asbestos.

Scientists have closely scrutinised talc particles and found dangerous similarities to asbestos. So much so that in 1973, the FDA drafted a resolution that would limit the amount of asbestos-like fibres in cosmetic-grade talc. However, no ruling has ever been made and, today, cosmetic-grade talc remains non-regulated by the Federal government. This inaction ignores a 1993 National Toxicology Program report which found that cosmetic-grade talc, without any asbestos-like fibres, caused tumours in animal subjects. Apparently, irrespective of the presence of asbestos-like fibres, cosmetic-grade talcum powder is a carcinogen.<sup>21</sup> Incidentally, talc can also settle itself in our lungs, causing respiratory disorders and possibly lung cancer.

**Sodium lauryl sulphate (SLS)** is very commonly used in the manufacture of shampoos, hair conditioners, toothpastes and virtually every personal cleansing solution. SLS is a strong, harsh detergent, also commonly used as an engine degreaser! Imagine, then, what it could do to your body. It can cause eye irritation, even permanent damage to the eyes especially in children, skin rashes, hair loss, flaking skin and mouth ulceration. When combined with other ingredients, SLS can also form carcinogenic nitrosamines. It easily penetrates the skin and can settle in the heart, lungs, liver and/or brain.

**Padimate-O**, also known as **octyl dimethyl** and **PABA**, is a common ingredient of sunscreens. Like DEA, it is a nitrosamine-forming agent. There is increasing concern that the energy absorbed by this sunscreen is then turned into free radicals, which may then actually increase the risk of skin cancer. An ironic situation indeed, to use or not to use!

**Alcohol or isopropyl** is a poisonous solvent and denaturant, meaning that it can modify the structure of other chemicals. Used in hair colour rinses, body rubs, hand lotions, after-shave lotions and fragrances, it may cause nausea, vomiting, headaches, flushing and depression. It also dries out the hair and creates cracks in the skin surface which may encourage bacterial growth.

**Fragrances** used in perfumes and many other personal care products are usually petroleum based. These may cause headaches, dizziness, rashes, respiratory problems, vomiting, skin irritation and multiple chemical sensitivity. Sadly, the FDA still does not require perfume manufacturers to warn consumers about the toxic chemicals found in their products.

The fact that cosmetics are manufactured to have a long shelf-life, unlike edibles, contributes to their toxicity and potential to work as carcinogens. Nitrites continue to be formed in these chemical-based compounds (calling them cosmetics after knowing what they truly are is somewhat naive), thanks to the presence of other chemicals such as formaldehyde, paraformaldehyde, thiocyanate, nitrophenols and certain metal salts.<sup>22</sup>

**Studies based on humans and animals indicate that the body rapidly absorbs the chemicals in permanent or semi-permanent dye through the skin, during the time in which the dye remains on the scalp.**

#### **More proof? A case in point...**

The above list is only indicative. It should by no means be considered a conclusive list of toxic chemicals found in cosmetics and personal care products. The idea is to be aware, to realise that our ignorance has allowed cosmetic and personal care product manufacturers to get away with practically anything.

In fact, to re-emphasise the gravity of the scenario, I present supportive scientific research for the link between the use of permanent or semi-permanent hair colours and cancer. Studies based on humans and animals indicate that the body rapidly absorbs the chemicals in permanent or semi-permanent dye through the skin, during the time in which the dye remains on the scalp. Daubing dye on your scalp can then do more harm than you would imagine.

In just 30 minutes of contact of the dye with your scalp (which, again, must be recognised as an extension of your skin), over years of usage you could apparently absorb enough carcinogenic substance to trigger cancer in your later years. As far back as the late 1970s, studies found links

between the use of hair dyes and breast cancers. A 1976 study reported that 87 of 100 breast cancer patients had been long-term dye users.<sup>23</sup>

Subsequently, in 1979, a US-based study found a significant relationship between the frequency and duration of hair dye use and breast cancer, confirming what was earlier believed.<sup>24</sup> Those at greatest risk were 50- to 79-year-olds, suggesting that cancer caused by such exposure takes years to develop. So, women who started dyeing their hair when they were 20 had twice the risk of those who'd started at 40, simply because they had exposed themselves to more toxins.

Another study, published in 1980, found that women who dye their hair to change its colour, as opposed to merely masking greyness, were at a threefold risk, perhaps because of the colours used (more intense) and the time required for successive applications (longer duration means more contact between skin and dye/colour).<sup>25</sup>

Subsequently, a jointly funded American Cancer Society and FDA study admitted a fourfold increase in relatively uncommon



cancers, including non-Hodgkin's lymphoma and multiple myeloma, in hair-dye users.<sup>26</sup>

These studies also ratify the belief that darker shades of permanent and semi-permanent hair dyes, such as black, dark brown or red, intensify the cancer risk.<sup>27</sup>

### We just can't seem to get rid of them...

Evidently cosmetics, supposedly *beauty* products, are not really so beautiful in terms of our well-being. The toxins they package are a major health issue, and not only because of our direct exposure. You could choose to do away with your entire array of cosmetics and you would still be at risk of being contaminated by toxins, albeit at a significantly lower risk—assuming that you live in a relatively clean environment, which not all of us are fortunate to have access to.

The fact is that toxins in cosmetics and personal care products, after use, make their way into our environment. Soapy water, shampoo rinse and so on are all washed down the drain into sewer systems, thereby contaminating waterways and soil and poisoning plants and marine life. Once let loose in the environment, these chemicals make their way back to our homes by way of the food chain, and often their reappearance is in a heightened intensity. Given our increasing collective concern about toxins in food, it is somewhat ironic to find that our penchant for cosmetics may be aggravating our own problem.

Yet there is no reason to feel demoralised by our own heightened awareness. The need of the hour is to be aware and spread awareness until our global society turns to the perpetrators of these toxic products and demands answers and a permanent solution.

### Where to from here?

Using the words "a permanent solution" may sound slightly facile in view of the veritable chemical cocktail that has been and continues to be tried and tested every day for future use on our delicate, living skin. The moot point is: Do we really have a realistic choice when it comes to alternatives? How good (or bad) are the so-called alternatives?

This calls for an extension to our newfound awareness.

Many cosmetic companies have read the writing on the wall, so to speak, and are apparently launching "natural" products. But not all of these are legitimate choices. Some, as they say, are old wine in a new bottle with a new label. There are no standards for what "natural" means. So the only way you can know what you're buying is to read the fine print on the product label.<sup>82</sup>

It comes as no surprise that many so-called "natural" products also contain chemicals. The best you can do, then, is to compile a list of hazardous ingredients, likewise of safer alternatives, and circulate both to your friends and loved ones.

So where do you go from here? Certain public interest groups have launched websites, such as Skin Deep,<sup>28</sup> that function as an interactive personal care product safety guide. Skin Deep's searchable database, for instance, features brand-by-brand safety rankings and in-depth information on over 14,000 shampoos,

lotions, deodorants, sunscreens and other products from almost 1,000 brands. This service was designed by the Environmental Working Group, a Campaign for Safe Cosmetics partner, both for consumers and manufacturers, encouraging both to switch to genuinely safer alternative formulas.<sup>29</sup>

### The last word: naturalism

At the end of the day, you quite literally have to choose which night crème to apply to enhance your beauty. But pay heed, for, as your body seeks to rejuvenate overnight,

the mask on your face may perhaps be seeping below and firmly lodging itself in your body, only to cause future mayhem. Your beauty sleep may perhaps work its miracle more effectively without any added assistance.

The pretty face on beauty products often does not know or care for what she is endorsing. Advertising is a money racket, and the best you can do is to stay clear of its net. Carefully choose products that really use natural ingredients you recognise—or, better still, buy a good book containing do-it-yourself recipes, consider forming a group with your friends and enjoy making (and using) your own shampoos, crèmes, soaps, lotions, etc.<sup>30</sup>

When it comes to your health and the well-being of your loved ones, there is no limit to how far you can go. Walking the extra mile will, in this case, undoubtedly take you that much further from disease and unhappiness.

The fact is that toxins in cosmetics and personal care products, after use, make their way into our environment.

### Endnotes

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# THE CRIMINAL HISTORY OF THE PAPACY

*The papal office has an unparalleled record of corruption and criminality over the centuries, and the true history of the popes is one of scandals, cruelty, debauchery, reigns of terror, warfare and moral depravity.*

*Part 1 of 3*

**by Tony Bushby**

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**M**ost Catholics go through life and never hear a word of reproach for any pope or member of the clergy. Yet the recorded history of the lives of the clerical hierarchy bears no resemblance to its modern-day portrayal, and the true stories of the popes in particular are among the most misrepresented in religious history.

The Catholic historian and Archbishop of New York, John Cardinal Farley (d. c. 1916), subtly admitted that the "old legends of their dissolute lives may be partly true...that they didn't sternly insist upon sexual virtue and injustice was a general licence of the papal court, but it is probable that moral improvement was at the vanguard of their thinking" (*Catholic Encyclopedia*, Pecci ed., 1897, iii, p. 207). The real character of the popes as a rule has been so falsely represented that many people don't know that so many popes were not only decadent but were also the most savage and perfidious of military strategists ever known. Cardinal Farley added this comment:

"The popes were temporal rulers of the civil territory and they naturally had recourse to force the re-establishment or extend the States of the Church until the conclusion of peace was confirmed ... their attempts to purify particularly the Duchy of Rome caused them considerable distress and the need to resort to violence, but always on the side of mercy ... lives were lost in the service of truth but the legal basis for the Christian Church to hold and transmit properties for the benefit of revenues was given to them [the popes] by Emperor Constantine in 312."

(*Catholic Encyclopedia*, Pecci ed., ii, pp. 157–169)

The comments of the cardinal warrant our attention, for within them rests a little-known story of the leaders of the Christian religion and reveals that today's presentation of popes as incorruptible moral oracles is untrue. The hidden history of doctrinal foundations that permitted a papal alliance with conflict and licentiousness, and to what degree decadence among the clergy is "partly true", provides for an extraordinary story—one that has no precedent or parallel in the history of world religions. In the preface to an official papal record commissioned for publication by the Holy See, called *The Popes: A Concise Biographical History*, the Christian reader is tactfully prepared for some upcoming and unpleasant facts about popes with this apologetic admission:

"Some Catholics may find surprises when they read the papal biographies in this book. The part we are accustomed to think of the pope playing in the Church may need a little adjustment."

(*The Popes: A Concise Biographical History*, Eric John, ed., Burns & Oates, Publishers to the Holy See, London, 1964, p. 19, published under the imprimatur of Georgius L. Craven)

This comment provides readers with a note of caution in dealing with papal history, but in this biographical history the Holy See did not think it prudent to publish full details of the true nature of the papal court. Its real history is intermingled with "centuries of trafficking in ecclesiastical appointments, deceit, scandals, immorality, aggression, frauds, murder and cruelty, and the true disposition of the popes is knowingly falsely presented by the Church today" (*A History of the Popes*, Dr Joseph McCabe [1867–1955], C. A. Watts & Co., London, 1939).

For centuries, the Church maintained a comprehensive account of the lives of the popes who, up until the 11th century, called themselves "ecumenical patriarchs", and amazing

excesses are recorded. Official Catholic records provide extraordinary confessions of wickedness in the whole Christian clergy, and the implications surrounding this knowledge begin to assume major new proportions when considered in light of the central Church claim of unquestionable piety in the clerical hierarchy.

The editorial committees of the *Catholic Encyclopedia* claim that their volumes are "the exponent of Catholic truth" (preface), and what is presented in this overview is assembled primarily from those records and *without prejudice*. In the same spirit, we also have available several papal diaries, letters and reports from foreign ambassadors at the Holy See to their governments, monastic documents, senatorial Roman records as well as access to the official and ancient registers of the ecclesiastical courts of London. Also of great help in this investigation was the availability of an original version of Diderot's *Encyclopédie*, a tome that Pope Clement XIII (1758–69) ordered destroyed immediately after its publication in 1759. These documents uniformly report a condition of centuries of extraordinary debasement in the papal hierarchy and, when considered in conjunction with the circumstances of their production, their contents can only be classed as astounding. The pretended holiness and piety of popes as publicly presented today is not represented in the records of history, and that provides proof of the dishonesty of the Church's own portrayal.

Pious Catholic historian and author Bishop Frothingham extended this summary of Christian leaders up to his time:

"Many of the popes were men of the most abandoned lives. Some were magicians (occultists); others were noted for sedition, war, slaughter and profligacy of manners, for avarice and simony. Others were not even members of Christ, but the basest of criminals and enemies of all godliness. Some were children of their father, the Devil; most were men of blood; some were not even priests. Others were heretics. If the pope be a heretic, he is *ipso facto* no pope."

(*The Cradle of Christ*, Bishop Frothingham, 1877; see also *Catholic Encyclopedia*, xii, pp. 700-703, passim, published under the imprimatur of Archbishop Farley)

And heretics they were, with many popes publicly admitting disbelief in the Gospel story, as we shall see. These facts are well known to Catholic historians who dishonestly tell their readers that the popes were virtuous and competent men with "soaring religious minds" (*The Papacy*, George Weidenfeld & Nicolson Ltd, London, 1964). The reality of the matter is that they were intent only upon their own interests, not those of God, and cultivated a system of papal vice more assiduously than Catholic writers of Church history dare to reveal openly. They were resented by the laity and, when better economic conditions awakened the minds of a developing European middle class, there was widespread rebellion against them. Christian records show that popes were clearly a long way removed from the modern-day

presentation of their character, and in trying to portray them with a pious past the Church developed a doctrinal façade that brazenly and deceptively presents them as devout.

With the late-20th-century model of the papacy in one's mind, it is difficult to imagine what it would have been like in the 16th or 14th centuries, let alone the 10th or the eighth. The now-called expounders of "Christian virtue" were brutal killers, and "crimes against the faith were high treason, and as such were punishable with death" (*Catholic Encyclopedia*, Farley ed., xiv, p. 768). Popes waded through rivers of blood to attain their earthly objectives and many personally led their episcopal militia into the field of battle. The Church ordered its "secular arm" to force its dogma upon humanity by "mass murder" (*The Extermination of the Cathars*, Simonde de Sismondi, 1826), and "the clergy, discharging in each district the functions of local state officials, seem never to have quite regained the religious spirit" (*Catholic Encyclopedia*, Farley ed., i, p. 507). Apologetic contributors to Christian history vainly try to portray an air of sophistry about a papal past that scandalised Europe for centuries and one that is clearly unsophisticated and primitive.

As the line of popes begins obscurely, we shall begin our assessment in the year 896 when "a body of nobles with swinish and brutal lusts, many of whom could not write even their own names" (*Annals of Hincmar*, Archbishop of Reims; pub. c. 905), captured the papacy and drew it to a close 631 years later in 1527 when, under the subterfuges of Pope Clement VII (1523–1534), Rome fell to the army of Emperor Charles V.

In this brief evaluation of just a few popes of these centuries, we read:

"On the death of Pope Formosus (896) there began for the papacy a time of the deepest humiliation, such as it has never been experienced before or since. After the successor of Formosus, Boniface VI, had ruled only fifteen days, Stephen VII [VI] was raised to the papal chair. In his blind rage, Stephen not only abused the

memory of Formosus but also treated his body with indignity. Pope Stephen was strangled in prison in the summer of 897, and the six following popes (to 904) owed their elevation to the struggles of the rival political parties. Christophorus, the last of them, was overthrown by Sergius III (904–911)."

(*Catholic Encyclopedia*, ii, p. 147)

Such periods of "deepest humiliation" to the papacy were quite recurrent, and have been even into the 21st century when the extent of priesthood paedophilia was publicly exposed (Apology of Pope John Paul II, March 2002). It was Pope Stephen VII (VI), "a gouty and gluttonous old priest" (Bishop Liutprand of Cremona, c. 922–972), who ordered the rotting corpse of Pope Formosus to be exhumed from its grave of eight months, tied upright in a chair and put on trial for transgressions of the canons. In front of his putrefying body and dressed in purple and gold regalia stood the pope, his bishops, the nobles of Rome and Lamberto of Tuscany.

**The pretended holiness and piety of popes as publicly presented today is not represented in the records of history, and that provides proof of the dishonesty of the Church's own portrayal.**

The "trial" was a grotesque and obscene farce. The pope paced backwards and forwards and shrieked at the corpse, declaring it guilty. A deacon, standing beside the decomposing body of the ex-pope, answered on its behalf. In this macabre incident, today piously called the "Cadaver Synod", the deceased pope was duly condemned, stripped of his vestments, three fingers cut from his right hand and his remains dumped into the River Tiber.

"In this disgusting business, he [Pope Stephen VII (VI)] cannot be excused for what followed. In declaring the dead pope deposed he also annulled all his acts, including his ordinations. His grim and grisly role provoked a violent reaction in Rome, and in late July or early August Pope Stephen was imprisoned and later strangled."

(*The Popes: A Concise Biographical History*, *ibid.*, p. 160)

Morbid in its realism, the mental limitations of ancient popes is thus shown. From these and similar displays, we understand why the monks at the Eulogomenopolis monastery, today called Monte Cassino, described the Asinarian Station (later renamed the Lateran Palace) as "an abode of wrath, a charnel-house...a place of exotic vice and crime".

### The Unholy Reign of the Whores

Bishop Liutprand of Cremona, whose *Antapodosis* treats papal history from 886 to 950, left a remarkable picture of the vice of the popes and their episcopal colleagues, maybe with a little jealousy: "They hunted on horses with gold trappings, had rich banquets with dancing girls when the hunt was over, and retired with these shameless whores to beds with silk sheets and gold-embroidered covers. All the Roman bishops were married, and their wives made silk dresses out of the sacred vestments." Their lovers were the leading noble ladies of the city, and "two voluptuous Imperial women", Theodora and her daughter Marozia, "ruled the papacy of the tenth century" (*Antapodosis*, *ibid.*). Renowned Vatican historian Cardinal Caesar Baronius (1538–1607) called it the "Rule of the Whores", which "really gave place to the even more scandalous rule of the whoremongers" (*Annales Ecclesiastici*, folio iii, Antwerp, 1597). All that Bishop Liutprand reveals in detail about Theodora is that she compelled a handsome young priest to reciprocate her passion for him and had him appointed Archbishop of Ravenna. Later, Theodora summoned her archiepiscopal lover from Ravenna and made him Pope John X (pope 914–928, d. 928).

John X is chiefly remembered as a military commander. He took to the field in person against the Saracens and defeated them. He indulged in nepotism, or the enrichment of his family, and his conduct prepared the way for a deeper degradation of the papacy. He invited the Hungarians, who at this time were still half-civilised Asiatics, to come and fight his enemies and thus he brought a new and terrible plague upon his country. He had no principles in his diplomatic, political or private conduct. He spurned Theodora and enticed the charming young daughter of Hugh of Provence into his papal bedroom. Spurned,

Theodora then married Guido, Marquis of Tuscany, and together they carried out a *coup d'état* against John X. Theodora died suddenly by suspected poisoning, and John X entered into a bitter quarrel with Marozia and the leading nobles of Rome. John had brought his brother Peter to Rome, raised him to the rank of nobility, and heaped upon him the profitable offices which the elder nobles had come to regard as their preserve. It was an internal struggle for power. The nobles, led by Marozia, drove Peter, Pope John and their troops from the city. The pope and his brother increased their army and returned to Rome, but a body of Marozia's men cut their way into the Lateran Palace and murdered Peter before the pope's eyes. John was captured, declared deposed in May 928 and smothered to death with a pillow in the Castel Sant' Angelo.

Marozia and her faction then appointed Leo VI (928) the new pope, but replaced him seven months later with Stephen VIII (VII). He ruled for two years and then Marozia gave the papacy to her son, John XI (c. 910–936; pope 931–35). He was illegitimately fathered by Pope Sergius III, as "confirmed by Flooard, a reliable contemporary writer" (*The Popes: A Concise Biographical History*, *ibid.*, p. 162). Sergius had previously taken the papacy by force with the help of Marozia's mother, Theodora. Both Theodora and Sergius took a leading part in the earlier outrage on the corpse of Formosus, and Sergius was later accused of murdering his two predecessors. The Church defended itself, but in doing so revealed that he wasn't the only pope sexually involved with Marozia:

"It is commonly believed that Pope Sergius, although a middle-aged man, formed a union with the young Marozia and by her had a son, the future Pope John XI. Most of the information we have on the career of Marozia and the Roman scandals in which she and a series of popes were involved is derived from hostile sources and may be exaggerated."

(*The Popes: A Concise Biographical History*, *ibid.*)



This rare painting is reproduced from a 17th-century edition of *Antapodosis*, a 1,000-year-old text written by Bishop Liutprand of Cremona who died c. 972. It purports to show Pope Stephen VII (VI) overseeing the exhumation of Pope Formosus's corpse in readiness for its trial. An interesting aspect of this painting is the pope's headgear, reminiscent of the "crown of horns" worn by the Caesar clan.

With sacerdotal dictatorship, Marozia ruled Christianity for several decades from the papal castle near St Peter's, and dealt with everything Christian except routine matters. She could not sign her own name, yet she was the head of the Christian Church—a fact known to historians who have at least an elementary acquaintance with the papal record. She was amorously aggressive, callous, densely ignorant and completely unscrupulous. She appointed ruthless warrior-bishops to strengthen her factions, and she triumphed in her rule over opponents. To translate the words of the Roman people literally, they called her "the Popes' whore" (plural) and she was directly responsible for selecting and installing at least four popes. Modern-day apologists say her promotions were "scandalous", but those popes are now accepted by the Church as "legitimate" successors of St Peter. At the time, however, large bodies of good folk deeply resented the obscene farce the papal religion had become and turned upon it with disdain and anger.

Later in his papacy, Pope John XI took ill and Marozia temporarily installed an elderly monk in the papal chair. He subsequently refused to resign and was forcibly removed to a prison cell to be starved to death. John XI then resumed his position and exhausted his remaining wealth hiring soldiers to restore order in Rome. The city was heavy with a feeling of revolt against the Church and the appalling clerical morals that existed throughout Italy. John XI then set out to recover and secure the rich temporal domains of the papacy, but in 936 he died. Thus, in this condensed description, we learn with amazement of the days when loose women ruled the Holy See and a Christian doctrine had not yet been developed.

### The Papacy Sold amidst New Depths of Wickedness

As incredible as it may seem, the papacy then sank to a lower depth of wickedness and remained in this condition for nearly a thousand years. Christian historians airily brush aside the true nature of the popes, saying that they never regarded them as "impeccable" and ignoring the fact that they committed outrages against every standard of human decency.

Pope John XII (Octavian, c. 937–964, pope 955–964, *The Popes, A Concise Biographical History*, *ibid.*, pp. 166-7) was another in the succession of impious popes and he opened his inglorious career by invoking pagan gods and goddesses as he flung the dice in gambling sessions. He toasted Satan during a drinking spree and put his notorious mistress/prostitute Marcia in charge of his brothel in the Lateran Palace (*Antapodosis*, *ibid.*). He "liked to have around him a collection of Scarlet Women", said the monk-chronicler Benedict of Soracte, and at his trial for the murder of an opponent his clergy swore on oath that he'd had incestuous relations with his sisters and had raped his nuns (*Annals of Beneventum* in the *Monumenta Germaniae*, v). He and his mistresses got so drunk at a banquet that they accidentally set fire to the building. It would be difficult to imagine a pontiff who was farther removed from saintliness, yet in an age when the

average life of a pope was two years, he held the throne for 10 years. However, his life came to a sudden and violent end when, according to pious chroniclers, he was killed by the Devil while raping a woman in a house in the suburbs. The truth is that the Holy Father was thrashed so severely by the enraged husband of the woman that he died of injuries eight days later. Emperor Otto then demanded that the clergy select a priest of respectable life to succeed John XII, but they could not find one. The new pope, Leo VIII (963–965), was a layman drawn from the "civil service who was put through all clerical orders in one day" (*ibid.*). Leo VIII is reckoned by the modern-day Church to be "a true Pope", but "his election is a puzzle"—one that canonists have not cared to unravel (*ibid.*).

The *Catholic Encyclopedia* gives additional accounts of papal debasement:

"The Popes 'Benedict' from the fourth to the ninth inclusive (IV–IX) belong to the darkest period of papal history... Benedict VI (973) was thrown into prison by the anti-pope Boniface VII (d. 983), and strangled by his orders in 974. Benedict VII was a layman and became pope by force, and drove out Boniface VII. Pope Benedict IX [c. 1012–1055/1065/1085; pope 1032–45, 1047, 1048] had long caused scandal to the Church by his disorderly life. His immediate successor, Pope Gregory VI [1044–46], had persuaded Benedict IX to resign the Chair of Peter, and to do so bestowed valuable possessions on him." (*Catholic Encyclopedia*, i, p. 31)

**...according to pious chroniclers, he was killed by the Devil while raping a woman in a house in the suburbs. The truth is that the Holy Father was thrashed so severely by the enraged husband of the woman that he died of injuries eight days later.**

Anti-pope Boniface VII was described by Gerbert (to become Pope Sylvester II, 999–1003) as "a horrible monster that in criminality surpassed all the rest of mankind", but the "scandal" of Pope Benedict IX deserves special mention. His name was Grottaferrata Teofilatto (Theophylact, in some records) and in 1032 he won the murderous scramble for the wealth of the papacy. He immediately excommunicated leaders who were hostile to him and quickly established a reign of terror. He officially opened the doors of "the

palace of the popes" to homosexuals and turned it into an organised and profitable male brothel (*The Lives of the Popes in the Early Middle Ages*, Horace K. Mann, Kegan Paul, London, 1925). His violent and licentious conduct provoked the Roman people, and in January 1044 the residents of the city elected John of Sabine, under the name of Pope Sylvester III, to replace him. But Sylvester was quickly driven out by Benedict's brothers and fled for his life into the Sabine hills.

Benedict IX then sold the papacy to his godfather, Giovanni Graziano, who assumed the papal chair as Pope Gregory VI, but in 1047 Benedict reappeared and announced he was reclaiming the papacy. The Church added that he was "...immoral...cruel and indifferent to spiritual things. The testimony to his depravity shows his disinterest in religious matters, and his disrespect for an ascetic life was well known. He was the worst pope since John XII" (*The Popes: A Concise Biographical History*, *ibid.*, p. 175). Upon his death, undertakers refused to build him a coffin. He was

surreptitiously buried in a cloth under the cover of darkness. Four succeeding popes then briefly held the papal position, and the following paragraph from the *Catholic Encyclopedia* is pregnant with evidence of the moral depravity of the entire priesthood:

"At the time of Leo IX's election in 1049, according to the testimony of St Bruno, Bishop of Segni, 'the whole Church was in wickedness, holiness had disappeared, justice had perished, and truth had been buried; Simon Magus was lording it over the Church, whose popes and bishops were given to luxury and fornication. The scientific and ascetic training of the popes left much to be desired, the moral standard of many being very low and the practice of celibacy not everywhere observed. Bishops obtained their offices in irregular ways, whose lives and conversations are strangely at variance with their calling, who go through their duties not for Christ but for motives of worldly gain. The members of the clergy were in many places regarded with scorn, and their avaricious ideas, luxury and immorality rapidly gained ground at the centre of clerical life. When ecclesiastical authority grew weak at the fountain head, it necessarily decayed elsewhere. In proportion, as the papal authority lost the respect of many, resentment grew against both the Curia and the papacy.'"

(*Catholic Encyclopedia*, vi, pp. 793-4; xii, pp. 700-03, passim)

Pope Leo IX (b. 1002, d. 1054) was an unscrupulous adventurer who spent his pontificate touring Europe with a quota of armed knights and left the world worse than he found it. The Church called him "Lapsi" (lapsed), coyly admitting that "he defected from the faith...he fell away by actually offering sacrifice to the false gods (*thurificati*)...it is not known why he recanted his religion" (*Catholic Encyclopedia*, Pecci ed., iii, p. 117).

St Peter Damian (1007–72), the fiercest censor of his age, unrolled a frightful picture of decay in clerical morality in the lurid pages of his *Book of Gomorrah*, a curious Christian record that remarkably survived centuries of Church cover-ups and book-burnings. He said: "A natural tendency to murder and brutalise appears with the popes. Nor do they have any inclination to conquer their abominable lust; many are seen to have employed into licentiousness for an occasion to the flesh, and hence, using this liberty of theirs, perpetrating every crime."

After a lifetime of research into the lives of the popes, Lord Acton (1834–1902), English historian and founder-editor of *The Cambridge Modern History*, summarised the militarist papal attitude when he observed:

"The popes were not only murderers in the great style, but they also made murder a legal basis of the Christian Church and a condition of salvation."

(*The Cambridge Modern History*, vol. 1, pp. 673-77)

Maybe they took their example from Jesus Christ who, after being made king, issued this murderous instruction: "Bring my enemies here that did not wish me as king, and kill them in my presence" (Gospel of Luke, 19:27, Mount Sinai Manuscript of the Bible, British Museum, MS 43725, 1934). The Catholic Bible provides a softer approach: "But those, my enemies, which would not that I should reign over them, bring hither, and slay them

before me" (Luke 19:27). Popes today do everything in their power to present Jesus as a harmless religious preacher and a prophet of peace, but carefully refrain from entering into discussion about this Gospel passage, one that nullifies everything that Christianity purports to represent.

### Papal Warships and Rival Imperialist Popes

Around the time of St Peter Damian, we find a reference to the existence of a papal navy crewed by Christian warrior-sailors. It was originally founded in 881 by Pope John VIII (pope 872–882; d. 882), but details of its size or missions do not publicly exist (*Encyclopaedia Britannica*, vol. 6, 1973, p. 572). However, from a later solitary reference to "the Pope's fighting fleet" recorded in 1043 (Diderot's *Encyclopédie*, 1759), it was still operational at that time. This extraordinary record was found in documentation

once belonging to the powerful Roman Crescenti family, who played an important part in papal coups from the middle of the 10th century to the beginning of the 11th century. The Pope's Navy was still operational in the 16th century, some 700 years after its inception, for Pope Gregory XIII (b. 1502; pope 1572–85) commissioned Giorgio Vasari (1511–74) to paint a picture of the fleet while it was moored at the port of Messina in Sicily.

The true significance of records of such a military force nullifies the modern-day presentation of the "sweetness and light" that the Church

today says Christianity brought to the world.

Further apologising for centuries of pandemonium caused by popes, and giving a smear of whitewash to their actions, the Vatican has admitted that at the time of Pope Alexander II (1061–73) "the Church was torn by the schisms of anti-popes, simony and clerical incontinence" (*Catholic Encyclopedia*, i, p. 541). The development of a multiplicity of popes simultaneously operating in conflict with each other is a little-known episode in Christian history and provides clear evidence of the existence of powerful factional opponents scheming to gain solitary control of the Papal States. "The Church was disturbed many times in her history by rival claimants to the papacy...the strife that originated was always an occasion of scandal, sometimes of violence and bloodshed" (*Catholic Dictionary*, Virtue & Co, London, 1954, p. 35). Initially, rival imperialist popes were elected by noble French families to root out Roman ecclesiastical vice, and subsequently new elements appeared in a variety of ways, enduring for 400 years.

In modern times, the Church labelled the anti-popes "devils on the chair of St Peter", claiming that they were unlawfully appointed (*Catholic Dictionary*, *ibid.*). That distinction, however, is purely arbitrary, for each multiple pope was canonically elected at Church conclaves. Here is an extraordinary confession from the Church:

"At various times in the history of the Church, illegal pretenders to the papal chair have arisen and frequently exercised pontifical functions in defiance of the true occupant. According to [Cardinal] Hergenrother (d. 1890), the last anti-pope was Felix V (1439–49). The same authority enumerates twenty-nine in the following order... [naming them]."

(*Catholic Encyclopedia*, i, p. 582)

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"devils on the chair of St Peter",  
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unlawfully appointed.**

Each opposing papal hierarchy was supported by formidable military factions, and the subject of popes warring against each other is a topic too vast even to summarise here. Their struggles for power were conducted with amazing bitterness, and the word "schism" is not strong enough to describe the depth of the fury that raged for centuries within the Christian religion. Catholic historians admit that "even now it is not perhaps absolutely certain from the two lines of popes who was pope and who was anti-pope, or which anti-pope was a legal anti-pope" (*Catholic Encyclopedia*, Pecci ed., iii, 107; also, *Catholic Dictionary*, *ibid.*).

This is luminous clerical reasoning, but there is more to this peculiar side of Holy See history and it is found in a book called *Secrets of the Christian Fathers*, written in 1685 by Roman Bishop Joseph W. Sergerus (d. c. 1701). He provides evidence from Church archives at his disposal that at some periods in papal history there were four popes occupying the papal chair(s), each in a different building, city or country, operating independently with their own cardinals and staff and holding their own canonical councils. He names them, and one example from 12 quadruple sets of popes is that of the self-declared Pope Benedict XIV (1425) who, for years, rivalled popes Benedict XIII (1427), Clement VIII (1429) and Martin V (1431). In more recent times, Church historians have ingeniously referred to the fourth member of the quadruple set as "a counter anti-pope" (*The Popes: A Concise Biographical History*), and stated that "this is not the place [in Church reference books] to discuss the merits or motives of the multiple claimants" (*Catholic Encyclopedia*, Pecci ed., iii, pp. 107-8; *Catholic Dictionary*).

The introduction of the word "anti-pope" was a retrospective move by the Church to eliminate the reality of simultaneously serving popes and thus provide itself with a singular continuous ministerial succession of popes from St Peter to Benedict XVI today. Investigation of the Church's own records, however, reveals that the claim of an unbroken papal continuity is false. Bishop Bartolomeo Platina (1421–81), a Christian historian and the first prefect (1475–81) of the embryonic Vatican Library, admitted that direct lineage "was interrupted by repeated periods after Nicholas I (pope 858–867); an interregnum of eight years, seven months and nine days, etc., etc.". Those breaks are piously called "vacations" and are recorded by Bishop Platina as totalling "127 years, five months and nine days" (*Vitae Pontificum* ["Lives of the Popes"], Bishop Platina, first pub. c. 1479; also *Catholic Encyclopedia*, xii, pp. 767-68). However, Platina failed to record the "vacations" that occurred in the nine centuries or so preceding Nicholas I, for "unfortunately, few of the records (of the Church) prior to the year 1198 have been released" (*Encyclopaedia Biblica*, Adam & Charles Black, London, 1899). Clerical insiders know writings purporting to record the lineage of popes are false, saying:

"As for the pretend catalogues of succeeding bishops of the different assemblies from the days of the apostles, exhibited by some ecclesiastical writers, they are filled up by forgeries and later inventions. Thus diocesan bishops came in, whose offices

are considered as corruptions or dishonest applications, as dictated by the necessities of the Church, or of instances of worldly ambition."

(*The Authentic and Acknowledged Standards of the Church of Rome*, J. Hannah, DD, 1844, p. 414)

However, humanitarian and biblical scholar Desiderius Erasmus (c. 1466–1536) got it right when he frankly stated that "succession is imaginary" (Erasmus, in *Nov. Test. Annotations*, fol. Basle, 1542), simply because its modern-day portrayal is contrary to recorded historical fact.

Around 50 years after the time of Pope Alexander II (d. 1073), an influential and opposing faction elected Lamberto of Bologna as Pope Honorius II (1124–30) and the Church maintained its two rival popes, each bitter and warring opponents both living murderous, debauched and luxurious lifestyles. There is no doubt that Honorius was determined to buy or force his way into the papal chair and he succeeded, preserving his position for the term of his life. Upon his death, two new popes, Anacletus II (1130–38) and Innocent II (1130–43) were elected and consecrated on the same day by opposing clerical factions. Before his election, Pietro Pierleoni (anti-pope Anacletus II) was military leader of a rival army whose family had fought for 50 years (in total) for control of the Holy See—a confrontation subtly called the "Fifty Year War" by the Church today. If we can believe his enemies, he disgraced the papal office by his gross immorality and his greed in the accumulation of lucre. When Pierleoni died in 1138, his faction elected Victor IV to the papal chair (*Catholic Encyclopedia*, i, p. 447). The Church remained in bitter conflict, still under the divided control of two popes, neither possessing a Bible and each operating independently (*Confessions of a French Catholic Priest*, Mathers, New York, 1837).

The extent of papal transgression is expanded by the words of the Church through the Pecci edition (1897) of its *Catholic Encyclopedia*:

"At the time of Gregory VII's elevation to the papacy (1073–85), the Christian world was in a deplorable condition. During the desolating period of transition, the terrible period of warfare and rapine, violence, and corruption in high places, which followed immediately upon the dissolution of the Carolingian Empire, a period when society in Europe seemed doomed to destruction and ruin, the Church had not been able to escape from the general debasement to which it had so signally contributed, if not caused. The tenth century, the saddest perhaps in Christian annals, is characterised by the remark of Cardinal Baronius (Vatican historian, 1538–1607) that 'Christ was asleep in the vessel of the Church!'"

(*Catholic Encyclopedia*, Pecci ed., ii, pp. 289, 294, *passim*; also vi, pp. 791-95)

Another peculiar event from the annals of Christianity takes us into the 12th century and this piece of evidence makes us wonder

**Investigation of the Church's own records, however, reveals that the claim of an unbroken papal continuity is false.**



just what was going through the minds of the popes. After an intriguing conclave lasting 10 weeks, Gherardo Caccianemici was elected pope in 1144 and adopted the name of Lucius II. Modern Catholic historians look upon him as "a pillar of the Roman Church" (*The Popes: A Concise Biographical History*, *ibid.*, p. 215), but the truth of the matter is much different. The Italians saw with dismay the new papal policy in which Pope Lucius II ordered a crusade against his own flock in Rome. Eleven months later, he personally led papal troops into battle and stormed the city. However, the residents, led by Giordano (Jordan) Pierleoni, rose up against him and the pope's army was defeated with great loss of life. Badly wounded in the battle, Lucius II died of injuries on 15 February 1145 (*The Pope Encyclopedia: An A to Z of the Holy See*, Matthew Bunson, Crown, New York, 1995).

### The Inquisition and the Crusade against the Cathars

The "glorious 12th century", which for some reason the faithful exalt proudly above all others of the Dark Ages of Faith, was ushered in with the horrific Inquisition and the 35-year crusade against the Cathars (sometimes called the Albigenses). "By this term [Inquisition] is usually meant a special ecclesiastical institution for combating or suppressing heresy" (*Catholic Encyclopedia*, viii, p. 26)—"heresy" simply meaning "holding a different opinion". Its introduction was the only time in Christian history when the Church was united in purpose and spoke with one voice. The Inquisition became a permanent office of Christianity and, to justify the tribunal's principles, the popes introduced a potent instrument in the form of an additional series of fictitious documents called the "Forged Decretals of Gratian". The assembled forgeries are some of the greatest impostures known to mankind, the most successful and most stubborn in their hold upon unenlightened nations.

The darker features of this period are not in dispute among authoritative historians, and here, if ever, we must proceed with severe discrimination. In this period of Christian history, hundreds of thousands of people were butchered by the Church and the fairest half of France was laid desolate. In 1182, Pope Lucius III (1181–85; d. 1185) gained control of the official apparatus of the Church, and in 1184 declared the Cathars heretics and authorised a crusade against them. A crusade is a war instigated by the Church for alleged

religious ends, and was authorised by a papal bull.

Eighty-six years earlier, in 1096, Pope Urban II (1042–99; pope 1088–99) sanctioned the first of eight Church crusades that extended in time to a total of 19, and they continued unabated for 475 years (1096–1571). Heresy, said the Church, was a blow in the face of God and it was the duty of every Christian to kill heretics. Earlier still, Pope Gregory VII (1020–85; pope 1073–85) officially declared that "[t]he killing of heretics is not murder" and decreed it legal for the Church and its militants to kill non-believers in Christian dogma. Up until the 19th century, popes compelled Christian monarchs to make heresy a crime punishable by death under their civil codes, but it was not heresy

that instigated the crusade against the Cathars: its purpose was to "yield the papacy additional land and revenues, and the popes engaged in brutalities, threats and all kinds of stratagems to attain their ends" (*The Story of Religious Controversy*, Dr Joseph McCabe, 1929, p. 40).

The Cathars, a peaceable and pious body of people, were now singled out by the Christian hierarchy for total destruction. We find it hard today to realise the commotion raised by Christianity and the ardour of the popes' bitter campaigns against the Cathars, and later against the progeny of Frederick II and then the Knights Templar.

Pope Celestine III (1106–98; pope 1191–98) supported the earlier decision of Pope Lucius III to annihilate every Cathar from the face of the Earth. To do this, now early in the 13th century, Pope Innocent III (Lotario di Segni, 1161–1216; pope 1198–1216), "one of the greatest popes of the Middle Ages" (*Catholic Encyclopedia*, viii, p. 13), ordered Dominic de Guzmán (1170–1223) to develop a troop of merciless followers called "the Catholic army" (*Catholic Encyclopedia*, v, p. 107), and an initial force of 200,000 foot troops was established with assistance from 20,000 mail-clad, horse-mounted knights. The general populace labelled them the "Throat-cutters" but Dominic deemed them the "Militia of Jesus Christ" (*ibid.*),

and he later increased the army by an additional 100,000 troops. The Catholic writer Bishop Delany (d. c. 1227) said that the Church's fighting force developed into 500,000 troops against a body of ordinary, unarmed folk who saw that, in practice, the papal system of religion was frivolous and false.

The crusade against the Cathars began on 22 July 1209, and it was a ruthless demonstration of the Church Militant. Arnaud Amaury (d. 1225), the Abbé of Cîteaux, commanded troops



This mosaic of Pope Innocent III, showing him around the time he became pope at the age of thirty-seven (c. 1198), is from the old basilica of St Peter. Innocent III ruled "one of the most shameful episodes in Christian history" (*The Papacy*, *ibid.*, p. 67). Because of his vehemence in dealing with "the menace of heresy" (*Catholic Encyclopedia*, viii, p. 16), his name in later times became a synonym for cruelty (*Diderot's Encyclopédie*).

bearing a banner with a green cross and a sword, and members of the French nobility, including the Duke of Burgundy and the Count of Nevers, accompanied him. The truth of the matter is that when the army was activated, it was directed and manipulated unequivocally under the control of the Church of Christ. With the instructions of Abbé Amaury, the Church undertook one of the most gruesome massacres of human beings in world history.

What followed was horrific. The crusade started at Béziers, and some chroniclers say that all inhabitants of the city were massacred within one week. Some put the number of the dead at 40,000 men, women and children. It is said that during the first few days, 6,000 or 7,000 people were systematically taken to the Church of St Magdalene and individually slaughtered. It is a great pity that we have no reliable records of the population of Béziers. One can only point out that it was one of the great cities of the prosperous and, for those days, highly populated Languedoc. What stands out with certainty about the massacre on 22 July 1209 is its appalling extent and its indiscriminate nature. But there was worse to come.

It is remarkable that, until recent times, there has been little comment on the extent of the Church's horrors against the Cathars. With the increasing interest in Catharism in the last few decades, there have been attempts on the part of Catholics to seriously minimise the extent of this outrage and conveniently downgrade the magnitude of the carnage to irrelevancy. Such efforts to suppress the truth of Christian history, while not wholly successful, seem to have strengthened the faith of those who wish to believe. The way in which Catholic writers now make light of this appalling papal outrage is shameful. The fact that popes carried out these murders in the name of Christ is especially unfortunate for Christians. If we accept the Church's excuse that the crusaders were men in a mood of deep religious sentiment who set out to repress a body of people who did not believe the Christianity formally professed, then we are accepting an untruth. What is beyond doubt is that when the Catholic army was mobilised, it was the most appalling killing machine Europe had ever seen.

The consequence of the sack of Béziers was stunning and was something analogous to the effects of the atomic bombing of Hiroshima in the Second World War. It was a horror of a magnitude exceeding anything in the memory of the people of the Midi. That popes could authorise such human tragedies to occur in a purportedly enlightened age is grim proof of the sightlessness that can be engendered by "blind faith".

After Béziers, Church troops marched triumphantly to Carcassonne, the greatest fortress of the day. It could justifiably have been regarded as a prize which could only fall after months or years of siege, but it succumbed in less than a month after the sack of Béziers (*The Great Heresy*, Dr Arthur Guirdham, Neville Spearman, Jersey, 1977). Europeans shuddered when they heard that another 5,000 people were slaughtered at Marmande on 26 September 1209, and Guillaume de Tudèle records a dreadful description of men, women and children being hacked to pieces by the Militia of Jesus Christ. That the supposed preaching of Christ ever came to be the basis of such exuberant aggressiveness against human beings is a matter for reflection. The records and literature of the Cathars were as ruthlessly destroyed by the

Church as were the living exponents of the faith, and this evidence is provided in the *Catholic Encyclopedia* (iii, pp. 435-37) under a sterilised entry headed "Cathars".

Unable to achieve constant, crushing victories in battle because of the Cathars' fortifications, the popes embarked upon an official policy of systematic devastation of their farms, buildings, vineyards, wheat fields and orchards. The devastation caused by the Catholic army was immense and the loss to civilisation is difficult to comprehend. Historians estimate that more than 500 towns and villages disappeared from the map as a result of its depredation. After three and a half decades of brutality and ruthlessness, the disdain of Europe deepened when the final battle against the Cathars took place at their castle stronghold, Montségur, in 1244.

In later times, the Church naively confessed that the motive for its unprecedented butchery and devastation of the Cathars was "their wealth...and their contempt for the Catholic clergy, caused by their ignorance and the worldly and the too-frequently-scandalous lives of the latter" (*Catholic Encyclopedia*, i, p. 268).

"The Inquisition," said Bishop Bruno of Segni, a 16th-century Catholic writer, "was invented to rob the rich of their possessions. The pope and his priests were intoxicated with sensuality; they

despised God because their religion had been drowned in a deluge of wealth" (*A History of the Popes*, McCabe, *ibid.*). Around the same time we have the complaint of the papal legate Elmeric, who said that the popes were relaxing their zeal to persecute because there were "no more rich heretics".

Is there a parallel to these motivations in the history of religion? We are thought to be offensive if we refuse to speak devoutly of a divinely guided "Holy Roman Church". Christian writers, with a habitual

indifference to the truth, would have us forget these facts and accept their artifice that the "Holy Fathers" were men of pious integrity. But the worst was yet to come.

Continued next issue...

#### Author's Note:

Some of the dates for the popes and events in papal history are estimates; even the Church admits as much. The dates were further complicated by the changes made to the Julian calendar by Pope Gregory XIII (pope 1572-85) in 1582.

#### About the Author:

Tony Bushby, an Australian, became a businessman and entrepreneur early in his adult life. He established a magazine-publishing business and spent 20 years researching, writing and publishing his own magazines, primarily for the Australian and New Zealand markets.

With strong spiritual beliefs and an interest in metaphysical subjects, Tony has developed long relationships with many associations and societies throughout the world that have assisted his research by making their archives available. He is the author of *The Bible Fraud* (2001; reviewed in NEXUS 8/06 with extracts in NEXUS 9/01-03), *The Secret in the Bible* (2003; reviewed in 11/02, with extract, "Ancient Cities under the Sands of Giza", in 11/03) and *The Crucifixion of Truth* (2005; reviewed in 12/02). Copies of these books are available from NEXUS offices and the Joshua Books website <http://www.joshuabooks.com>.

As Tony Bushby vigorously protects his privacy, any correspondence should be sent to him care of NEXUS Magazine, PO Box 30, Mapleton Qld 4560, Australia, fax +61 (7) 5442 9381.

**It is remarkable that, until recent times, there has been little comment on the extent of the Church's horrors against the Cathars.**





# APOCALYPSE CANCELLED

## THE GLOBAL WARMING DEBATE

*Scientists argue that the "hockey stick" graph used by the UN to demonstrate recent trends in global warming is based on a false algorithm, and leads to wrong conclusions being drawn.*

by **Christopher Monckton**  
(The Viscount Monckton  
of Brenchley)  
© 5 November 2006

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In the *Sunday Telegraph* articles for 5 and 12 November 2006, I have done my best to steer between the strongly held opinions and propaganda statements of climate change true-believers and contrarians alike. Climate change is an inescapably political issue. I have spent several months reading the leading scientific papers and assessing the arguments put forward, often with passionate conviction, by the protagonists on both sides.

The official case depends crucially on a series of assumptions whose truth has not been demonstrated, some of which are not easily testable. In particular, the temperature effect at the surface of the incompletely saturated peripheral absorption bands of CO<sub>2</sub> at the tropopause cannot be confidently estimated. Air and sea temperatures have failed to rise anything like as much as "global warming" theory predicts. Explanations for the shortfall of observed out-turn against theoretical projection are mutually inconsistent and scientifically dubious. I conclude that, on the balance of probabilities, the contrarians are significantly closer to the truth than the United Nations (UN) and its supporters.

— Monckton of Brenchley

### Is there a scientific consensus about global warming?

All climate scientists accept that there are more greenhouse gases in the air than there were, and that in consequence the world will warm somewhat. There is no consensus on the central question of how much warming there will be. The main area of dispute is about the magnitude of the temperature effect of carbon dioxide. Arrhenius (1896) was the first to calculate the effect of doubling atmospheric carbon dioxide, concluding that global temperature would rise by 8° C.

In the 1970s, experiments showed that at the Earth's surface the principal absorption bands of atmospheric CO<sub>2</sub> were saturated, and it was thought that a doubling of CO<sub>2</sub> might raise temperature by as little as 0.5° C. However, subsequent experiments indicated that in the much thinner air and much lower temperature at the tropopause—the top of the main atmospheric layer, around 5–11 miles up—the secondary absorption bands of CO<sub>2</sub> were not fully saturated. Some of the outgoing, long-wave radiation from the Earth's surface would be intercepted at the tropopause and scattered back into the troposphere. The UN's 1990 and 1996 Assessment Reports suggested that additional warming of 4.4 watts per square metre per second would occur. The 2001 report cut this figure to 3.7 watts. However, it is not clear how much of this additional energy reaches the surface. A submission to the UN by Dr Hugh Ellsaesser suggested that only 1.5 watts would reach the surface. See also De Laat et al. (2004) and Etheridge et al. (1996) for a discussion of man's contribution to the greenhouse effect. Leading climate scientists who strongly disagree with the view that additional carbon dioxide in the air will have the large effect on the climate suggested by the UN include Professor Richard Lindzen of the Massachusetts Institute of Technology, who recently received a £10,000 prize for courage in opposing conventional thinking. Some 41 scientists recently wrote to the *Telegraph* to say they were not part of, and were not convinced by, the "global warming" consensus.

**Contrarians and the fossil fuel lobby:** The Royal Society, in a current pamphlet entitled "A guide to facts and fictions about climate change", says: "There are some individuals and organisations, some of which are funded by the US oil industry, that seek to undermine the science of climate change and the work of the [UN] Intergovernmental Panel on Climate Change."

Environmentalists say that Exxon Mobil, in particular, has provided funding to organisations that disagree with the "consensus" view on climate change. See, for example, <http://www.exxonsecrets.org>.

On the other hand, the Royal Society is subsidised by the UK government, and most scientists worldwide are State-funded. It has been said that the fundamental equation of State-subsidised science is "No Problem Equals No Funding". The *Sunday Telegraph* article intentionally avoids point-scoring of this kind, on either side of the debate, and is directed not *ad hominem* but *ad rem*. As for UK funding of the UN's technical panel on climate change, the UN's documents occasionally acknowledge the British government's funding.

### Did rising carbon dioxide end the ice ages?

The double graph, reproduced below, lists CO<sub>2</sub> concentration above temperature; but, if the two graphs were superimposed at sufficient scale, as is customary when comparing such similar curves, changes in temperature would be seen to *precede* changes in CO<sub>2</sub> concentration by 400 to 4,000 years. Petit et al. (1999) state that during each of the last four interglacial periods, the Earth was warmer than the current warm period.

### Was there a mediaeval warm period?

Were mediaeval temperatures at least as high as today's? This question is central to answering the question of whether "global warming" is or will become dangerous to the planet.

Until the UN's 2001 report, the existence of a warm period of about 500 years between c. AD 950 and c. 1450 had not been controversial. The mediaeval warm period formed part of a natural cycle of climatic variations that had been apparent since the end of the last ice age ~12,000 years ago.

According to Villalba (1990, 1994), as well as Soon and Baliunas (2003), the mediaeval warm period was warmer than the current warm period by up to 3° C. From c. 1000, ships were recorded as having sailed in parts of the Arctic where there is a

permanent ice-pack now (Thompson et al. 2000; Briffa 2000; Lamb 1972a, b; Villalba 1990, 1994).

In 1421, a Chinese Imperial Navy squadron sailed right round the Arctic and found no ice anywhere. It is possible that at that time there was less of an icecap at the North Pole than there is now, particularly in summer. Yet the polar bears survived. Though there has been much discussion of the supposed threat posed by the warmer Arctic, the polar bears are thriving in the current warm period. Eleven of the 13 principal known families are prospering as never before.

**Greenland in the Middle Ages:** Erik the Red had named Greenland "Greenland" to encourage Danish settlers, because in his time south-western Greenland was indeed green. It was ice free, and was extensively cultivated until c. 1425, when the farms were suddenly overrun by permafrost.

The Viking agricultural settlements remain under permafrost to this day—a powerful indication that the Middle Ages were warmer than the present, and that there is little cause for alarm at the current melting of Greenland glaciers because they are very likely to have melted to more than their present extent during the mediaeval warm period.

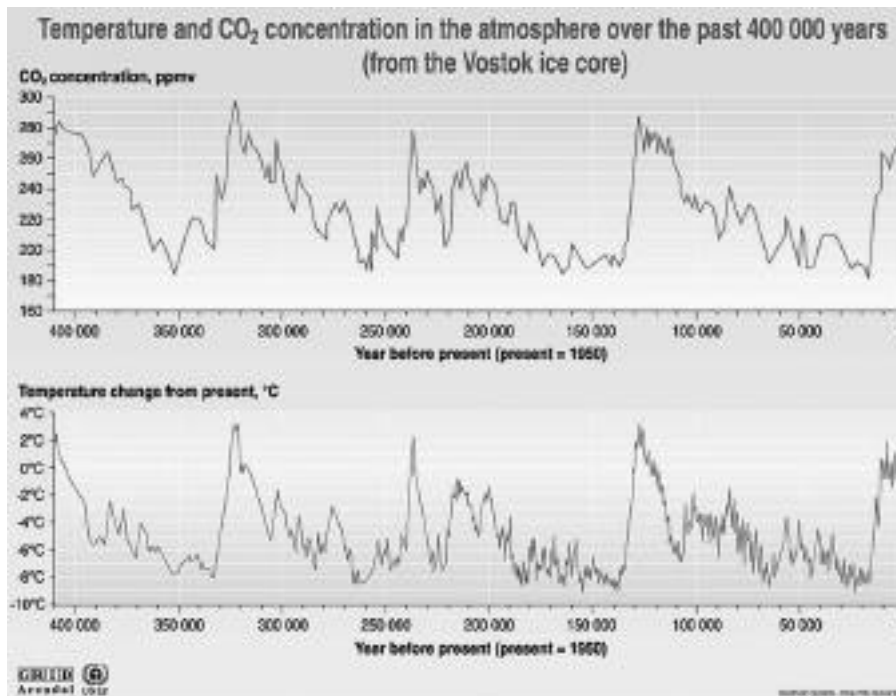
**The "little ice age":** The mediaeval warm period was followed by a 300-year "little ice age" until c. 1750. At the beginning of this period, mean temperatures dropped by 1.5° C in 100 years. The coldest period was c. 1550 to 1700 (Jones et al. 1998; Villalba 1990, 1994). Frost fairs were held on the frozen River Thames in London.

Not only is the mediaeval warm period not shown on the UN's graph of temperature over the past 1,000 years, the little ice age is also absent. From c. 1750, temperatures rose and held steady until the late Victorian era. These temperature fluctuations were not caused by humankind's activities. The UN's 1996 report included a graph illustrating them. By the time of the 2001 report, the UN had eradicated the mediaeval warm period.

### The "hockey stick" graph controversy

The UN's 2001 graph, variously known as the "hockey stick" or "foxtail" or "J-curve", first appeared in *Nature* (Mann et al. 1998) and then, the following year, in *Geophysical Research Letters* (Mann et al. 1999). After its appearance in the UN's 2001 report, McIntyre et al. (2003, 2005) demonstrated that the erasure of the mediaeval warm period in the 2001 graph had been caused by inappropriate data selection and incorrect use of statistical methods.

The first mistake made by Mann et al., and copied by the UN in 2001, lay in the choice of proxy data. The UN's 1996 report had recommended against reliance upon bristlecone pines as proxies for reconstructing temperature, because 20th-century carbon dioxide fertilisation accelerated annual growth and caused a false appearance of exceptional recent warming. Notwithstanding the warning against reliance upon bristlecones in the UN's 1996 report, Mann et al. had relied chiefly upon a series of bristlecone-pine datasets for their reconstruction of mediaeval temperatures. Worse, their



Temperature and CO<sub>2</sub> concentration in the atmosphere over the past 400,000 years (Vostok ice core).

For more detail, refer to [http://maps.grida.no/go/download/mode/plain/f/26\\_large.jpg](http://maps.grida.no/go/download/mode/plain/f/26_large.jpg).

statistical model had given the bristlecone-pine datasets 390 times more prominence than the other datasets they had used.

To McIntyre et al., it appeared possible that Mann et al. had given the tainted bristlecone data series such exceptional prominence, effectively swamping all influence from the other datasets in their calculations, because the bristlecone-pine dataset produced the pronounced 20th-century uptick (and a corresponding suppression of evidence for mediaeval high temperatures), which would apparently eradicate the mediaeval warm period. To test this possibility, McIntyre et al. ran the algorithm of Mann et al. 10,000 times, having replaced all palaeoclimatological data with randomly generated, electronic "red noise". They found that—even with this entirely random data, altogether unconnected with the temperature record—the model nearly always constructed a "hockey stick" curve similar to that in the UN's 2001 report.

McIntyre and McKittrick (2003, 2005) also tested the algorithm of Mann et al. (1998; UN 2001) without the bristlecone-pine data, whereupon the mediaeval warm period reappeared. They also found that Mann et al. had excluded from their calculations a single dataset covering the later mediaeval warm period, which had been stored in a computer file marked "CENSORED\_DATA". McKittrick ran the Mann et al. model including the missing dataset, and again found that the mediaeval warm period reappeared.

Several eminent scientists have commented on the work of McIntyre and McKittrick. For instance, Richard Muller (2004), a physicist at Berkeley, said of the two Canadian scientists' work:

"That discovery hit me like a bombshell, and I suspect it is having the same effect on many others. Suddenly the hockey stick, the poster-child of the global warming community, turns out to be an artifact of poor mathematics."

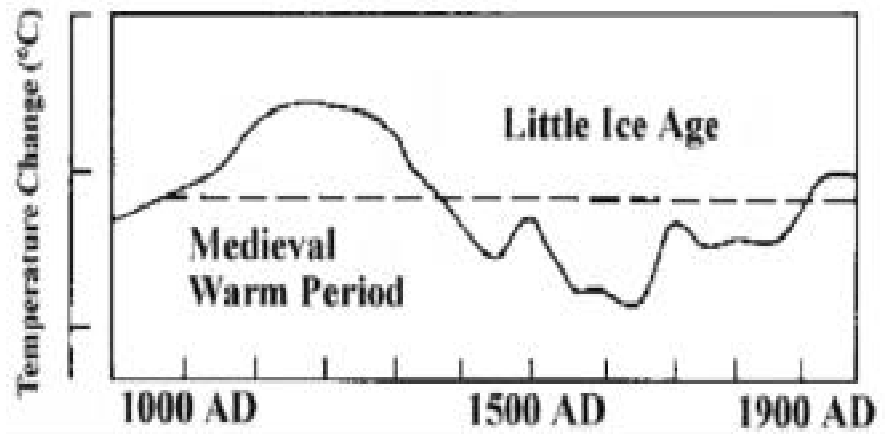
Dr Rob van Dorland (2005), of the Dutch National Meteorological Agency, said:

"It is strange that the climate reconstruction of Mann passed both peer review rounds of the IPCC without anyone ever really having checked it."

In February 2005, the German television channel Das Erste interviewed Ulrich Cubasch, a climatologist, who said that he had been unable to reproduce the Mann et al. "hockey stick" graph, whereupon he:

"...discussed the objections with his colleagues, and sought to work them through... Bit by bit, it became as clear to his colleagues as it had to him: the two Canadians were right. Between 1400 and 1600, the temperature shift was considerably higher than, for example, in the previous century. With that, the core conclusion, and also that of the entire IPCC 2001 Report, was completely undermined."

Dr Hendrik Tennekes, retired director of research at the Royal Meteorological Institute of The Netherlands, wrote to Dr McIntyre in 2005 to say:



Temperature history from the United Nations 1996 report, showing the mediaeval warm period.

"The IPCC review process is fatally flawed... The scientific basis for the Kyoto Protocol is grossly inadequate."

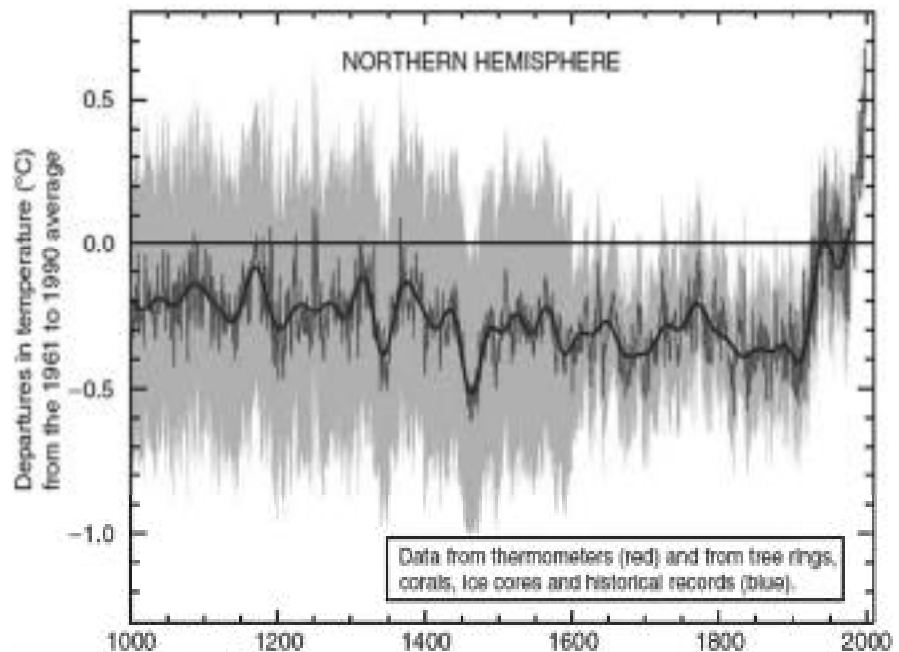
However, the fact that the central graph of the UN's 2001 report was defective has not had anything like as much attention from the media as the stories of impending disaster which politicians—and the UN itself—have derived from it.

The preface to the UN's 2001 report says the intention of its Climate Change Panel is to provide objective information as a basis for decisions by policymakers. The introduction adds:

"Since the release of the Second Assessment Report, additional data from new studies of current and palaeoclimates, improved analysis of data sets, more rigorous evaluation of their quality, and comparisons among data from different sources have led to greater understanding of climate change."

Despite "rigorous evaluation" by the UN, involving not one but two rounds of detailed scrutiny by peer review, the errors in the key temperature reconstruction graph were not detected—or, if they were detected, they were not corrected.

This defective graph is the only figure which was featured as many as six times in the UN's 2001 report, appearing with great



"Hockey stick" from UN 2001 report. The mediaeval warm period is absent.

prominence and in full colour on each occasion. The centrality of its importance to the case for alarm may be judged not only from the frequency and prominence of its appearance in the UN's 2001 report but also from the following conclusion, which appears in the Summary for Policymakers:

"New analyses of proxy data for the Northern Hemisphere indicate that the increase in temperature in the 20th century is likely to have been the largest of any century during the past 1,000 years. It is also likely that, in the Northern Hemisphere, the 1990s was the warmest decade and 1998 the warmest year (Figure 1b). Because less data are available, less is known about annual averages prior to 1,000 years before present and for conditions prevailing in most of the Southern Hemisphere prior to 1861."

The UN relied not only upon the flawed Mann et al. reconstruction but also upon a series of similar papers contributed to scientific journals, which seemed to support the abolition of the mediaeval warm period, as a report by the House of Lords Economic Affairs Committee (Lords 2005) pointed out.

However, an independent report by statisticians (US Senate 2005), perhaps the most devastating scientific criticism yet levelled at the UN on climate change, concluded not only that the UN's 2001 temperature reconstruction had used inappropriate statistical methods and data but also that many of the supporting scientific papers, both before and after the 2001 report, had been written by a small and closely connected group of palaeoclimatologists who effectively dominated their field worldwide and were all intimately linked to the principal author of the UN's 2001 graph.

It was not until prolonged pressure had been exerted upon the editors of *Nature* that a (less than complete) corrigendum was published (Mann et al. 2004).

Not only *Nature* but also other leading peer-reviewed scientific journals had refused to publish the first paper by McIntyre et al. (2003) exposing the flawed graph. Eventually, *Geophysical Research Letters* (McIntyre & McKittrick 2005) had the courage to break ranks and publish the truth.

The US National Academy of Sciences has since issued a statement that the "hockey stick" graph is defective. Significantly, however, the UN has issued no statement of apology or correction. It continues to use the "hockey stick" in its publications.

The Government of Canada circulated a copy of the graph to every household in the nation, together with the alarmist conclusion drawn by the United Nations. The Canadian Government did not subsequently circulate any correction.

Using comparisons among data from different sources, it is possible to answer the questions of whether there was a mediaeval warm period, whether it was global and whether it was warmer than the current warm period. The US Senate (2005) produced the following graph summarising the findings of several recent palaeoclimatological studies.

It is not likely that temperatures sufficiently high to keep southwest Greenland sufficiently free of ice to permit widespread cultivation, and to remove much or all of the north polar icecap

during the summer months, were a purely regional phenomenon.

Soon and Baliunas (2003) reviewed more than 200 proxy studies and concluded that the 20th century is probably not the warmest or a uniquely extreme climatic period of the last millennium. Their paper was heavily criticised by "consensus" scientists on the ground that the data in several of the studies were not temperature data. Four of the editors of the journal that published the paper resigned in protest at the failure of the peer-review process to prevent publication. Their reaction is in strong contrast with that of the editors of *Nature*, none of whom resigned once they knew that the "hockey stick" graph which they had published was defective, and of the UN, which failed to publish any correction after the six-times-repeated graph was confirmed

to have been defective, and, as noted above, continues to use the defective graph in its publications.

To resolve the controversy, it is insufficient merely to rely upon the fact that the UN's graph was not fit for its purpose. It will be necessary to give an account of several of the independent proxy temperature studies published in recent years. The award-winning, contrarian website of the energetic Idso family of scientists, at <http://www.co2science.org>, provides clear and fair summary of papers relevant to the climate change debate. Their Mediaeval Warm Period database is relevant here.

To balance the considerable northern hemisphere evidence for the mediaeval warm period, some of which has already been discussed, here are a dozen studies from the southern hemisphere... [See full report. Ed.]

I conclude that today's temperatures are not exceptional, and that the mediaeval warm period was at least as warm as the present and probably up to 3° C warmer. However, its timing and extent varied somewhat from place to

place, as is to be expected given the mathematically chaotic nature of climate.

#### **Editor's Note:**

The full text of Christopher Monckton's research report, including discussion, calculations and references, is available at <http://www.telegraph.co.uk/news/graphics/2006/11/05/warm-refs.pdf>. Articles summarising his research were published in the London *Sunday Telegraph* on 5 and 12 November 2006 and are available at <http://www.telegraph.co.uk>.

For additional information, refer to Dr David E. Wojcik's article "The UN IPCC's Artful Bias on Climate Change", published in NEXUS vol. 9, no. 6, 2002.

#### **About the Author:**

Christopher Monckton is The Viscount Monckton of Brenchley, born in 1952 and educated at Harrow, Churchill College, Cambridge, and University College, Cardiff. He has had a distinguished career as a journalist/editor, worked in the Prime Minister's Policy Unit in 1982-86, and in 1986 founded his public administration consultancy firm Christopher Monckton Ltd. He is the inventor of the Eternity and Sudoku X puzzles and the author of five *Daily Mail* Sudoku X books. He can be contacted by email at [monckton@mail.com](mailto:monckton@mail.com).

**The US National Academy of Sciences has since issued a statement that the "hockey stick" graph is defective.**

**Significantly, however, the UN has issued no statement of apology or correction. It continues to use the "hockey stick" in its publications.**







## IS BIORESONANCE THE 21<sup>ST</sup> CENTURY'S NEW MEDICINE?

by Michael E. Godfrey, MBBS, FACNEM  
© ACNEM, April 2004

### Introduction

The 17th-century French philosopher Descartes so influenced Western scientific medical thinking that nothing is now generally acceptable by allopaths that cannot be measured or proved according to established Cartesian principles. All biological responses were supposedly linked to a "lock-and-key" principle, where reactions could only occur following specific physical stimuli. This became even more entrenched over the past decades with the emphasis on a pharmaceutical treatment for every illness.

However, a surprising Internet report earlier this year [2004] concerning the USA government's research into anti-terrorism revealed that research was underway to investigate whether cellphones could be adapted to detect the "resonance" of anthrax spores in the air. The report stated that every protein apparently has its own unique resonance. If this is so, it tends to give credence to what homoeopaths have maintained for over two centuries, namely that tinctures and milk tablets could be somehow imprinted with a potentised memory of a herb, mineral or compound. Their therapies were experiential, albeit physically unprovable.

The exact mechanism whereby homoeopathic remedies supposedly exert their effect has been incomprehensible when tested under orthodox criteria. This included the supposed fact that a resonance or a "memory" can linger on in a solution, long after any atoms of the substance have disappeared.

Dr Jacques Benveniste, a French scientist [now deceased], had a paper published in *Nature* [30 June 1988; 333:816-8], demonstrating that water could indeed retain the memory of a substance that could be effectively used to treat allergies. The editor, not understanding Benveniste's methodology, denigrated his paper, with

the latter suffering considerable professional harm as a consequence. However, he was able to continue his research with a greatly reduced budget, and in March 1999 presented his findings at Cambridge University's Cavendish Physics Laboratory to a hall full of scientists, including Sir Andrew Huxley, past president of the Royal Society, and the physicist Professor Brian Josephson, both Nobel laureates. The audience was therefore presumably able to appreciate his presentation.

Benveniste initially demonstrated that the physiological effect of adrenaline on biological receptors does not have to wait until the blood carried the hormone to them under the so-called lock-and-key mechanism. The effect occurred instantaneously or at the "speed of light", affecting all the receptors due to an adrenaline resonance permeating the body fluids.

Benveniste then described how he took samples of adrenaline, nicotine and caffeine, and sequentially placed them on the input plate of an electronic instrument generically referred to as an "electro-

acupuncture according to (Professor) Voll" (EAV) instrument, that could read the supposed resonance of the substance. The instrument was connected to his computer's modem and the "resonance" emailed to a colleague's computer. The transmitted resonance was downloaded, transmitted into a similar instrument and then "imprinted" into water on the EAV output plate. The water was given to living subjects who reacted as if they had been respectively given adrenaline, nicotine or caffeine. Furthermore, he demonstrated that the emailed resonance of heparin could influence the clotting of stored blood.

Although Benveniste's landmark research requires independent replication, it should not be forgotten that our ability to store the resonance of transmitted sound, let alone video, on a piece of ribbon or a disc was still science fiction when many of us were children. Analysis of the ribbon or metal disc would not reveal any evidence of what was supposedly imprinted on it, as an instrument capable of detecting those resonances is required.

It does not take a very large leap in comprehension to realise that water with



homoeopathically potentised substances stored in it is just another storage medium, and that the body consisting mainly of water also has the potential to store disharmonic resonances of toxic substances.

EAV proponents (including German academics and investigative hospital physicians) can demonstrate that these resonances are identifiable via acupuncture points. Additional proof of the latter's existence, if needed, has come from Russian astronautical medical instruments that make the acupuncture points glow pink with ionic discharges during therapy (now even available for private purchase).

Academic bias and other constraints may preclude such investigation, but independent practitioners should not necessarily be denigrated and ostracised merely because of their clinical curiosity and willingness to step "outside the circle" of the current paradigm. Their use of these pejoratively described "black boxes" is due to the latter being the only present means of detecting toxic substances at otherwise undetectable but clinically relevant levels.

## Electrodermal screening (EDS)

EDS has now generally replaced EAV as the defining terminology for the use of bio-resonance instruments to identify disharmonic resonances in the body. EAV, as originally described by Professor Reinhold Voll, has been practised for several decades and several reviews have been published over the years.<sup>1</sup>

The majority of EDS instruments

(VEGA, MORA, Biotron, etc.) still depend on a low-voltage stress being transmitted through an acupuncture point and the subsequent monitoring of the effect of inserting a test ampoule of a known substance into the circuit. However, newer instruments, such as Medtronic's Performance 2001, are able to measure directly the acupuncture meridian nanoamperes without the need for any external stressors.

Practitioners can either make large collections of test ampoules from standard homoeopathic remedies and test kits supplied by commercial companies, or invest in the increasingly sophisticated digitally recorded computerised versions.

Unfortunately, there is a major potential source of error with EDS systems, as the testing procedure involves the pressurised application of a probe to the skin. The latter varies considerably as regards thickness and moisture, let alone the exact position of the acupuncture point and the angle and speed of approach. There is thus considerable scope for error and proper training (and practice) is essential, something that has been much easier to obtain in Europe.

However, when properly used, EDS has the unique ability to identify the presence of allergens and other toxic substances, which is still impossible by any other means.<sup>2</sup> The resonances of these substances would be no more complex than those of Benveniste's adrenaline, caffeine, nicotine or heparin, and thus equally transmissible.

## Case 1

A three-year-old girl started experiencing severe, irrational tantrums with uncontrollable screaming lasting for some minutes. The episodes started suddenly and without any apparent cause. Medical attempts to help were ineffective until EDS was undertaken. Within a few minutes, she was found to have a strong reaction to solvents, and questioning revealed that she had been using felt-tipped colouring pens at her pre-school and at home. Subsequent challenge confirmed the underlying cause and no further episodes occurred after changing to water-based pens.

## Case 2

A six-year-old girl had been suffering from chronic hair loss for most of her life, despite all attempts by allopathic physicians to find a cause and treat it. When seen, she had very little remaining hair and was quite distressed. EDS identified a lead toxicity and questioning confirmed potential exposures from previous lead-based paint renovations in her home. Treatment with DMSA, an oral lead chelator, combined with other antioxidants, resulted in the regrowth of a full head of curly hair, as subsequently shown in the *New Zealand Women's Weekly* magazine.

## Case 3

A middle-aged Auckland accountant presented with a six-year history of severe chronic fatigue, usually developing by 10 am and lasting all day. Initial EDS was directed at the likelihood of "sick building" substances, e.g., formaldehyde, etc., without any success. Further testing eventually identified a strong resonance from pentachlorophenol, a highly toxic chemical used in timber treatment. Questioning confirmed that he had developed a deer farm six years earlier and had handled the fence posts at that time. A single treatment was given, using an ampoule of homoeopathic PCP 200C on the input plate of the MORA Super instrument with direct transmission into the patient via the hand pieces over a few minutes. The single treatment was curative and has, so far, lasted for over five years.

## Case 4

A middle-aged woman, suffering from chronic migraines requiring on average 1–2 pethidine injections a month over several years, was identified by EDS as possibly



having adverse effects from oral galvanism due to numerous amalgam fillings. The migraine headaches ceased following removal of all amalgam and had not returned during the following eight years.

## Case 5

A 36-year-old woman had been suffering from severe grand mal epilepsy from the age of 12 and, despite being on maximum doses of three anti-epileptic medications, was still having at least one seizure a week. EDS revealed significant foci at all four third-molar sites. X-ray revealed that all four unerupted wisdom teeth were growing horizontally in large cysts. Following surgical removal and thorough debridement of the cysts, her grand mal epilepsy ceased and all medication was stopped, apart from a small dose of phenobarbitone that appeared to control a recurrent aura. The seizures had not returned during the five years of follow-up before she left for Australia.

## Case 6

A patient involved in ostrich breeding brought a blood sample in from a prized male breeding bird that was apparently nearly moribund. The veterinarians had tried various treatments, including antibiotics and steroids, to no avail. The blood sample was placed on the input plate of the MORA Super and an inverted remedy imprinted into 30 mL of 20% ethanol/filtered water using a standard MORA program. A few drops of the "remedy" were then given to the bird every hour. Within a few hours, the bird regained its feet and began feeding. It subsequently resumed breeding and has remained healthy.

## Discussion

Application of Einstein's equation  $E = mc^2$  to matter shows that matter can be created from energy, changed back into energy and changed by energy. Matter has also been scientifically defined and shown to be no more than standing-wave fields. The latter are essentially identical to self-organised patterns created in sand or salt particles by vibrating the plate on which they have been placed, or the same effect in suspended emulsified particles in water when exposed to certain harmonic frequencies (see the website <http://www.Cymatics.com>).

At a quantum level, all living organisms

including man can be shown to be made of evolving fractal constructs with many biological subsystems as part of an underlying holographic universe. These systems have the ability to self-assemble as well as the ability to receive, transduce and transmit electromagnetic, acoustic, mechanical and other forms of vibrations. These vibrations are specific for every substance and can be either beneficial (harmonic) or detrimental (disharmonic) to the receiving organism. Disharmonic

**Disharmonic vibrations create distortion of the physical extra-cellular matrix and, ultimately, disease (dis-ease).**

vibrations create distortion of the physical extra-cellular matrix and, ultimately, disease (dis-ease).

A distorting resonance can persist for many years and even pass holographically, combined with the DNA spiral, into subsequent generations (e.g., homeopathic "miasms"). Identification of the resonance and accurate appropriate treatment with the equivalent of the computerised mirror-image, as used in industry to eliminate noise, appears to be able to restore harmony.

The first two cases objectively demonstrate that EDS can have a unique ability to identify the sometimes subtle toxicities that can result in severe effects. The third case could initially be regarded as due to placebo. However, although the patient had apparently been highly sceptical of any benefit at the time, as reported a month after the first appointment, he then revealed that he had noticed a significant and sustained return of his previous energy within days of the treatment.

Apart from the Piper chronic fatigue symptom questionnaire,<sup>3</sup> there is no scientific measurement for chronic fatigue as it is a highly subjective experience and all too frequently disparaged by doctors. However, it is a very real and debilitating condition for those who are affected.

The last case demonstrated electronic "autosanguis" therapy, a widely prescribed therapy in German clinics, where a few drops of a patient's blood is potentiated in the syringe with a homeopathic injectable and re-injected. It certainly could not be merely dismissed as a placebo response, unless the bird needed the alcohol for energy. It could be surmised that there had been an accumulation of possibly organophosphate toxic resonances and the electronic antidote was then made from the blood sample. Notably, Medtronic and other EDS system manufacturers recommend including body fluids as part of the input during the preparation of remedies.

Energy originates at a mitochondrial level, involving glucose, ADP and ATP, and electrons. It could be simply described as mitochondrial production of electrons or electricity from glucose. Thus the elimination of toxic substances (or their resonances) which could be impairing mitochondrial function would logically improve cellular function.

These xenobiotics include toxic metals as well as solvents.

Over 1,000 New Zealand patients with chronic fatigue, depression and short-term memory loss have so far been successfully identified by EDS, and the majority already treated for what has been confirmed as chronic micro-mercurial poisoning from their dental amalgam fillings. The latter's clinical diagnoses have been further validated with a recent paper confirming mercury from amalgam as a potential cause of Alzheimer's senile dementia.<sup>4</sup>

Dr Claudia Miller presented a new syndrome at the 1997 Massey Marjorie Gordon Memorial Seminar, "Chemical Sensitivity at Work in Medicine".<sup>5</sup> Miller's "toxicant-induced loss of tolerance" (TILT) syndrome perfectly addressed the problem facing allopaths, where the paradigm focuses on a single agent causing a specific condition and nothing else. According to the TILT concept, a combination of different xenobiotic toxins can cause a given symptom, e.g., chronic fatigue. The "mix" can vary from person to person with a common end-result.

In this regard, EDS is the only practical and potentially effective diagnostic device that can rapidly and non-invasively identify a given individual's underlying toxicants

Continued on page 79



# THE SHADOW GOVERNMENT'S HIDDEN AGENDA ON UFOs

*With its arsenal of electromagnetic psy-ops weapons and reverse-engineered craft, the 'shadow government' has been engaged in fake abduction scenarios and may still be planning to stage an alien attack.*

*Part 1 of 2*

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Extracted from Dr Greer's book  
*Hidden Truth - Forbidden Knowledge*

## Out Of The Shadows

It is critical to understand that an enormous and sophisticated disinformation campaign exists around the whole extraterrestrial question: at least 90 per cent of the information and images portrayed to the public are selected to evoke fear, followed by hatred of all things alien. Movies, TV shows and books about the subject prove this point: if one is to believe that rubbish, you would think that every other person in America is being snatched from his or her home at midnight and tortured! It simply isn't true. But fear and horror sell, and the usual suspects benefit from a terrified, misinformed populace.

We know that clandestine paramilitary operations exist, controlled by a shadowy group staging simulated UFO/ETV [extraterrestrial vehicle] events. This is not speculation: we have interviewed many independently corroborating military people who have participated on the teams that have deliberately "abducted" people to create the illusion of real extraterrestrial encounters.

In the "UFO industry" there is the multimillion-dollar abduction subculture, funded by powerful, wealthy interests (including certain European royal families along with industrial scions in the United States). Stories publicised are very deliberately selected. If someone comes to one of the abduction support groups and researchers with the accounts I've shared [see chapters one and two], that person will be shown the door. They only want to select the terrifying stories—those from people who have had simulated encounters, foisted on them by a military effort that is trying to create psychological propaganda. This will support future "Star Wars" expenditures down the road by sowing the seeds of division between humans and extraterrestrial people.

It is part of a well-thought-out plan to divide one group against another. And in order to do this, a threat must be demonstrated and the supposed "enemy" demonised. So most of the UFO/ET information put out is designed by counterintelligence, psy-ops and disinformation people for specific, intended effects. The first is simply to discredit the subject, because most of their stories don't hold up under scrutiny. The second, in my opinion, is to create a foundation of fear upon which to build the edifice of "Star Wars". And no less a figure than Wernher von Braun told a member of our team, Carol Rosin, that in fact this was exactly what was going on: that weapons will be based in space, hence the need to create a psychological nexus where people will fear all things alien; then, down the road (when the folks enjoying the multitrillion-dollar bonanza of current industrial and military operations decide the deception has gone on long enough), they can declare that the world needs to unite around "kicking alien butt" (as quoted in the movie *Independence Day*).

Keep in mind that the Cold War and all the things going on today will pale in comparison to the financial benefit to be gained by stampeding the masses into a false idea of a threat from outer space that must be resisted. Instead of extracting unlimited dollars for the military operations from the United States and the West, the imagined "threat" will produce enough xenophobia to ensure a "blank check" or steady flow of government dollars in the name of preserving safety and world peace. Sound familiar?

This assessment comes from having interviewed numerous military people inside the organisations dealing with this. I've been told point-blank that this has been an ongoing agenda since at least the 1950s. These operations have used what are called "alien reproduction vehicles", manufactured by a consortium of companies that include Lockheed Martin, Northrup, SAIC, E-Systems, EG&G and Mitre Corporation, among

others. These are man-made antigravity devices that we've been using since at least the 1950s, along with other powerful electronic weapons systems and "programmed life-forms" or PLFs. These are biological, artificial life-forms being produced to look a lot like these so-called "Greys"—but are not from outer space. They're manufactured in a few facilities, one of them located in the Four Corners area near Dulce, New Mexico.

This is a concerted effort to create a false "alien threat". If someone comes forward with a dissimilar story, they're blacklisted from lectures and subsequently are unable to get their story out to the public or the media in book form or through any other significant channel. But those who create terrifying messages—akin to the movie *Independence Day* or certain abduction books—receive high dollar-advances along with big publishing deals and film contracts. This is assuredly by design.

The power elite wants those alarming stories seeded into the mass consciousness and for the truth to be buried. I have met with people who are funding abduction cults in the United States and Europe.

Aside from having interviewed military people who've perpetrated these pseudo-abductions, I've personally been told by no less a figure than the reigning member of a European royal family that he helps fund these efforts. He reasons that the frightening stories need to be out there to make the world aware that these "evil aliens" exist and must be fought. He went so far as to say that, in fact, every major Earthly problem since Adam and Eve is attributable to the machinations of these demonic extraterrestrials. He genuinely believes this! And he is also the chief funder of Opus Dei, which is the sensitive right-wing group at the Vatican with an internal secret cell operating these programs. Additionally, I was told that his reason for terminating support for a prominent author in this field (who will remain unnamed here) is that his stories weren't sufficiently alarming: he was portraying interaction between humans and ETs too positively. The sponsor only wanted the most terrifying tales put out to the public!

A prominent leader of one of these abduction groups told me point blank that if someone attends their meetings whose experiences don't fit the mode of military abductions (which are harrowing), they'll kick them out. So, it's a self-selecting, fraudulent process.

This well-oiled machine marches out false, contrived, "alien encounters". These are then funnelled to specific researchers, who then get channelled into specific movie, documentary and/or book deals. And it's all lucrative. It is being done specifically to generate propaganda designed to marshal the masses against this supposed threat from outer space, thereby perpetuating and augmenting the already thriving hoax.

Within the shadow government is a hard-core group of eschatologists: people obsessed with the end of the world, who would like to see it go out in one big eco-alien cataclysm to hasten the return of Christ! This is their agenda: they maintain

that the world has to be in the most dire of conditions for the Second Coming to occur, and they hope to make circumstances ripe for that goal. It is just plain madness. With this degree of hyper-religiosity, fanaticism and cultish secrecy combined with enormous power, the results are predictably outrageous.

A few years ago, I attended a meeting in New York with Mrs Boutros-Ghali, the wife of the United Nations Secretary-General, and some of the "New York 100" crowd. A woman approached me to say, "Well, I'll have you know I've read 26 books about UFOs and abductions."

I said, "Well, with all due respect, that means that you've incorporated into your awareness 26 times more disinformation and rubbish than someone who's only read one book." I'm not quite sure I endeared myself to her, but it is the truth.

I have shared my insight with some very senior military personnel as well as people like Mrs Boutros-Ghali and others. Their first response isn't that it can't be true, but they're just horrified that it *may* be...

In 1991, I was approached by a number of the people who run the super-secret projects related to UFOs and advanced energy systems. They had read one of my early papers about the concept of oneness and our civilisation, and the experience of cosmic awareness and cosmic people. They emphasised the importance of sharing this information with their group. These were people who called me from the CIA, Lockheed, McDonnell Douglas and similar operations. Everything I'd written up till then was primarily intended for this group.

The masses of people simply want to live their lives peacefully. They don't care about ripping each other's throats out. There is only a very small minority of humans who are

psychotically violent and controlling. The fires of hatred and conflict that keep getting ignited have been lit deliberately because they're benefiting this violent group.

There is a relatively small number of people who have a perspective that is retrograde. They are looking in their rear-view mirror and mistaking it for the future. So our task has been to turn their heads to look forward.

It is important that we view these very powerful industrial, military and religious interests as educable...

### The Offer

...I had agreed to help convene a conference in May 1992 at the St Malo retreat outside of Rocky Mountain National Park with astronaut Brian O'Leary, Maury Albertson (one of the co-founders of the Peace Corps) and the Institute for New Science. It was a private retreat and we invited everyone involved in the civilian UFO world. There were a number of other people who, of course, turned out to be intelligence operatives, including General T. E. and his friend the psychiatrist.

I wanted to create a collegial environment where there could be a sharing of information and perspective. In reality, I found out that the whole UFO civilian world was so rife with paid

**Within the shadow government is a hard-core group of eschatologists: people obsessed with the end of the world, who would like to see it go out in one big eco-alien cataclysm to hasten the return of Christ!**



disinformation hacks and warring factions that within two nanoseconds of arriving at this facility they had pulled out their knives and hatchets and were sinking them into everyone's back—including my own. That was when I learned what a snake pit the civilian UFO world really is.

During the course of this retreat, the general and the psychiatrist were trying to court me into joining their group. The general said, "You know, we have an organisation that deals with this that is very private...", the word "private" being a loaded word meaning "super-covert". I knew what he was saying. Then he said, "If you would just merge your operation with ours, we will give you as much money and as much power and access to technologies as you could ever dream."

And I said, "Thanks, but no thanks. I don't need it. I thought I made that clear when we met in Atlanta last month."

But he persisted in attempting to convince me—because they knew the kind of threat we could pose to their covert monopoly on the issue. They said as much.

A good friend of the NSA guy who was there and another CIA guy came to me and said, "You know, they are very jealous of what you are doing because they are in a black box and can only do certain things for certain purposes. You are a free agent and you can do more than they can!"

I knew this. I explained, "We may not have temporal power but we are free—and have other powers that are God-given."

Eventually, the general went to Emily, my wife, without my being present. He told her about this group—but he didn't call it "MJ-12". He said there was a board for this group. He said that this board had a certain number of seats on it. Interestingly, he said that the number was nine. Of course, he had done deep research into us and knew we are Baha'is and our holy number is nine. So, he said there are nine board members, each with his own shield—a certain crest—that would be given to me if I would simply take my organisation and merge it with his.

And Emily, being very sweet, said, "Oh, he seems so nice and he said all these wonderful, flattering things about you!"

I said, "Yes, dear, but can't you see what they are trying to do?"

Finally I went to them and I said, "Look, let me be clear. I am fiercely independent and I am going to keep this a private, clean operation with its intended purposes. There is no amount of cajoling and no amount of money or offers of power that will ever change that!"

By the way, General T. E. has been involved with these covert projects since he was a very young man. I confirmed this through independent sources. He had been head of US Army Intelligence before he "retired". But he was just telling people that he was retired. They never retire—until they end up in a coffin.

I met a military pilot who, in the 1960s, was in a special operation to pursue UFOs and film them. He told me that once a crew had such an encounter, they were split up and sent to various new posts—but that *all* the information went directly to a guy he was convinced I had never heard of: General T. E.! When he told me this story I laughed and said, "I know him well!"

After rejecting these advances by the general, within 30 days the entire Internet had websites set up and messages being sent out to the public attacking me. They unleashed all the dogs

within the UFO civilian community, within the press, everywhere. I was called everything from a cultist to a demonic communter with extraterrestrial sinister forces to a fraud. Then they released the lie that I'm not a medical doctor. Here I am at the hospital and they have put it out there that I am not even licensed to practise medicine! I then have to release to the public my medical licence and degree to show that I am actually a medical doctor! The psychological warfare and harassment were intense—and continue to this day. For 14 years it has been a relentless series of attacks, character assassinations and defamations, and every kind of dirty trick.

General T. E. told me a number of things. For example, he said there are extraterrestrial craft and facilities underneath the surface of Mars and that covert projects have imaged them. He also privately told me about all kinds of assets that covert programs have that are advanced technologies—up to the level of what the ETs have. I was able to gather quite a bit of good information through the courtship that was being attempted. I learned that this particular "cell" was interfacing with the civilian UFO world from the covert world. It is an interface group and has penetrated many civilian UFO projects...

### The Crossing Point of Light

By the fall of 1993, I was on a very steep learning curve regarding how the shadow government had infiltrated not only the covert world and the government and corporations but also the civilian media and the civilian UFO community.

After the Rockefeller meeting and our briefings at Wright-Patterson Air Force Base [September 1993], I reconnected with the man who was friends with CIA director Woolsey. He was convinced that we needed to get this information through a number of channels to not only the president but other senior officials in the

administration. We were doing this through the president's science adviser, [Laurance] Rockefeller and a friend of Bill Clinton who supported our effort. This man's brother was also in the White House and was a very close associate of Bill Clinton.

We were approaching the powers-that-be in a friendly, helpful way, saying, "Look, the time has come for disclosure to happen. The Cold War is over. There is a window of opportunity here to disclose to the public, in a positive way, the fact that these extraterrestrial vehicles are *real* and that there are classified projects that may have been justifiable during the pressures of the Cold War but are not justifiable any longer. Disclosure needs to happen now. We have a chance to make a break from the past."

We were also saying, in the same breath: "If *you* don't do it, *we* will. We'll find a way to do it by collecting enough sources to make a convincing case." This is exactly what The Disclosure Project is.

With this fresh impetus, we decided we needed to get further insight into the intelligence operations.

James Woolsey was nominated and confirmed by the Senate in 1993; and now in our story this is September '93, so he had not been in that position for very long. We found out from our senior White House contacts that in fact the president as well as the CIA director were trying to find out through channels what the truth was about this subject. We were also told that they were being

**"There is a window of opportunity here to disclose to the public, in a positive way, the fact that these extraterrestrial vehicles are *real*..."**

flat-out lied to.

I have a letter that was sent to me via FedEx in the fall of 1993 by this CIA director's friend, saying that CIA director Woolsey had made enquiries into the UFO matter and could not find out anything about it and was being lied to. Further, they knew they were being lied to! He told me that the CIA director wanted me to come to Washington, and that I was going to be the first person to brief the CIA director on this. Well, I thought that he had gone stark, raving mad. I'm thinking: here I am, a country doctor in North Carolina, and I'm supposed to be going to DC to meet with the Director, Central Intelligence, on something that is Spook Central? Right! To be honest with you, my initial reaction was that this had to be a prevarication. I viewed it as a cover story: that the CIA director knew everything and that he just wanted to find out what we knew and what we were up to. As it turned out, I was wrong: Woolsey and the president *really were* out of the loop.

On December 13, 1993, we went to Washington to meet with Woolsey. The cover story was a dinner at his friend's house. There were six of us, three couples: my wife and I, the CIA director and his wife (who, happily, was the chief operating officer of the National Academy of Sciences so we were able to kill two birds with one stone), his friend and his wife. Our hostess, it turned out, didn't know who was coming to dinner until the day of the event. Can you imagine? "Honey, guess who's coming to dinner? Oh, the CIA director and this extraterrestrial expert, Dr Greer." Wow! Can you imagine coming home and telling your wife that?

I remember arriving with Emily in the late afternoon at the CIA director's friend's house. I had a whole briefcase full of materials. We discussed what we were going to do, but I had no idea how long this meeting might be. We all knew that this was a very serious briefing for the CIA director. He was being lied to about the most important secret in the history of the world. Woolsey's wife arrived by private vehicle first, and then the CIA director arrived via Secret Service escort. After initial greetings and about 10 minutes of going through some of the materials, documents, photographs, cases and so forth, the CIA director said, "Yes, I know these are real."

It turned out that he and his wife had actually seen one of these UFOs years ago in New Hampshire, and so he didn't have any doubt that they existed. But what he wanted to know was why he wasn't being told anything, whether there are any current projects dealing with it, why the extraterrestrials are here and what all this means.

People often think that senior officials like that would be laughing up their sleeve at this subject. But no! The man was visibly shaken. He was profoundly upset that, as CIA director, something this important was being withheld from him and the president. He was extremely upset about it. At one point, I thought he was actually going to break down and cry. I considered his reaction an entirely appropriate response, given the gravity of the subject, and I was hopeful of the outcome of the meeting.

The meeting that I thought might be half an hour or so went on for nearly three hours. During that meeting, we discussed

everything he wanted to know. And I told him why the extraterrestrials are here, and I explained why this is being kept secret. And I explained exactly what should be done to fix the problem.

It was, I was acutely aware, a terrible responsibility to take on. I felt the gravity of this situation. I'm dealing with someone who is arguably one of the most powerful people in the world, and I find out that the emperor has no clothes! I find out that information is lost in the system and being denied to people who are running the most powerful country in the world. And then I find out they're not running the country at all and that there's a shadow government that's really running the whole show, and that this is now being confirmed to me by a sitting CIA director.

I went from being a complete sceptic—that someone at that level of power and authority would really be out of the loop—to understanding how far out of the loop he was...and not just the CIA director but also the president. It was then that I realised the severity of the dysfunction within what we think is a constitutional republic and a democratic type of government—to the point that there is flat-out lying to people at this level of constitutional authority and responsibility. I had doubted that the CIA director, the president and others who were being denied access to these projects were being lied to.

But, because now I have been with people like a sitting CIA director and sitting members of the Senate Intelligence Committee and similar officials throughout the world and seen their faces and their body language and their reactions, I can assure you that things are not what the big media tell you they are.

I shared with Woolsey the information that these extraterrestrial beings are here for peaceful purposes. I explained that many UFO sightings are of craft made by covert programs in the United States and elsewhere, that the technologies behind these vehicles are very powerful and are in

the wrong hands. I also made the point that this matter had to be brought under constitutional control and this could only be done by the president. As a weak back-up position, the Congress could do an investigation, but, really, because of the structure of the executive branch and its supervisory and immediate control over the chain of command, leadership had to come from the executive branch—the president. I remember giving him, toward the end of the meeting, a set of recommendations which we subsequently published.

So, I delivered the evidence into the hands of a sitting CIA director and recommended what needs to be done to disclose this information, end the secrecy and get this matter back under proper control and oversight. I was naturally hoping for some action, but he asked me, "How do we disclose that which we have no access to?"

Disappointed, but still pressing the point, I said, "You *have* to get control of it. You *have* to insist on access."

He just looked away. He knew what was involved.

During the time we were seated for our dinner, the CIA director was sitting across from me and his wife was next to him. The group was discussing all these issues that had been raised.

Finally, Dr Woolsey, the CIA director's wife, asked, "Do you know how these craft communicate across the vast distances of space?"

**"This means that any civilisation that's got here has mastered those technologies and sciences that deal with everything beyond the speed of light—what I call the 'crossing point' of light."**

I said, "Look, these extraterrestrial civilisations have figured out the structure of space and time and non-locality..."

"The speed of light is just too damned slow," I continued. "It's not a viable means of communication or travel when you start talking about interstellar distances. Quite frankly, it's barely sufficient, if you're not over the speed of light, to go around even *our own* solar system. This means that any civilisation that's got here has mastered those technologies and sciences that deal with everything beyond the speed of light—what I call the 'crossing point' of light. If they've mastered that, they have discovered this nexus where electromagnetism, matter, space, time and consciousness all come together." It is, in fact, like the Moody Blues song: "Thinking is the best way to travel".

I explained that these extraterrestrial civilisations have technology-assisted consciousness systems as well as consciousness-assisted technology, where there's an interface between mind and thought and a specialised physics and electromagnetism. And so when they communicate, the message is communicated from point A, say here on Earth, back to a home planet, point B, 1,000 light years away, *in real time*. That's because it has dropped out of linear space-time and has crossed over into this non-local aspect of the Universe. This involves some very sophisticated physics but also encompasses the realms of thought and of consciousness.

They can think *to* a device or interface *with* a device, and it will instantly and accurately convey that signal and that message to another point—and this is technological; it's not just "telepathic". The information and images are transferred non-locally to another point in space, no matter how far away, in real time. It is like two nodes, instantaneously *resonating*. The signal goes from one node to another, bypassing linear space-time...

A number of people I've worked with who have been in covert aerospace and electronics firms that deal with this subject have confirmed to me that we have retrieved extraterrestrial communication devices that do exactly that: they interface with thought and consciousness and respond to thought and consciousness. They are tuned to be able to do that.

Well, the hours spent with the CIA director and his wife were certainly eventful and revealing. Toward the end of the evening, I sensed that he very much appreciated the information and was very interested. But I also sensed the profound tragedy and sadness in the moment when he asked me, "How do we disclose that which we have no access to?"

I realised then the enormity of the challenge ahead of us. I recalled the dysfunction that we had been warned about by Eisenhower when he said to beware of the military-industrial complex and the threat posed to our liberty and security by its excesses. What Eisenhower warned us about had fully matured into a level of dysfunction of truly epic proportions, and I was witnessing it first hand.

As we said goodbye I realised that the entire time we had been inside, the place had been monitored. We saw there were Secret

Service people out front. Of course, they had a SAG wagon and armed guards with earphones—the works!

In many ways, the encounter was traumatic for me—but I was grateful because I was able to learn the truth.

### "We Are Always With You"

A few interesting anecdotes will give you an idea of the kinds of people I've encountered doing this work.

For example, while organising the conference with astronaut Brian O'Leary in Colorado in 1992, we were approached by a

woman who was insisting on coming to the private retreat for researchers. This was Colonel M. K.'s companion, now wife, who was claiming to be a journalist. She was actually part of psy-ops and psy-warfare projects with the colonel, whose speciality was psychotronic, radionic, mind-control weapons and what are incorrectly called "non-lethal" weapons systems. These weapons systems are actually used at times to kill people; they use so-called scalar, longitudinal, electromagnetic waves.

Somehow, she got my home number. I was away, so she spoke to my wife—a wonderful woman who epitomises *noblesse oblige* and kindness. So this woman said, "Just exactly who do I have to *fuck* to get into this meeting?" This, to my wife! Such was our introduction to the enlightened community of spooks and UFO sub-culture crazies, and it's been downhill from there.

That's all you need to know about the calibre of such folk. When I tell people that the people you encounter in this field are some of the meanest, nastiest, most venal, corrupt people that you will ever meet anywhere on

**What Eisenhower warned us about had fully matured into a level of dysfunction of truly epic proportions, and I was witnessing it first hand.**

Earth in any sub-culture or setting, I mean it.

But you also meet some wonderful people. One of the people who came to a lecture was Dorothy Ives, the wife of Oscar-winning actor Burl Ives. Mr Ives had been friends with the Nixons and the Reagans and a number of other political figures, and was a 32nd-degree Mason.

Dorothy came up to me after the lecture, very excited, and asked if I'd return to her home and meet with Burl. I suggested that she come with me up to the MacGuire Ranch where we were going to make contact with the ETs, and then we could go see Burl...

Burl and I became fast friends... We met for a long time discussing a plethora of issues, the secrecy, the technologies, ET contact... "You know, this is the most sane crazy person you've ever introduced me to," he told Dorothy, who was always meeting interesting and eccentric people. He understood that what we were dealing with was something that had a lot of profound dimensions to it and that our approach was very rational and very sane—given how "far out" all this is.

Dorothy initially didn't quite know who I really was or the extent to which I had deep contacts within the intelligence and national security community. Eventually this came up, and I told her: "There's a man whose family has deep ties with the National Security Agency. They are senior NSA people, and are handing

off some documents to me."

One of these documents is a big, oversized, Xerox copy of a 1962 document. It has codenames like "MOON DUST Project" and "Project 46" on it, and it is classified Top Secret—but it had not been declassified! It was given to me so I could get it to the right people. This [CIA] document is a wiretap transcript summary of what they learned from listening in on Marilyn Monroe...

This document describes how Marilyn Monroe, who had been recently jilted by the Kennedy brothers and was upset and hurt, called Robert Kennedy and a socialite in New York, an art dealer friend of hers. Marilyn Monroe stated that she was going to set up a press conference and tell the public what Jack Kennedy had told her regarding objects from outer space that had crashed and been retrieved in New Mexico in the 1940s! President Kennedy had confided this information to her because he had seen the ET craft and debris from the UFO crash there. This *still* Top Secret document is dated the day before the night they found Marilyn Monroe dead.

I've also located someone who was with the Los Angeles Police Department intelligence unit that helped facilitate the wiretapping and monitoring of her up to the time of her death and actually knew how they killed Marilyn Monroe. There is no doubt that she was murdered by cut-out agents of the US intelligence community.

Importantly, this document was signed by James Angleton—the legendary, fanatical, mole-hunter and leak-stopper within the CIA. This document, in my opinion, was a death warrant for Marilyn Monroe because it summarised what she was intending to do rather imminently. I don't think she knew what she had stumbled onto, in terms of the kind of buzz-saw that was going to come at her...

When I mentioned all this to Burl, he said, "Marilyn Monroe and I knew each other very well and I can tell you this: all of us who knew her knew that she had been murdered, but it wasn't until today that I knew why!"...

### A Different Day

In 1994, I was invited to be on a special with Larry King. The show was broadcast live from near Nellis Air Force Base, Area 51. Larry King's producer at the time, a guy named Farmer, told me it was the most watched special they'd ever had.

There was a point in the interview when Larry turned to me and he asked, "Well, what do you think the president knows about this?"

As you now know, I had put together the briefing document for the president and Dr Jack Gibbons, the science adviser to the president, and had met with the CIA director the preceding December.

So I said, "Well, I think you should ask the president that question."

And I remember one of the other guests and Larry King said at the same instant, "What does that mean?"

I said, "Well, I think it would be better if you asked the president that question." I was very cryptic.

Afterwards, in Larry King's trailer, we spent some private time together because he knew that I wasn't saying everything. He asked me what I was really up to and I confided in him off the record about our contacts to the president and that I had already briefed the CIA director.

He said, "My God, why didn't you say that on the air? That would have been a scoop!"

I said, "Because I'm still working with these people."

I was discreet about this meeting with the CIA director until after he had left office in '95 or '96.

"My God, this stuff is really *real*?" Larry asked.

"Of course it is," I said. And then we had a very interesting conversation.

Later I said, "But Larry, why are CNN and the other news outlets covering the O. J. Simpson trial and tabloid trash like that, 24/7? I don't know anyone who's even remotely interested in that stuff. Everyone's so sick of hearing about it."

"Well, we have to," he said.

"What do you mean, you *have* to? You're a journalist. Why don't you report the big stories of the day? This is the biggest story of the *century*!" I exclaimed.

"Well, the corporate guys tell us that to keep our ratings up and compete with the other networks we have to cover this kind of lurid stuff, and they pay my big pay check. It's all about ratings, and ratings get the advertising dollars, and advertising dollars pay me my big salary." And he was just that direct about it.

I said, "Yes, but what about journalistic integrity and editorial discretion about what's important, what is really newsworthy?"

"Oh, come on," he said. "That's out the window and has been for years. It's all about money and ratings."

You don't think the big media can go any lower until they hit another low point. It really is a race to the bottom—and they hit new lows every year!

There are also covert national security filters in place to keep these big, sensitive stories out of the news. The corruption of the media is the central reason [why] the secrecy [can be maintained].

In 1995, we organised the first gathering of witnesses. There were about 18 colonels and aerospace people, and people from all over the United States and Russia. We gathered at Asilomar, which is a retreat in Pacific Grove, California, near Monterey. Laurance Rockefeller was very supportive of this and his people were there, as well as some of the initial witnesses such as Brigadier-General Stephen Lovekin. It was all videotaped and audiotaped, but the people to whom I entrusted this task took all the tapes and made a back-door deal with the Rockefeller group. So we don't have any of the records of that testimony! And to this day, we have not retrieved it. Sometimes people will see me being very fierce and careful about people and organisations; there's a good reason for this: that kind of theft and betrayal has happened over and over again.

**I told the ETs, "It'd be great if you can do something undeniable while we're here that we can put into this footage to share with the Congress, whom we will be briefing in a couple weeks."**

In late 1996/early 1997, we decided that we needed to do a formal briefing in Washington, DC, to which we would invite government whistleblower witnesses, members of Congress and other influential political people with whom we had contacts.

Prior to that briefing, Shari Adamiak, Neil Cunningham, a picture editor for the BBC in London, and I went to a lab in Phoenix run by covert operatives.

One of the operatives said, "You can use our digital labs to put together all the videotape for this meeting for Congress..."

We had collected videotape and photographic images of UFOs from all over the world. Neil Cunningham was going to help us put together the best-ever images to show. Of course, we knew who this man was and we knowingly walked right into Spook Central.

I had flown into Phoenix on a US Airways flight, and as we were landing I began the CE-5 protocols. I went into an expanded state of consciousness and into space and began vectoring extraterrestrial vehicles into the Phoenix area. I told the ETs, "It'd be great if you can do something undeniable while we're here that we can put into this footage to share with the Congress, whom we will be briefing in a couple weeks." This was on March 13, 1997, and the briefing for Congress was in early April.

The laboratory is in Tempe, Arizona, and while we were working there someone ran in all excited. He said, "There are enormous UFOs in the skies over Phoenix and they're being filmed!" It was the Phoenix Lights! And that event was a CE-5 [a close encounter of the fifth kind].

We had landed at around 5.30 pm, and these events were occurring around 8.30 pm. One of the longest sightings was virtually over the lab! That night, on the local news, we saw footage that we could incorporate into the film summary that we would then give to Congress!

One evening, while we were in the lab working very late on these digital images, a retired general walked in. He was a pilot for a private contracting airline running covert ops and transporting drugs for these shadowy projects. We learned that there was a large cell of spooks conducting flight operations out of Phoenix, importing and distributing contraband drugs. This general was all coked up—he was absolutely out of his mind on drugs. As he came over, he saw some footage of a UFO that I got from a military source. He looked at it and said, "How the hell did you get this? This is Top Secret."

I looked at him and I asked, "You think I'm going to tell you?"

"Who the hell are you?" he asked.

I said, "I'm Dr Greer."

He replied, "Oh, yeah, I know who *you* are."

We were in this lab for days until the wee hours. The characters who wandered in and out were quite unbelievable: coked-up agents, former Air Force and intelligence people, black-ops people, druggies, high-tech people, the whole nine yards—all operating out of this little obscure lab in Tempe...

A gentleman who had approached me at a lecture in Tennessee said he didn't know why I wasn't dead yet and that they'd been watching what I was doing. He was a man who had personally been involved with and seen the launching of a weapons system that had targeted and destroyed an extraterrestrial vehicle. He had individual, specific knowledge of those systems.

During this period between the early 1990s and the late 1990s, I met not one but about a dozen people who had either been at facilities and who were developing these weapons systems or who were at actual events where we had targeted and hit extraterrestrial vehicles using advanced electronics systems.

Of course, the fantasy cover story for Star Wars or SDI [Strategic Defense Initiative] is that there are "brilliant pebbles"—such as those used in the SDI program to intercept missiles and things of this sort. In reality, the *real* action has always been in the area of electromagnetic weapons systems, electromagnetic pulse (EMP) weapons and scalar weapons systems. When an ET craft materialises in our time-space, it is vulnerable to these advanced EM weapons systems.

We have Top Secret-level witnesses who were present in the aftermath of those events, where they saw or retrieved crashed craft. One witness, Jonathan Weygandt, was on the Bolivian-Peruvian border when the cabal downed one of these ET craft in the early 1990s. We have people who have been in meetings where they were planning to shoot down alien craft. And we have people who have participated in the development of these weapons.

One witness came forward at the 1997 meeting in Washington, DC, that we hosted for members of Congress, the White House and Pentagon officials. Congressman Dan Burton, who was

chairman of the House Government Reform and Oversight Committee, was at this event, among other key people. Some of the witnesses who were coming forward were going to say things beyond what even the "friendlies" within this control group felt was safe.

This particular witness, G. A., had specific and detailed information about these rogue Star Wars plans. He had sat in on joint meetings with the NSA, CIA, NRO and some corporate programs, where he saw these plans from the 1970s on. He

**The intention was to use "stagecraft" to fake an "alien attack" so that the people of the world would be united around Big Brother and a global corporate-military junta.**

said they were fully operational: there was a covert ability not only to target and attack actual extraterrestrial vehicles but also to stage a false attack on Earth, using alien reproduction vehicles that were man-made and other weapons systems that were highly classified. The intention was to use "stagecraft" to fake an "alien attack" so that the people of the world would be united around Big Brother and a global corporate-military junta. It would look like *The War of the Worlds*. And it would surprise the national military command centre and most of the agencies, the CIA, the White House and the Congress, never mind the masses and the media. Just as the gullible masses have swallowed abduction stories and mutilations as proof of "evil aliens", the masses would again take this Star Wars bait. I have interviewed numerous people in classified projects who have been on the abduction squads and have staged abductions and mutilations.

G. A. was really nervous about sharing what he had been part of. He confided in me that he had been approached by people he used to work with: these were buddies who had been in *really* special operations, and some of them had saved each other's lives in various situations. Such groups are like a true brotherhood. They had been out of communication for a long time with each other, but they knew what he was doing with The Disclosure Project. They were certainly monitoring his dealings with me. They begged G. A. to meet with them before he would say what

he was going to in front of these Congress and White House people. A best friend of Al Gore and Bill Clinton was at this meeting, and they knew that powerful congressmen would be there. So he agreed to meet with them.

The morning of the event, in April 1997, we gathered for a private meeting of all of the assembled top-secret witnesses. Astronaut Ed Mitchell was also there. Just when we were about to get to G. A.'s testimony, we took a break. He came up to me and said he had to meet with members of this cell he had been part of—that they had surfaced and they were insisting they meet. He felt enough loyalty to them that he agreed to meet. They took him out to an undisclosed place in Virginia and held him there until about midnight, after this closed briefing for Congress was over. They then returned him to the Westin in DC and he slipped a note under the door of Shari Adamiak, who was my main assistant. In this note he wrote: "I really cannot talk about this now. They are begging me to say nothing about this until they can get things under control. They're going to work on it and they need some time."

G. A. told me that, because of The Disclosure Project, morale within this rogue group was very low. We had exposed the members of this rogue group in charge of faking an ET attack on Earth, and they were panicking. The only real power they have derives from secrecy, the element of surprise and the ignorance of others—and we were changing that dynamic by revealing their plans.

Numerous people on the inside of this operation, including an SAIC executive and a man who'd worked for years with all the major aerospace companies, have told me that what we were doing had thrown this entire so-called MJ-12 control group into chaos. We were moving major information out to the big guns in DC and to the public. There were defections occurring and there was a lot of controversy, and this group that was never very homogenised was becoming more fractured due to our work.

But the insiders said to G. A., "Give us some time to get this under control, and if we can't succeed then you can talk about it."

In a sense, I'm heartened that they haven't played that card yet, but I'm not convinced that it won't be played.

The danger is that almost the entire world, including the majority of people who think they know what's going on with UFOs and covert programs, would be fooled. This type of effort is called a "deceptive indication and warning", or a "false I&W", where you set up something that looks like an attack from an enemy but it isn't. It is a staged event designed to achieve certain strategic objectives, like the Gulf of Tonkin incident. To expand the Vietnam War and make a call for more funding and more troops, we essentially orchestrated what looked like an attack on our assets. So I call this the "Cosmic Gulf of Tonkin Plan". It would take everyone by surprise.

Now, the only way it won't take people by surprise is if they know the truth. And that's why I felt it was so important for G. A. and people like him to come forward, go on the record, name names and talk about what the specific plan was.

Carol Rosin was told by Wernher von Braun, when he was virtually on his deathbed, that these covert programs would attempt to put weapons in space and would hoax extraterrestrial

events and stage an attack. He warned this would be a grave danger to the world. But he said one thing that I asked Carol not to talk about during The Disclosure Project events: von Braun said there were electronic warfare systems that affect consciousness; that they were well developed and had the ability to affect behaviour and decisions. These so-called psychotronic weapons posed the gravest threat of all.

Around this time, we had a retreat in Colorado. Present was a woman who had worked in a corporation that was dealing with these technologies and had personally been present when they were used. The operator could turn a dial and cause, say, a board of directors meeting to come to agreement on something within minutes, or could turn the dial the other way and cause everyone to start fighting and proceedings to descend into utter chaos.

I know others who have worked with E-Systems, Raytheon, SAIC and EG&G who dealt with high-end electronics, and they also have seen versions of this same ability.

Sometimes I look at the world and at some of the people whom we have to work with and I'm convinced that they have been turned into zombies, because it doesn't make sense that people are behaving in certain ways: it seems almost scripted.

Some scientists who have free-energy technologies have been targeted with scripted belief systems and behaviour patterns that have kept them from coming forward with these devices. They all seem to have the same personality quirks and behaviours, with unstable vacillations between hopefulness and paranoia. So the technologies always stay hidden—or never even get finished. We've seen this over and over and over again...

Continued next issue...

**...von Braun said there were electronic warfare systems that affect consciousness; that they were well developed and had the ability to affect behaviour and decisions.**

#### **About the Author:**

Steven M. Greer, MD, is a medical doctor and director of The Disclosure Project, which he founded. He has also been supervising a worldwide search for alternative energy sources, specifically those known as zero-point or over-unity devices, with the plan to identify and develop systems which will eliminate the need for fossil fuels.

On 9 May 2001, Dr Greer presided over The Disclosure Project Press Conference from the National Press Club in Washington, DC. Over 20 military, government, intelligence and corporate witnesses presented compelling testimony regarding the existence of extraterrestrial life-forms visiting the planet and the reverse-engineering of the energy and propulsion systems of these craft. Over one billion people heard of the press conference through webcast and subsequent media coverage on BBC, CNN, CNN Worldwide, Voice of America, *Pravda*, the Chinese media and media outlets throughout Latin America. The webcast had 250,000 people waiting online—the largest webcast in the history of the National Press Club.

Dr Greer recently published his memoir, *Hidden Truth – Forbidden Knowledge*, which tells the story of his spiritual journey and his relationship with extraterrestrial beings and his encounters with those forces trying to keep the ET and energy issues secret. This article is an edited extract from several chapters of the book. An extract and a book review were published in NEXUS 13/06. The book is now available from your nearest NEXUS office, or from Crossing Point, Inc., PO Box 265, Crozet, VA 22932, USA.

For more information about Dr Greer and his work, visit <http://www.DisclosureProject.org> or <http://www.SEASpower.com>.



## AN INTERVIEW WITH "HENRY DEACON", A "LIVERMORE PHYSICIST"

by Bill Ryan and Kerry Cassidy © 2006

This interview was transcribed from video, as the interviewee expressed a wish to remain anonymous. ("Henry Deacon" is a pseudonym, prompted by his similarity to the likeable and creative polymath on the *Eureka* TV series. "Livermore physicist" is an inexact reference to his role in order to protect his identity.) Certain details have been deleted and/or amended in order to ensure that his identity remains concealed, and the transcript has been "cleaned" of most expressed natural hesitations and the like. Meanwhile, it is most important to note that none of the factual information disclosed has been altered or amended in any way.

Henry's name and employment details are known and verified, and we were able to meet with him personally more than once in early September 2006. He was understandably a little nervous but definitely wanted to talk with us. In conversation, he sometimes responded with silence and meaningful glances or enigmatic smiles rather than words. He was entirely disarming, in a very quiet

way, and was not always certain about what he should or shouldn't say. At times, however, he took great pleasure in revealing the truth about some key matter in a way that could not be traced back to him. One or two supplementary details were provided by email after the interview.

Project Camelot ([projectcamelot.org](http://projectcamelot.org))

**Q (Project Camelot):** Please tell us a little bit about yourself—as much as you feel you can.

**A ("Henry Deacon"):** I'm a current employee of one of the three-letter agencies. [He plays a little word game with us until we guess the right agency, which he then confirms.] I'm probably taking quite a risk by speaking to you like this, though I don't intend to reveal any information that in my judgement is both classified and specific to national security. I've been involved in many projects with many different agencies over many years.

To jump right in at the deep end, I believe I was a walk-in around eighth grade. I have memories of coming from another planet, and these are all mixed up, all mingled with human boyhood memories. It's very weird, and hard to explain what it feels like. I've never had any problems intuitively accessing complex scientific information and I've often found myself understanding complex

systems with no detailed briefing or training. I work essentially with systems. I don't mean to be arrogant, but I do know a great deal of advanced information, scientific and otherwise. I just seem to know it. I can't say more than that right now.

**Q:** Can you give even any clues [on the record] about which agency you work for?

**A:** No, not on public record. I just can't afford that.

**Q:** What information do you feel you have that's important for the world to know?

**A:** There's so much that it's hard to know where to start. I knew about 9/11 two years before the event, for instance—not in specific terms, but certainly in general ones. It was talked about, an event like that; something that would change the game, let's say.

I know that there's a planned war between the US and China scheduled for late 2008. This is also geopolitical and not concerned with black ops as such. These were both just events that I got to hear about in passing. I have no detailed information about them.

**Q:** You mean that China and the US are working together to stage a war?

**A:** The Pentagon started the planning in 1998. You have to understand that China and the US are hand in glove with

everything. This war is a joint op between the US and China. Most wars are set up that way and have been for a while.

You want something else that's just as unpleasant to hear? I also heard from someone who was serving in a unit that worked with missiles deployed for testing in the Pacific and the Far East. The missiles were shipped to the test location in very tightly sealed containers, very secure, hermetically sealed. After the tests, the containers would be shipped back, sealed the same way, but empty—supposedly empty. On one occasion, this guy was present when a container was opened. It wasn't empty. It was filled with bags of white powder.

**Q:** Cocaine?

**A:** I leave you to draw your own conclusions. I doubt it was sugar. Let me just say that, hypothetically speaking—and let me just say that to protect myself—if such a plan was in operation, it makes perfect logistical sense as it's a totally secure way to get around all security, customs, international boundaries and ports, and all those checks. It's perfect, like the way guns and ammunition used to cross borders in diplomatic bags going between consulates. This happens all the time.

**Q:** Would you call yourself a physicist?

**A:** Yes. I cover other specialties as well, but yes, I'm a physicist. And I specialise in systems. Livermore [Lawrence Livermore National Laboratory] is a good place to be. Everyone's very professional there. They don't play games there.

**Q:** What can you say about the current state of physics in the military-industrial complex?

**A:** It's dozens of years ahead of mainstream physics which is published in journals in the public domain. There are projects dealing with subjects beyond the belief or experience, beyond the imagination, of many public-domain physicists.

## Rips in the fabric of space-time

**Q:** Can you give us any examples?

**A:** [Long pause] There's a project called *Shiva Nova* at Livermore which uses arrays of giant lasers. These are *huge* lasers, *huge* capacitors, many terawatts of energy, in a building built on giant springs

[extends his arms to show the size], all focused on a tiny, tiny point. This creates a fusion reaction which replicates certain conditions for nuclear weapons testing. It's like a nuke test in lab conditions, and there's very powerful data collection focused on that point where all the energy is focused.

The problem is that all extremely high-energy events like this create rips in the fabric of space-time. This was observed back in the early Hiroshima and Nagasaki events, and you can even see it in the old movies. Look for what looks like an expanding energy sphere, and I can send you a link to show you.<sup>1</sup> The problem with creating rips in space-time, whether they're big or little, is that things get in that you don't want to be there.

**The problem with creating rips in space-time, whether they're big or little, is that things get in that you don't want to be there.**

**Q:** Things get in?

**A:** Things get in. Things that we all know about that are discussed on the Net a lot. Beings and influences and all kinds of weird stuff, and I can tell you they've created *big* problems.

**Q:** What kind of problems?

**A:** [Pause] The problem of their presence and then what happens next. The other problem is that if you're creating rips in space-time, you're messing with time itself whether you mean to or not. There have been attempts to fix that, and it all results in a complicated overlay of time loops. Some ETs are trying to help, and others... others are not. When predicting futures, we can only talk about probable and possible futures. This is all extremely complex and very highly classified. Basically, it's just a huge mess. We've opened Pandora's box, starting with the Manhattan Project, and we haven't yet found a way to deal with the consequences.

**Q:** The problem of multiple timelines sounds like the information reported by Dan Burisch. Can you comment on that?

**A:** [Shakes head.] I don't know about any of that...

**Q:** Okay. What else can you tell us about the timeline problem?

**A:** Just that it's unresolved. The risk is, you see, that each time we try to fix it, it adds to the problem. It just gets worse all the time.

## Time travel portals

**Q:** Are the aliens—or some of the aliens—time travellers? Dan Burisch states this.

**A:** Yes.

**Q:** Do you know about the "Montauk Project"?

**A:** That caused a huge problem, and generated a...created a 40-year loop. I don't know about Al Bielek. I believe some of his information is suspect. But something like that definitely did happen; the Philadelphia Experiment, too. John [von] Neumann was very involved in all of that.

**Q:** Montauk was real?

**A:** Yes. That was a real mess. They created a time split we're still unable to mend. Now, understand this also relates to Project *Rainbow*, the stargates...they were also working on that there. But some of the Montauk reports on the Net are unconvincing to me. I've seen some of the photos of the equipment they're supposed to have used and it's junk, just a pile of junk.

**Q:** [Bill] I've always had a problem with the idea of time portals because I don't see how or why they'd stay with the planet at a certain location as it moves through space. If a portal was created in space-time, you'd expect it to be left behind somewhere very quickly as the Earth rotates and moves round in its orbit, and the solar system itself is orbiting the galaxy in a huge cycle. I mean, everything's in motion, all the time, and this is well known. Can you explain this?

**A:** No, I can't...but I know what you mean, and the portals do stay in specific locations, kind of anchored to this planet. That does happen that way. Why they don't get left behind or just kind of float off somewhere, I have no idea. Maybe they're gravitationally anchored in some



way. Your guess is as good as mine. One of the portals connects to Mars, and it's a stable connection, no matter where Earth and Mars are in their orbits. We have a base there established in the early 1960s. Actually, we have a number of bases.

**Q:** So we've explored Mars already...

**A:** Sure, a long time ago. Have you seen *Alternative Three*? That had some truth to it. The Mars landing video was all a spoof, and other parts of it were as well, but there's truth there.

**Q:** What else do you know as a physicist working on these projects?

**A:** Okay. This may interest you if you have a physics background. You know what signal non-locality is—when two particles in different parts of the Universe can apparently communicate with each other simultaneously, no matter what the distance. Communications devices have been made for communicating across vast distances and also locally using a methodology that's impossible to eavesdrop on, because there's nothing travelling between the two devices that can be intercepted. It's impossible to crack or code-break or eavesdrop because no signal travels anywhere, so there's no signal to be intercepted or decoded. It just doesn't work like that.

The beauty of it is that the devices are actually so simple to build. You can create two chaotic circuits on a couple of small breadboards using cheap components which anyone can buy, and they communicate with each other in this way. You can build these if you know how.

**Q:** Are there any other applications besides communication?

**A:** [Pause] Yes.

**Q:** What else can you tell us about this?

**A:** That's it. Oh, I should say that I didn't realise at first that you are also the guy who created the Serpo website. Let me just say that it wasn't called by that name. And I doubt that the travel took nine months. That's not how they travelled there.

**Q:** Oh, you mean the travel was instantaneous?

**A:** [Pause] I don't think they travelled the way they say they did on the Serpo website. Maybe there were other programs. There may have been many. But travel across large distances is best done using portals. Anything else is really...it's just inefficient.

**Q:** You mean they used stargates?

**A:** I guess you could call them that, yes. I also suspect the system isn't Zeta Reticuli. It sounds to me like Alpha Centauri. I think you mentioned this on the site.

**Q:** Do you have a reason for saying that?

**A:** Well, Zeta 1 and 2 are a long way apart from one another. Alpha Centauri and Proxima Centauri are close together. Alpha Centauri has a solar system very much like ours, but it's older. The planets are in stable orbits. There are three inhabited planets: the second, third and fourth...no, wait, the fifth, I think; second, third and fifth.

**Q:** That's astonishing. You knew this professionally? I mean, you came across this in the course of your work?

**A:** Yes. This is known. It's comparatively easy to get there, less than five light years away, and that's, you know, it's right next door to us. The people...they are very human-like. They're not Greys; they're like us. The human form is very common in the Universe.

**Q:** [Bill] Is one of the planets desert-like? That's what I saw in the photo I described. Two setting suns, over a desert landscape. It really blew me away. [See this article on the Serpo website.]

**A:** Yes, it is. A desert planet.

**Q:** Wow! Are you familiar with Project *Looking Glass*?

**A:** That sounds kind of familiar...

**Q:** It was a kind of technology that Dan Burisch told us about that involved seeing into the future. Were you involved with it?

**A:** Okay, that technology wasn't developed by us. We were given it, or it was taken from a craft we acquired. I didn't work on that.

**Q:** We heard they have a man-made stargate at Los Alamos. Are you familiar with that?

**A:** [Looks at us

without answering; slight enigmatic smile.]

**Q:** What can you tell us about Los Alamos?

**A:** There's a Los Alamos website I'll send you, and then you can search there under "gravity shielding" and things like that. It's all there.<sup>2</sup> Now, it may have been an error that it's in the public domain. You might want to advise people to archive the pages they find there before they're taken off the web once this gets out, if it does. But right now you can see it with your own eyes. It's hard to know what else to say.

## UFOs and ETs

**Q:** What can you tell us about the ET presence?

**A:** Look up the movie *Wavelength*. It's based on a totally true story. Have you seen it? It's based on an incident that took place at Hunter Liggett. This is a hot one.

**Q:** No. Where's Hunter Liggett?

**A:** Ninety miles south-south-east of Monterey, California. My primary station at the time was Fort Ord. I was working there back in the early 1970s when I was in the military, and I was working under CDCEC, which is Combat Developments Command Experimentation Command.



*"It's frustrating... I can't show the authorities because I bagged him out of season."*

You can go look that up. We were doing testing of all kinds of devices, and we lived out in the field there. We wore laser protection goggles a lot of the time and we had our eyes dilated routinely to check our retinas for burns. Some of the cattle in the fields even wore modified goggles! This was the most bizarre sight you could ever imagine.

Well, one day something happened while we were testing. A disc came into the area and it was hovering; it hovered right directly in front of us, out in a field. So [pause] we shot the \*\*\*\*ing thing down.

**Q:** You shot down a disc?

**A:** [Shakes head.] We should never have done it. It wasn't me personally, but the group did. Between us we had all this gizmo weaponry and I guess they panicked and thought they were in a movie or something. The disc was disabled and it was captured, and so were the occupants, and I saw these very briefly. They were small child-like humanoids with no hair. And they had small eyes, not large almond-shaped eyes. I don't think anyone knows about this. As far as I know it's not on the Internet.

**Q:** This is incredible. I've never heard of this incident.

**A:** Most of the other witnesses ended up in Vietnam and many were killed. I may be the only living witness to what happened... I don't know...

I had a genuine alien photo once. I showed it to someone—a woman, a very talented woman, who was a microbiologist working for one of the agencies. It scared the s\*\*\* out of her. I couldn't believe it. She just didn't want to deal with it at all. And I'd say that just suggests that the public, even scientists, aren't ready for this information to be released. And this person was really smart. It didn't stop her from freaking out, just not wanting to know. She was just, you know, totally spooked.

**Q:** Can you describe it?

**A:** It showed a small being with dark skin, kind of black and wrinkled. He was a sole survivor of an incident. But he died shortly afterwards. He had a suit that was self-healing, ah...self-repairing. It was a kind of fabric, or something, that would actually repair itself. And he had an artifact with him that was some kind of remote control device, and that was taken

away from him.

**Q:** He was the survivor of a crash?

**A:** [Pause] No... I mean, it's just so incredibly complicated. It's so complex it's possible that no one person has all the information. Most of the agencies don't know what the other agencies know and everything is heavily compartmentalised right up the wazoo. No one talks to anyone else about this stuff.

Sometimes entire projects are duplicated at the cost of God knows how many billions because the existence of the other project is unknown, it's kept from them. I mean, I'm a scientist, and scientists sometimes have one arm tied behind their back because they can't communicate

**"When you go back and change the past, it creates a different timeline, which is a new branch of the original one... There's no [grandfather] paradox."**

freely. In fact, they can't communicate at all [laughs]. And there are dozens, *hundreds* of classified projects; I mean *major* ones. It's just a total mess.

Look, there are many groups of ETs and, besides, *our own ancestors* are mixed in there. There are time loops upon time loops, and it's all a mess. You'd need an IQ of 190 to figure it all out.

## Time loops and paradoxes

**Q:** Tell us about the time loops. By the way, can we ask you again: you've not heard of Dan Burisch?

**A:** Not that I remember.

**Q:** We interviewed him last month. He's next to John Lear on the [Project Camelot] web page.

**A:** I did see your interview with John Lear, talking about the Moon photos and the way they're airbrushed. NASA does that all the time. He's quite a character, by the way. I'd like to meet him one day.

What few people know is that radar reports for the National Weather Service are also airbrushed, so that certain radar images aren't released. I don't mean

airbrushed as in by hand: the radar images are electronically filtered using software. Some of these radar traces are *huge*. In addition, the weather radar won't record traces that are moving faster than a certain high speed, a couple of thousand miles an hour. But there are still traces which need to be removed.

**Q:** UFOs?

**A:** Sure. They're often optically invisible, but usually show up on radar. They're also visible in ultraviolet. I don't think this is generally known by people.

**Q:** So what can you tell us about the time loops?

**A:** Right. [Long pause] The situation with time loops is that there are a large number of parallel timelines, lots of branches. There are no paradoxes. [Draws a diagram.] If you go back in time and kill your grandfather—that's the grandfather paradox everyone talks about—there's no paradox. When you go back and change the past, it creates a different timeline, which is a new branch of the original one. On that timeline, you'd not be born and wouldn't exist, so that aspect of the paradox is true. Do you see? But on this timeline, which you're on here and now, you do exist and continue to do so. There's no paradox. It's simple.

Do you see? You're dealing with different branches of a kind of time tree. No principles get violated. All future events are possibilities, not certainties. That's kind of pretty important, an important distinction. That's really all I can say about that.

## Chemtrails and weather wars

**Q:** Do you know anything about chemtrails?

**A:** Okay. Chemtrails were developed by Edward Teller and are basically the seeding of thousands of tons of microparticles of aluminum [aluminium] in the upper atmosphere to try to increase the albedo of the planet, the reflectivity of the planet, because of global warming. Now, *gold* microparticles, real gold, were used once in a similar situation on another planet, but I guess they had lots of gold, and we used aluminum instead. Global warming is partly because of the greenhouse effect, and that certainly makes things worse, but most of it is because of increased solar activity. Solar activity is the *real* problem.

**Q:** Why isn't this information in the public domain? It seems like people should know and would like to know, and there's no security risk if what you say is true.

**A:** Scientifically, it's just a total gamble. Not nearly enough is understood. It may work, or maybe it won't. It could easily make things worse. There may also be health side-effects, weather side-effects, God knows what. It affects the whole planet and here you have a unilateral, non-democratic decision, unconnected with the political or democratic process, to launch a huge technological special project that affects everyone on Earth. If that's not controversial, I don't know what is. The solution is to keep it secret. It's the usual knee-jerk solution, too.

**Q:** Will it work?

**A:** I don't know.

**Q:** Is this also connected with weather wars?

**A:** [Pause] Yes, there are weather wars. The air force will own the weather within two years.

## Depopulation plans

**Q:** What else can you tell us?

**A:** Read *The Report from Iron Mountain*. Much of that is true. I was working with a group down in [\_\_\_\_\_]. They called us in and passed out a report. The weird thing is that it wasn't even connected with what we were working on, and it came just right out of the blue, out of nowhere, and none of us was expecting it. The guy said, and I'll never forget it because it struck me as just wrong: "There are the wolves and there are the sheep, and we are the wolves." Then they told us to go and read the report, and that was that.

There wasn't any choice, and there still isn't. The way they see it is there are too many people, and, you know, they're right. That's true. So they figure they need to eliminate them and they're planning solutions to this. I happen to think it doesn't have to be that way. Apart from what I've mentioned so far about the space-time problems, the problem is overpopulation. It's as simple as that. There are programs to reduce global population for everyone's benefit. Believe it or not, the intent there is positive. It was put together by Kennedy way back then. The RAND Corporation was involved, and one of the Rockefellers—I forget which one; probably Laurance, I think.<sup>3</sup>

**Q:** By killing people off?

**A:** Basically, yes. Artificial viruses that have been deployed using a number of means are hard to detect or identify and nearly impossible to cure. Medical people in the public domain can't identify what's happening.

**Q:** How do you feel about this personally?

**A:** Very mixed. [Pause] As an individual flesh-and-blood human being, I'm appalled. And as a scientist trained to look at things from a high vantage point, a high overview, I have to say that I can understand the thinking.

You have to understand that I'm not

**"There are programs to reduce global population for everyone's benefit. Believe it or not, the intent there is positive."**

defending or condoning this. It's just a comment from an abstract scientific perspective. But the problems we face on this planet are so huge that very few people have the training or experience to view it all, to see it all in the same field of vision.

My situation was different, and I got a chance to see a lot of things because of the nature of my work. Most people don't see it all. But I've worked with many agencies and I have the big picture.

Do you know that it's legal to test biological and chemical agents against US citizens? It's *legal*. You know, all that has to be done is to get the approval of the mayor of the city, or his equivalent in any area, or some representative official. No one knows this, but it can be checked out.<sup>4</sup> Go look it up. It's all carefully hidden away in the law somewhere, but it's all in the public domain. It's all there.

**Q:** You've revealed a whole lot of extraordinary material here in our conversation. What's the most important message you'd like to leave people with?

**A:** Look, I don't want to shock anyone, but I'm not optimistic. The problems

facing us as a race on this planet are *huge*. I don't believe most civilians are ready and able to comprehend and deal with the sheer scale and complexity of it all. They have enough trouble managing their everyday lives, and these problems are on a completely different level. Overpopulation is really the biggest issue. Everything else facing us is connected with this.

You see, I can understand the military taking matters into their own hands. If there was full disclosure of all the problems and all the proposed solutions, do you really think it would help any of us? I suggest the answer is probably not.

It would just complicate matters further.

But deep down I *do* feel that everyone should know these things, or else I would not be talking with you. The essential message I want to leave with is that I do actually hope and want to believe that we as a people can handle all this, but sometimes I wake up in the morning and doubt it; but deep down I want people to know the important things that have been kept from us all. But sometimes I do wonder.

You don't know what I haven't told you.

## Endnotes

1. See <http://www.waynesthisandthat.com/abombs.html>.
2. See <http://lanl.arxiv.org>.
3. Henry later clarified by email that "Kennedy was not responsible for carrying out the RAND think-tank results...he only requested the study be done".
4. See US Code Chapter 32, Title 50, sections 1520a and 1515.

## About the interviewers:

Bill Ryan and Kerry Cassidy are the team behind Project Camelot. Last edition we published their interview with "Mr X". For the full text of their interview with "Henry Deacon", go to [http://projectcamelot.org/livermore\\_physicist.html](http://projectcamelot.org/livermore_physicist.html). A video interview with Dan Burisch is also on the website <http://projectcamelot.org>.

If any readers have inside information which they would like publicised, Project Camelot promises full confidentiality and a wide audience for the disclosure of important subject matter. Email [support@projectcamelot.org](mailto:support@projectcamelot.org).





# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### OUT OF THE DREAMTIME:

#### The Search for Australasia's Unknown Animals

by Rex & Heather Gilroy

Uru Publications, Australia, 2006

ISBN 0-9578716-5-1 (602pp lf tpb)

Available: Uru Publications, PO Box 202, Katoomba, NSW 2780, Australia, tel +61 (0)2 4782 3441

Rex Gilroy can truthfully call himself the "Father of Australian Cryptozoology and Yowie Research" for his pioneering fieldwork and research that began more than 50 years ago. He established The Australian Unknown Animals Investigation Centre in 1977 and has written a number of books including *Mysterious Australia* and *Giants from the Dreamtime* (NEXUS 3/01, 8/05).

Rex's latest book, *Out of the Dreamtime*, co-written with his wife and fellow field researcher Heather, is a weighty, large-format volume that summarises the duo's findings about the mysterious hominids and animals that arguably still populate the more remote regions of Australia, New Zealand, Papua Guinea and Pacific islands such as the Solomons. It's a veritable feast of "monsters in our own backyard": creatures of Aboriginal folklore such as various forms of Bunyip, the Burrunjor (a giant, bipedal, flesh-eating reptile) and the Moolyewonk (a "Nessie"-type plesiosaur), the supposedly extinct marsupial lion and mainland Tasmanian tiger, a reportedly 5.5-metre-tall, emu-like flightless bird in New Guinea, and an assortment of man-beasts (including the

Yowie) throughout the entire region.

The book is packed with b&w photos, eyewitness accounts and stories of Rex and Heather's expeditions. Occasionally Rex lashes out at academic scientists who ignore the evidence or don't even bother to look for it. In the opening chapter, he recounts in gripping detail how he got lost in winter 1999 in the Kanangra Boyd wilderness out past the Blue Mountains west of Sydney, and still managed to discover megalithic stone circles. He was lucky to get out alive!

A hands-on fieldworker's approach to achieving progress in science!

### HOLLOW EARTH

by David Standish

Da Capo/Perseus Books, London, 2006

ISBN 0-306-81373-4 (304pp hc)

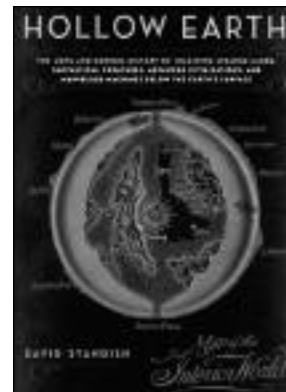
Available: visit [www.dacapopress.com](http://www.dacapopress.com)

As a teenager, David Standish read some of the classic novels based around the idea that the Earth might be hollow: Jules Verne's *A Journey to the Center of the Earth* and Edgar Rice Burroughs's *Pellucidar* series, for example. As a grad student, he came across an Edgar Allan Poe short story that drew on 19th-century John Cleve Symmes's belief in a polar opening leading into the Earth's hollow interior. He filed all this away in his mind until a few years ago when he came across the Hollow Earth Insider website, which showed him that the hollow Earth theory is still alive and well.

So, Standish was inspired to research the history of the idea, which is recorded in most ancient cultures worldwide. The Sumerians, Egyptians, Indians, Greeks, Incas and Mayans, for example, all believed in an underworld. He takes up the story with English astronomer and mathematician

Edmond Halley (of comet fame) who came up with an Earth model encompassing concentric spheres—perhaps the forerunner of the modern model with crust, mantle and core. The idea was useful as a scientific theory in the late 17th century, but it has morphed to suit the spirit of the times or reflect its hopes, fears and values ever since. In the late 19th century, for instance, it was a vehicle for religious utopianism, and in the 1950s for Cold War paranoia.

While Standish gives no credence to the hollow Earth notion, he gives intriguing insights into the mindsets that produced science fiction hollow Earth epics, went on lecture tours to drum up support for a polar hole expedition (as Symmes first attempted in 1818) or, like Ray Palmer, published "amazing stories" from the 1940s about flying saucers hidden beneath the Earth's surface, relics of an advanced alien civilisation. The text is both instructive and entertaining, interspersed with some marvellous archival illustrations. There's an extensive bibliography for readers who want to explore the hollow Earth subject further.



# REVIEWS



## CRACKING THE SYMBOL CODE

by **Tim Wallace-Murphy**

Watkins Publishing, London, UK, 2006  
ISBN 1-84293-207-1 (309pp tpb)

Available: [www.watkinspublishing.com](http://www.watkinspublishing.com)

A legacy of sacred knowledge that can be traced to the ancestors of the Egyptians has been incorporated in the architecture, art, sculpture and writings of the Western world. However, the symbolism employed by Gothic church builders and Renaissance artists alike hides secret messages that were heretical to Church teachings, says historian Tim Wallace-Murphy. This secret stream of knowledge was meant to be accessible to those with the eyes to see and was to be preserved for future generations to decode.

In *Cracking the Symbol Code*, Wallace-Murphy discusses the hidden details about the true Christian story which were regarded as unpalatable to the established Church—for example, the Rex Deus families who created the Knights Templar and who continue to maintain the hidden stream; and the Knights' relationship with the Sufis in their early days in Jerusalem when they were taught the rudiments of the high-pointed arch designs that they later developed for their Gothic cathedrals. He uncovers the pagan foundations of much Christian symbolism and doctrine, but also how the sacred knowledge and its adherents had to be protected from a corrupt mediaeval Church.

In his many "pilgrimages" to sacred sites, he has felt the awe and power evoked not just by the symbolism but by the constructions employing sacred geometry principles as well as the natural Earth energies converging on these locations. In his book, which contains 30 colour plates and numerous illustrations throughout, Wallace-

Murphy inspires us to look behind the surface and consider the esoteric substance that would lead us to gnosis.

## THE SHINING ONES: The World's Most Powerful Secret Society Revealed

by **Philip Gardiner and Gary Osborn**

Watkins Publishing, London, UK, 2006

ISBN 1-84293-150-4 (323pp tpb)

Available: [www.watkinspublishing.com](http://www.watkinspublishing.com)

In their search for the progenitor of all sacred knowledge, researchers Philip Gardiner and Gary Osborn (*Gnosis*; see NEXUS 12/04) team up again to find the ultimate source for the symbolism behind the cults, faiths, creeds and secret societies through history. That symbolism seems to have the same hidden meanings the world over, but where did it originate?

Gardner and Osborn contend that the shamanic experience of oneness with creation during the drug-induced trance state is at the source; indeed, it's the rising of the kundalini energy that illuminates the inner sun of the human being and fosters communication with interdimensional worlds and entities. Thus the shamans who achieved ecstasy and enlightenment became known by names like "the Shining Ones".

The original shamans of tribes across the planet comprised a priesthood whose wisdom was passed onto and retained by secret initiates through the ages. Their influence arguably can be traced back 50,000 years. Aspects of their teachings can be found in the ancient Australian Aboriginal, Sumerian, Hindu, Egyptian and Druidic cultures, and traces can be seen in all the world's major religions and shamanic traditions.

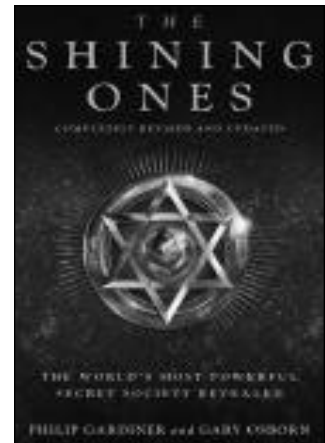
Evidence for a "source civilisation" with a highly developed system of knowledge

about science and spirituality can be gleaned from the symbols of the tree and the cross (signifying spiritual rebirth) and the Eye of Ra (representing the Source-Centre and the inner sun), and myths such as the flight of the phoenix (the bird of enlightenment).

The authors give an overview of the Shining Ones in history, religion and mythology as the Devas of the ancient Hindus of India, the Anunnaki of the Sumerians, the Shemsu Hor of the Egyptians, the Elohim of the Jews, and more. They also suggest that evidence for the Shining Ones can be seen today in various secret societies including the Masons, Rosicrucians, Knights of Malta, Knights Templar, Bilderberg Group and Opus Dei as well as in the Catholic Church.

Gardiner and Osborn suggest the secrets are still kept in the hands of high initiates, and they question the power of a priesthood with a control agenda that denies the individual knowledge of the true spiritual path.

A revealing thesis in the quest for truth.





# REVIEWS

## A FRESH APPROACH TO MAGNETISM

by Thomas T. S. Watson

T. T. S. Watson, Victoria, Australia, 2006  
ISBN 0-646-46737-9 (120pp tpb)

Available: Thomas T. S. Watson, 32  
Kinlock Street, Bell Post Hill, Vic. 3215,  
Australia, tel +61 (0)3 5278 7628, email  
tomw@datafast.net.au

Australian draughtsman and aviation/  
automotive designer Tom Watson (see  
"A Fresh Approach to Gravity", NEXUS  
11/02) has been researching gravity and  
magnetism for decades.

In his self-published book, Watson presents a case for the combined magnetic output of the electron's activity and the proton-neutron nucleus ratio as being the source of what science refers to as "gravity". He even goes so far as to say that "magnetics is gravity". He also proposes a new formula for calculating gravity.

Going back to basics with the behaviour of the permanent magnet, Watson shows how the neutral zone between the north and south polarities is the zone of highest internal and external magnetic pressure. In fact, he suggests that the centre of the magnet has a potential of twice the magnet's magnetic rating, a discovery that has particular relevance for free-energy researchers. The diagrams throughout the book aid the understanding of this breakthrough approach.

Watson's findings have relevance in the relationship between the Earth's magnetic zone and emissions from the Sun's magnetosphere. For instance, one reason we're experiencing weird climatic changes, he says, is because the Sun reversed its polarity in February 2001 and the Earth is still adjusting, the north magnetic pole shifting

by about one degree per year closer towards the true north position. Unusual weather, seasonal cycles and growth patterns will prevail until the new cycle becomes stable in around 2009-10, he predicts.

Watson has done science a great service in the quest for a unified field theory.

## THE WORLD CATAclySM IN 2012: The Maya Countdown to the End of the World

by Patrick Geryl

Adventures Unlimited Press, Illinois, 2005  
ISBN 1-931882-46-0 (339pp tpb)

Available: NEXUS offices; Adventures  
Unlimited, website <http://www.adventuresunlimitedpress.com>

Mathematical codes pointing to a global cataclysm in December 2012 can be found in both the Dresden Codex of the Maya and the Dendera zodiac and temple hieroglyphs of the ancient Egyptians, says researcher Patrick Geryl. He shares his amazement at his discoveries throughout his new book, a follow-up to *The Orion Prophecy* (9/02) which was co-written with archaeo-astronomer Gino Ratinckx, who was a sounding board in Geryl's latest quest.

Time and again, Geryl found that the same numbers (e.g., 666, the apocalypse number) kept cropping up, leading him to conclude that the Egyptian and Mayan civilisations sprang from a common pre-Flood source. He believes that source was Atlantis (Aha-Men-Ptah in the old language), a civilisation founded in 35,712 BC and which developed a sophisticated knowledge about sunspot cycles, the zodiac, precessional cycles, and cataclysms that came around approximately every 11,000 years or so.

The Atlanteans experienced a pole shift cataclysm in 29,808 BC, a 72-degree turn of the Earth in half an hour in 21,312 BC and their final demise in another pole shift in 9792 BC, although they were able to calculate this date and some were able to migrate to other lands ahead of the event. Geryl maintains that further clues to this ancient knowledge that links sunspot cycles and zodiacal precessions with pole shifts will be found in an ancient labyrinth, part of which was described by the Greek historian Herodotus. According to Geryl's calculations, this may be found at Hawara in Egypt.

Geryl utilises reams of astronomical, archaeological and mathematical evidence and adds to Maurice Cotterell's sunspot-cycle theory that sheds light on the demise of the Maya. He explains the numerical codes in more detail in the appendices. His descriptions of what may befall the planet when the Sun reverses its magnetism and causes a pole shift of the Earth are truly frightening. We only have five years left to find out whether the ancients were wrong!



# REVIEWS



## CONSPIRACY OF SILENCE: UFOs in Ireland

by Dermot Butler and Carl Nally  
foreword by Timothy Good

Mercier Press, Ireland, 2006  
ISBN 1-85635-509-8 (206pp tpb)

Distributors: **Australia**—Tower Books, tel (02) 9975 5566; **Ireland**—Mercier Press <http://www.mercierpress.ie>; **USA**—Irish Books and Media, tel (612) 871 3505

Unidentified flying objects have been observed around the world through the ages, and Ireland is no stranger to such sightings—which is no surprise, seeing it's well known for paranormal phenomena. Going back several thousand years BCE, the legendary Tuatha Dé Danaan supposedly arrived in "clouds of smoke" from the sky rather than by boat. The subject of UFOs has even been discussed in Q&A sessions in the Irish Parliament, the Dáil Eireann.

To show that the UFO phenomenon is as real in Ireland as it is anywhere else, researchers Dermot Butler and Carl Nally have investigated a range of testimony from trained observers such as aircraft pilots, air traffic controllers and UFO groups as well as the general public, but they leave it to readers to draw their own conclusions.

The authors are the co-founders of UPRI (UFO and Paranormal Research Ireland) and have been studying the phenomenon for two decades. Reports of bright, coloured light balls that dashed off at great acceleration, light beams, flying saucers, flying triangles, close encounters, electrical failures, altered states, abductions, crashed craft and more are all part of Irish UFO history, and Butler and Nally provide fascinating details about some key cases right up until 2005.

Among the numerous eyewitness accounts reported here is one from January 2004 that involved an Aer Lingus Boeing 737 which had one of its wings scorched and its brakes damaged in an encounter with the wake of a UFO. Another example is that of a silent object as large as a football field seen at Lettercreeve in 2001. But Ireland has had a history of unusual encounters, such as the wave over Northern Ireland in May 1909 and even one dating to 1211 outside a church. The authors cover in detail the controversy over an alleged UFO crash near the town of Boyle, Roscommon, in May 1996, raising questions about covert operations, foreign military powers and secret bases. They show that there really is a "conspiracy of silence" by those in the know.

Their book is a welcome addition to the body of ufology literature.

## NEED TO KNOW: UFOs, the Military and Intelligence by Timothy Good

Sidgwick & Jackson, London, UK, 2006  
ISBN 0-283-07037-4 (452pp tpb)

Available: visit [www.panmacmillan.com](http://www.panmacmillan.com)

In his seventh book on the UFO subject, respected British investigator Timothy Good reveals more military–intelligence documents and accounts as well as eyewitness reports from pilots, scientists, politicians, journalists and others (some whose stories we've published, such as Clark McClelland and hacker Gary McKinnon in 13/04). While he does cover some of the same ground as in his earlier books, he does so because these books are now out of print.

*Need to Know* is divided into sections representing the modern UFO era from 1930 to 1949, from 1950 to 1959, and from 1960 to

2006. The first part deals with unknown aerial phenomena such as foo fighters and ghost rockets observed during WWII, the huge number of planes downed in mysterious circumstances coinciding with the commencement of the nuclear age, Dr Wernher von Braun's involvement in the Roswell incident, the siege mentality that beset the military and various government agencies, and more. The second part concerns UFO flaps, the structure of secrecy headed up by MJ-12, attempts to shoot down alien craft, negative reports from Project *Grudge*, scientific boards convened to look into the problem, and more. The third part leaves us in no doubt that UFO and alien sightings and encounters are a global phenomenon. As well as reports of intrusions over USAF bases, there are details of incursions on Russian military bases, flypasts over the British Home Secretary's country home, aliens captured in Brazil, the spectacular Phoenix Lights incident of 1997 and the debate about public disclosure.

If you've never read a book about UFO history, Good's presentation of indisputable evidence is a suitable place to start.







# REVIEWS

## STOP AMERICA'S #1 KILLER!

by Thomas E. Levy, MD, JD

LivOn Books, Henderson, NV, USA, 2006  
ISBN 0-9779520-0-2 (319pp pb)

Available: <http://www.LivOnBooks.com>

**H**eart disease, particularly coronary heart disease, is the leading cause of death around the world, yet it is preventable and reversible. According to US cardiologist Dr Thomas E. Levy, vitamin C deficiency is at the core of many diseases. For instance, atherosclerosis—the build-up of plaque in the arteries that leads to heart attack—seems to be initiated by a vitamin C deficiency (scurvy) in the inner lining of the arteries.

Dr Levy explains the anatomy of the artery and how its health can be drastically compromised by lack of vitamin C, which is essential for maintaining the integrity and strength of the "intercellular glue" that binds the cells together. Depleted levels cause this gel-like glue to become watery and allow the penetration of foreign substances into the basement membrane.

As for what causes depleted levels of vitamin C in the arteries, Dr Levy says that in almost every case this is due to significant daily exposure to toxins, e.g., heavy metals from dental amalgam, which neutralise local vitamin C stores. Soon the environment is primed for an influx of calcium, cholesterol and bad fats as well as macrophages—an influx that continues for as long as the abnormal solute deposition is maintained.

The answer for normalising artery health is supplementation with high doses of vitamin C and other nutrients, and Dr Levy provides a chapter with advice and protocols for preventing and reversing atherosclerosis. The largest section of his book highlights more than two dozen CHD risk factors relating to

vitamin C deficiency—risk factors such as high blood pressure, inflammation, high levels of triglycerides, diabetes, smoking, infection and oxidative stress. Dr Levy explains how vitamin C intake can overcome these risk factors and backs up his arguments with an array of scientific studies (listed in over 60 pages of references).

This is easy-to-understand, actionable information that could save your life!

## WHEN THE RIVERS RUN DRY:

### What Happens When Our Water Runs Out?

by Fred Pearce

Transworld, London, UK, 2006;  
Beacon Press, Boston, USA, 2006  
ISBN 1-903919576 (368pp hc, T'world);  
0-8070-8572-3 (hc, Beacon Press)

Available: **UK/Aust/NZ**— Transworld;

**USA**—Beacon Press, [www.beacon.org](http://www.beacon.org)

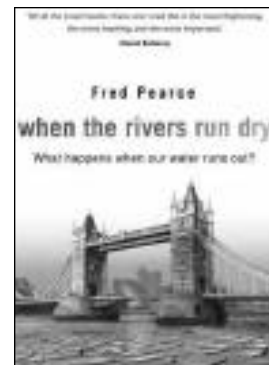
**T**he water crisis that's affecting Australia, the driest continent on Earth, is a microcosm for the dire situation in which much of the world finds itself. Having recently been captivated by the ABC's *Two Men and a Tinnie* trek by scientist Tim Flannery and broadcaster John Doyle along the Darling and Murray river systems, I found Fred Pearce's environmental travelogue compelling and cautionary reading. Pearce's writings on science and the environment would be well known to readers of *New Scientist* magazine, and here, in his 14th book, he asks the timely question of what happens when our rivers run dry.

The Murray–Darling system with its dwindling environmental flows caused largely by man-made intervention is just one riverine *cause célèbre* that's captured Fred Pearce's

attention. He takes us through landscapes of crops destroyed by salination, mass poisonings from arsenic contamination of the water table, dead wetlands, silted and stagnant ponds, poisoned wells and shrunken inland seas. Not pretty sights, nor ones that reflect water's true life-giving properties.

What's gone wrong? Pearce describes some of the mad and costly paths that have been taken in diverse parts of the world: choices of high-yielding crops that suck the soil dry; ill-conceived mega-dam-building projects with huge environmental and social costs; ancient aquifers emptied; fields turned to desert. People have been dispossessed, cultures killed off, ecosystems devastated, and all the while there's the looming spectre of water wars. By 2025, Pearce says, three billion people around the planet will face chronic water shortages.

Individuals and governments need to work together, Pearce adds, to find ways to "go with the flow" of nature. Our action plans need to include small-scale solutions such as *in situ* water tanks that we can easily implement, but it would help if governments rewarded efforts towards sustainability.



# REVIEWS

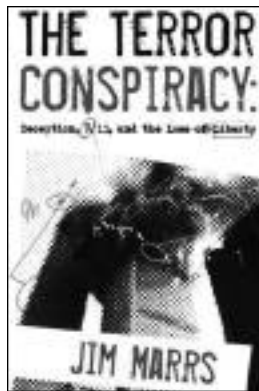


## **THE TERROR CONSPIRACY: Deception, 9/11 & The Loss of Liberty by Jim Marrs**

The Disinformation Company Ltd, New York, 2006, <http://www.disinfo.com>  
ISBN 1-932857-43-5 (482pp tpb)  
Available: **Aust**—Tower Books, tel (02) 9975 5566; **UK**—Virgin Books, tel (020) 7386 3300; **USA**—Consortium Book Sales, tel (651) 221 9035

In *The Terror Conspiracy*, ace investigative journalist Jim Marrs again points the finger at unresolved questions surrounding 9/11 but places them in the wider contexts of an imperialistic war for oil and drugs, the increasingly draconian legislation enacted with a view to silencing the American people, and lessons from historical precedents.

Marrs acknowledges that growing numbers of people are seriously doubting the official conspiracy stories; the more they discover, the more serious they are about asking who really was responsible for the 9/11 attacks



on the WTC towers, the Pentagon and the ill-fated flight over Pennsylvania. And while Marrs has presented evidence in the past suggesting it was an "inside job" (see 11/06), he hopes this book will help motivate the US public to call for the perpetrators to be outed and brought to justice.

The 9/11 Truth Movement is indeed gathering momentum as conflicting evidence emerges about VP Cheney-directed war games aiding the hijacking plot, about the lack of wreckage from a 757 crashing into the Pentagon, about the firefighters who thought the fires were controllable, and about the explosions seen in the WTC towers just before they pancaked downwards in what looked like controlled demolitions. Marrs weaves disparate threads together to reveal a frightening tapestry.

Next, Marrs explains how the attacks on Afghanistan and Iraq were part of a long-term geostrategic plan, assisted by Osama bin Laden (a "made-to-order enemy") with his ties to the Bush family.

In the third section, he shows how far the

shadow government has come in installing a Big Brother State, and in the fourth he gives examples of historical precedents, e.g., the attack on Pearl Harbour, and how the mass media are complicit in publicising the official line. The appendix contains Barbara Honnegger's essay "The Pentagon Attack Papers". A fascinating big-picture analysis.

## **THE SECRET HISTORY OF THE WORLD AND HOW TO GET OUT ALIVE**

**by Laura Knight-Jadczyk**  
Red Pill Press, USA, 2005  
ISBN 0-9765041-0-3 (782pp tpb)  
Available: Red Pill Press,  
<http://www.redpillpress.com>

It's daunting being confronted with an 800-page book and having limited time and space in which to do justice to it in a brief review. I can at least admit to reading the powerful introduction which describes the "scam of distraction" that has warped hearts and minds through the ages just so that some desperate higher-ups with dastardly agendas can keep us in the dark because, basically, they're in the dark, too, and need to cover themselves in a veil of secrecy. This has been an age-old agenda, but one that's come into its own in recent decades due to the advent of new technologies.

Author Laura Knight-Jadczyk, in *The Secret History of the World and How to Get Out Alive*, gives a radical reassessment of history, myth, religion and science that aims to show that the old ones who came before the ancient Egyptians and Sumerians possessed a techno-spiritual knowledge that made them conversant with hyperdimensional realities, DNA codes and quantum consciousness. Unfortunately, there are powers that be who would prevent the masses from cottoning-on to this, our true cosmic destiny.

Knight-Jadczyk warns us about being fooled by fancy imitations. She asserts that the so-called New Age and human potential movements of the last few decades were spawned and manipulated by the US counterintelligence program COINTELPRO. The author claims to have been a victim of the shadowy intelligence community going back to her childhood, and in recent years has had to leave the USA for her safety.

Similarly, she suggests that millions have been deceived by fake alien abduction scenarios, but also that the alien agenda cannot be assumed to be one of good ETs coming to rescue us. Time to wake up!

This vast overview covers subjects such as alchemy and the holy grail, the magic of abstract thought, catastrophe history, ancient archaeological enigmas, biblical revisionism and more. Phew!



# REVIEWS

## THE GOD-KINGS OF EUROPE

by Hugh Montgomery

The Book Tree, San Diego, USA, 2006  
ISBN 978-1-58509-109-6 (179pp tpb)  
Available: Visit [www.thebooktree.com](http://www.thebooktree.com)

The original Goths of southern Sweden migrated to that land from ancient Mesopotamia, and their god-king was Odin or Uðuin, based upon An/Anu, the God of the Sky in Sumerian mythology, according to retired professor of history, politics and economics Dr Hugh Montgomery. In fact, Jutland means "Uðuin's land", showing that the Goth chieftains were descended from Odin. At least one migration may have started out of Babylon in 1157 BC when the Kassite dynasty, sourced from the southwestern Caspian coast, was overthrown.

After many years of research and with assistance from numerous scholars, Dr Montgomery presents extensive genealogies to explain how the descendants of the Mesopotamian god-kings spread into



Scandinavia and then into Europe and Britain and became linked with the bloodlines of the Jewish houses of David and Benjamin that had migrated to southwestern Europe and Georgia well before the time of Jesus. He puts forward a hidden history of the Old and New Testaments and suggests Jesus was a descendant of the Odic as well as Davidic lines, but that Mary of Bethany, a goddess-worshipping priestess of the Benjamite line, also had Odic blood.

He discusses Dr Barbara Thiering's notion that Jesus had two wives—Mary Magdalene, whom he claims was the daughter of John the Baptist of the Nabatean royal house, followed by Mary of Bethany—and had children with both...a recipe for further sacred-bloodline complications!

Dr Montgomery traces the Odic bloodlines of the Scandinavian and European royal houses into the Middle Ages, explaining how they became entwined with the House of David via an early Judeo-Christian Elchasai sect, a Benjamite and House of Saul line also via the Elchasaites, another

via an earlier Benjamite migration into Anatolia and modern-day Georgia, and another Davidic line from a previous Jewish migration to southern France and Spain. These royal bloodlines are still in existence to this day, he argues.

Dr Montgomery's controversial book fills in many gaps in our knowledge.

## REDEMPTION MANUAL: From Debtor Slave on the Plantation to Secured Party Creditor

edited by Robert Kelly for *The American's Bulletin*

ABS Publishers, Oregon, 2006 (ed. 4.3)  
ISBN n/a (655pp spiral bound)  
Available: The American's Bulletin, PO Box 3096, Central Point, Oregon 97502, USA, tel +1 (541) 779 7709

In the opening chapter of this huge compendium, editor Robert Kelly critiques the 1939 film *The Wizard of Oz*, describing it as an allegory for the state of affairs in 1930s America following the stock market crash and subsequent bankruptcy of the US government. Kelly reminds us that moves to hijack the US Constitution began under the Lincoln administration, but Americans truly became debtor slaves in 1933 when the nation's money was replaced with the "bankruptcy script" of a private corporation, the Federal Reserve Bank. Much additional historical background is provided that explains how this remarkable situation came about.

In the fourth edition of the *Redemption Manual*, Kelly, who edits *The American's Bulletin*, explains how people can regain individual sovereignty and obtain freedom from debt from the corporate state by becoming a Secured Party Creditor. It's a complicated process, and one that the government is not keen to publicise, but under the Uniform Commercial Code (UCC), which was adopted by most States in the 1960s, Americans can redeem their rights, titles, interest, property and wealth.

Kelly provides sample documents such as a levy exemption form, a non-negotiable security agreement, a power of attorney document, a common law copyright notice, a "hold harmless" and indemnity agreement, a charge-back cover letter and more. To navigate this information, it would be helpful to have a legal brain, or at least access to one, and you certainly need the courage of your convictions to go through with this, for the process also involves giving out a lot of personal data. According to Kelly, though, the outcome is worth taking the trouble.

The Redemption movement is on the rise in the USA, and this manual, first compiled in 1999, has been providing a great deal of momentum for citizens with a commitment to their personal freedom.

# REVIEWS



## DVDs

Compiled by Duncan Roads

### EARTH CHANGES – THE RIPPLE EFFECT: Alaska Sounds the Alarm

Narrated by Dr Nick Begich

© Dr Nick Begich, 2006

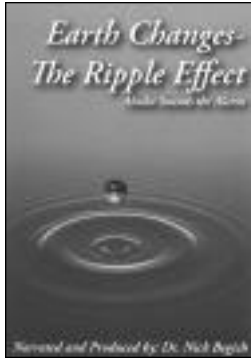
Availability: Earthpulse Press Inc., PO Box 201393, Anchorage, Alaska 99520, USA, tel +1 (907) 249 9111, fax +1 (907) 696 1277, <http://www.earthpulse.com>

The Arctic and Antarctic regions are being profoundly affected by Earth

changes. Whether these are due to man-made or natural causes continues to be debated, but what cannot be denied is that things are changing, regardless of the cause!

*Earth Changes*, the fourth volume of the *Earth Rising* series, addresses many of the issues facing all of us as residents and stewards of planet Earth.

Narrator and producer Dr Nick Begich presents his personal experiences and knowledge, combined with the latest research on these subjects. He discusses climate changes, increased earthquake activity, pole reversals and pole shifts, using his home State of Alaska as an example of the changes now taking place. In addition, he considers energy policy issues and alternatives in terms of strategies that might be applied at national and international levels, as well as some of the economic issues related to Earth changes. This information is too important to ignore.



### TERRORSTORM: A History of Government Sponsored Terrorism Narrated by Alex Jones

© Alex Jones/Infowars.com, 2006 (3hrs)

Available: Online sales only at <http://www.prisonplanet.com>

Throughout history, criminal elements inside governments have carried out terror attacks against their own populations as a pretext for enslaving them.

*Terrorstorm* argues that the 9/11 attacks in the USA, the 7/7 bombings in London and many other terrorist events were self-inflicted wounds. Witness British Special



Forces troops caught in the act of staging terrorist attacks in Iraq, and see official US government documents laying out plans to hijack passenger planes by remote control.

*Terrorstorm* also covers the Reichstag fire, the Gulf of Tonkin incident (designed to trigger a US-led invasion of Vietnam), the US-backed Iranian coup of 1953, the Israeli attack on the USS *Liberty* (aimed at sparking a US-led invasion of Egypt, but which failed) and much more.

View this film and be blown away!

### THE ILLUMINATI – Volume II: The AntiChrist Conspiracy Produced by Christopher Everard

© The Enigma Channel, 2006 (120mins)

Availability: The Enigma Channel, website <http://www.AntichristDVD.com>

This is the long-awaited sequel to the *Illuminati* film originally released in 2004, and follows on from where the first one ended. It tracks the Chinese government's campaign in Tibet, and compares the scenes of torture from Tibet with the photos of psy-ops ritualised torture at the Abu Ghraib prison in Iraq.

This film suggests that an evil agenda is being followed by the American and Chinese governments. In an interview, a senior official at the US State Department—the actual department which recommended to President George Bush that the US give China "most favored nation" status—is seen breaking down on camera. Was this due to his being a victim of mind control?

Perhaps the most important sequence in this section shows President Bill Clinton in a semi-trance state repeating the same message on camera over and over again. While make-up people tend to his clothes, Bill Clinton sits motionless, unblinking, staring into empty space: this is what psy-ops specialists call "park mode".

Aleister Crowley, L. Ron Hubbard, John Parsons and the secret society Skull & Bones at Yale University are all covered in this compelling documentary.





# REVIEWS

## MUSIC

Reviewed by Richard Giles

### SECRETS OF SEDUCTION

by **Enigmatic Obsession**

Globe Entertainment, 2005 (49mins)  
Distributors: **Aust**—MRA, tel (07) 3849 6020; **Eur**—Globe Entertainment, website <http://www.globeentertainment.de>

Remember the amazing 1990s music of Enigma with their brand of electronica and voice fusion? Enigmatic Obsession is Jens Gad, one-half of Enigma, the biggest-selling Gregorian chant/electronic dance group ever. He utilises and explores the same types of sounds and melodies that made Enigma a genre all of its own. The perfect soundtrack for lounging around or for a romantic evening, *Secrets of Seduction* will please those looking for Enigma with a twist. Fascinating sound, fresh as ever.

### ACOUSTIC AFRICA

by **various artists**

Putumayo, USA, 2006 (46mins)  
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—Putumayo, tel 07759 600495; **USA**—Putumayo World Music, tel 800 955 9588, [www.putumayo.com](http://www.putumayo.com)

This Putumayo release features the introspective side of African music, focusing on melodic songs with meaningful lyrics. Included among the artists are singer/songwriters Habib Koité of Mali, Angélique Kidjo of Benin, Diogal Sakho of Senegal, Eneida Marta of Guinea-Bissau, Vusi Mahlasela of South Africa, Faya Tess of the Congo and Laye Sow of Mauritania. Their sweet ballads and romantic acoustic music make this a captivating collection.

### IN PRAISE OF THE GODDESS

from the **Mallik Family**

Celestial Harmonies, 2006 (73mins)  
Distributors: **Aust**—Planet Distribution, tel (02) 9283 8250; **USA**—Celestial Harmonies, tel (520) 326 4400, website <http://www.harmonies.com>

A compilation of traditional Indian song from the Mallik family (see NEXUS 12/04), this album venerates the mother goddess Durga. The Mallik family line goes back to 18th-century Bihar in northern India where it was founded by singers Radhakrishna and Kartaram, who studied under the renowned teacher Bhupat Khan. When called upon to end a severe drought plaguing the region, they sang the Megh, the raga of rain, bringing a downpour. As a reward they were given land and were appointed chief court musicians to the Maharajas of Darbhanga. Today their

descendants are famous for their unique rhythmic style of dhrupad singing and their expression of northern Indian classical music. A collector's album.

### WEST AFRICAN GOLD

by **various artists**

Rough Guides/World Music Network, UK, 2006 (72mins)  
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—World Music Network, tel (0) 20 7498 5252, [www.worldmusic.net](http://www.worldmusic.net)

The golden period of West African music was the 1950s–1980s when independence arrived for many countries and was expressed in joyous musical styles. These include "highlife", the jazz-influenced style from Ghana and Nigeria, the *griot* tradition of Guinea and Mali which was touched by Latin and jazz, rumba in the Congo, and Latin/soul sounds in Senegal. All these styles are featured here. The artists include the Rail Band of Bamako, the Baobab Orchestra, Bembeya Jazz, the Horoya Band, Geraldo Pino and the Heartbeats, and more. Classic gold from West Africa.

### ELYSIUM FOR THE BRAVE

by **Azam Ali**

Six Degrees Records, 2006 (53mins)  
Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **USA**—Six Degrees Records, tel (415) 626 6334, website <http://www.sixdegreesrecords.com>

Iranian-born Azam Ali has the sort of throaty, ethereal voice that lends itself to the ambient ethnotechno style that she's become known for as a member of Vas (see NEXUS 12/04) and Niyaz. This, her first solo album with Six Degrees, reflects her cultural influences including her adaptation to two decades of life in the West. The songs are written by Azam, in collaboration with friends Carmen Rizzo, Tyler Bates, Trey Gunn or Loga Ramin Torkian, except for the track "Abode" with original Persian lyrics. Honest music with spiritual clarity.



Continued from page 16

"headlines" and "newsreel" demonstration of how the attack on 9/11 paralleled many earlier operations through the use of many of the same classic methods and psychological techniques which have become "old shoe" since the 1953 CIA coup in Iran. See the website <http://www.infowars.com>.

Hundreds of investigators now offer hard evidence around thousands of points of discussion to indicate that the entire war on terror, including some aspects of the terror attacks after 9/11, are the product of American and British forces, most likely aided and abetted in some ways by Israeli forces which, it is widely rumoured, have the only intelligence network which had managed to infiltrate a portion of the al-Qaeda network.

Next on the "endless war" agenda, an attack in various forms is widely said to be coming onto Iran in order to manipulate world oil supplies as well as to punish the Iranians for overthrowing (in January 1979) one of the CIA's most favourite stooges, the infamous Shah Pahlavi, who is widely renowned for the brutality of his

rule. The ultimate object is purely power: the re-assertion of the "full-spectrum dominance" which is openly sought by the Zionist lobby and its kinky stepchild, the self-named "neo-con" movement in the United States.

Along with power over Iran goes control of Iran's oil exports. Many, both neo-cons and their critics, believe it is essential to keep the trade of Iran's oil conducted in dollars in order to sustain the sagging value of the dollar and keep the Empire afloat.

Truth Movement activists hope that the growing revulsion of Americans for years of government lying, duplicitous intrigue and gross incompetence by the political parties will swamp US political institutions and stalemate national politicians before the "Imperial Faction" can advance its agenda into Iran.

Now, in 2006, the 9/11 Truth Movement is becoming the new focal point and is rapidly consolidating mass opinion into an organised sense of mass disgust with the mobbish, empire-minded faction which has seized operational control of the US government.

Eventually, Truth Movement activists believe, the growing tidal wave will overwhelm and upend the political parties, the mass media and the operations of government. They believe the wave will also surge into international institutions and politics.

### **About the Author:**

Michael Wells Mandeville, based in Arizona, USA, is a systems scientist and the founder of MetaSyn Media. He writes extensively on geophysics, tectonics, economics, history, politics, psychodynamics, spirituality and the major trends which are shaping the world of today and tomorrow.

Michael's article "The Chandler Wobble: A Primary Cause of Earthquakes, Volcanism and El Niño" was published in NEXUS 9/05. His book *The Coming Economic Collapse of 2006* (MetaSyn Media, 2003) was reviewed in NEXUS 11/02.

For the full text of this article "The 9/11 Hoax & The Changing Tide of History", and to obtain his books and newsletter, visit Michael's website at <http://www.michaelmandeville.com>.

Continued from page 24

So, it is not cholesterol itself that clogs the arteries. If you have a deficiency of EFAs, cholesterol acts as a "poison delivery system". EFAs are cholesterol's major component. As the medical textbook *Molecular Biology of the Cell* makes clear (p. 481), cholesterol is necessary for the structural integrity of the lipid bi-layer, the matrix in each of our 100 trillion cell membranes. *JAMA* (1994; 272:1335-40) published an article stating that cholesterol-lowering drugs do not work significantly to prevent heart disease. The reason? They can't lower the amount of defective parent omega-6 enough.

As stated in *Current Atherosclerosis Reports* (2004; 6:477-84), this is why cholesterol drugs can't do the job:<sup>59</sup> "LDL contains up to 80% lipids [fats and oils], including polyunsaturated fatty acids and cholesterol, mainly esters. Linoleic acid (LA), one of the most abundant fatty acids in LDL..."

With this information, we see that it is what the cholesterol is transporting—the adulterated EFAs—that is the problem.

An article in *Human Nutrition: Clinical Nutrition* (1984; 38C:245-260) further verifies that it is parent omega-6 that makes up most of the fatty acids in LDL and HDL cholesterol.<sup>60</sup>

Don't let anyone ever tell you that natural fats are "bad". One hundred trillion cells need lots of EFA-containing natural fats; in particular, lots of parent omega-6.

If just a little of this parent omega-6 is defective, reducing its ability to absorb oxygen and perform other cellular functions, it acts as a direct cause of cancer as well as heart disease.

### **Author's Note:**

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### **Editor's Note:**

Due to space constraints, we cannot publish the full text of Prof. Peskin's article together with tables and endnotes (consequently, there are gaps in the endnote numbering). The complete article can be viewed at <http://www.BrianPeskin/Nexus.com>.

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Brian Scott Peskin, BSEE, earned his Bachelor of Science degree in Electrical Engineering from Massachusetts Institute of Technology (MIT) in 1979. He founded the field of Life-Systems Engineering Science in 1995. Brian was appointed as an adjunct professor at Texas Southern University in the Department of Pharmacy and Health Sciences in 1998-1999. Brian eventually started his own company, Maximum Efficiency Products, so he could publish his scientific findings and promote his unique nutritional supplements. Today he is an independent researcher.

This article is based on information in *The Hidden Story of Cancer*, written by Brian Peskin with clinical researcher Amid Habib, MD, FAAP, FACE (Pinnacle Press, 2006, see review in NEXUS 13/04). The book is available from Pinnacle Press, PO Box 56507, Houston, TX 77256, USA, or by phoning 1800 456 9941 (toll-free in North America) or +1 (713) 979 0065. For more information, visit the website <http://www.BrianPeskin.com>.

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and even the hierarchy of toxins. Without this, the health practitioner is frequently reduced to making intelligent guesses, referred to as differential diagnoses, which then involve further laboratory tests or referral to a specialist for the part of the body that appears to be mainly affected. All this involves greater costs for both the individual and the State.

Notably, the vast majority of the chronically fatigued patients who were subsequently confirmed as having mercury toxicity by the author and colleague had been symptomatic for many years and had been seen by numerous doctors who had requested a variety of frequently expensive and inappropriate tests. They had invariably failed to make the correct diagnosis due to the general lack of awareness of heavy metal toxicities in the medical profession from professorial level down to general practice, compounded by an inability to do the necessary investigations.

### Conclusion

EDS appears to be an effective

investigational tool that can rapidly determine otherwise undetectable causes of illness. The devices are still difficult to use and require considerable dexterity and practice. However, newer German instruments coupled to computer databases may well soon provide more replicable and user-friendly devices. Both the health professions and their patients would significantly benefit from a wider inclusion of this modality into medical practice.

### Endnotes

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### Editor's Note:

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